

Diagnostic accuracy of ultrasonographic features in detecting thyroid cancer in the transition age: a meta-analysis

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2 **Abstract**

3 **Context:** Significant uncertainty exists about the diagnostic accuracy of ultrasonographic (US) features used
4 to predict the risk of thyroid cancer in the pediatric population. Moreover, there are not specific indications
5 for thyroid nodule evaluation in patients during the transition age.

6 **Objective:** The meta-analysis aimed to address the following question: which thyroid nodule US features
7 have the highest accuracy in predicting malignancy in the transition age.

8 **Methods:** We performed a meta-analysis of observational/cohort/diagnostic accuracy studies dealing with
9 thyroid nodule sonography, reporting US features, and using histology as reference standard for the
10 diagnosis of malignancy and histology or cytology for the diagnosis of benignity in the transition age
11 (mean/median age 12-21 years).

12 **Results:** The inclusion criteria were met by 14 studies, published between 2005 and 2020, including 1306
13 thyroid nodules (mean size 17.9 mm) from 1168 subjects. The frequency of thyroid cancer was 36.6%. The
14 US features with the highest diagnostic odds ratio for malignancy were the presence of suspicious lymph
15 nodes [DOR: 56.0 (95% CI: 26.0-119.0)], a “taller than wide” shape of the nodule [6.0 (95% CI: 2.0-16.0)],
16 the presence of microcalcifications [13.0 (95% CI: 6.0-29.0)] and irregular margins [9.0 (95% CI: 5.0-17.0)].
17 Heterogeneity among the studies was substantial.

18 **Conclusions:** Following the diagnosis of a thyroid nodule in transition age, a thorough US examination of
19 the neck is warranted. The detection of suspicious lymph nodes and/or thyroid nodules with a “taller than
20 wide” shape, microcalcifications and irregular margins is associated with the highest risk of malignancy in
21 the selection of nodules candidates to biopsy.

23 **Introduction**

24 Thyroid nodular disease is less frequent in children than in adults. The prevalence of palpable nodules in
25 adult population is 4-7%, and when the detection is made by ultrasound (US) or autoptic exam, the
26 percentage arise to 50% (1). Conversely, it has been reported that approximately 1-1.5% of children and
27 about 10% of adolescents and young adults have thyroid nodules (2).

28 Hayashida et al, in a study including 4365 patients between 3-18 years, identified solid nodules with a
29 maximum diameter >5 mm in 1.01% of the total population, with a significantly higher prevalence in older
30 patients and in the female group (3). Noticeably, cancer rate is significantly higher in pediatric thyroid
31 nodules than in the adult ones, being about 25% and 7%, respectively (4). Moreover, in a retrospective
32 study encompassing 170 young patients with differentiated thyroid carcinoma (3 to 21 years) a recurrence
33 rate of 17% has been observed (5). Based on these findings, thyroid nodules in pediatric patients require a
34 careful evaluation.

35 According to 2015 American Thyroid Association (ATA) Guidelines on Pediatric Thyroid nodules and
36 Differentiated Thyroid Cancer, the evaluation and treatment of thyroid nodules in children should be the
37 same as in adults with a few exceptions. In particular, clinical context and US characteristics should be used
38 rather than size to identify nodules that warrant fine needle aspiration (FNA), because the use of nodule
39 size as a discriminating criterion in children may be not feasible due to age-related changing of thyroid
40 volume (4). As for the clinical context, several risk factors for developing thyroid nodules and cancer in
41 children have been identified: iodine deficiency, autoimmune thyroid disease (e.g. Hashimoto's thyroiditis),
42 prior radiation exposure, as well as genetic syndromes (APC-associated polyposis, the Carney complex,
43 DICER1 syndrome, PTEN hamartoma tumor syndrome, Werner syndrome) (4).

44 Several observational studies, mostly retrospective, have been conducted to identify the US features
45 associated with risk of malignancy in pediatric thyroid nodules. In 2016 they have been summarized in a
46 meta-analysis reporting that the presence of internal calcifications and enlarged cervical lymph nodes were
47 the US features with the highest likelihood ratio for thyroid cancer, being a cystic composition suggestive of
48 benign nodules (6). Furthermore, a recent meta-analysis evaluated the performance of adult based ATA

49 and American College of Radiology (ACR) US risk stratification systems (RSSs) in the pediatric setting: a fairly
50 modest diagnostic accuracy came out, as well as the need for an appropriate tune up for those RSSs to be
51 applicable to the pediatric population (7). The aforementioned meta-analyses included studies on both
52 children and young adult patients, plotted together. It is worthy of note that there are no specific
53 indications for thyroid nodule evaluation in patients belonging to the transition age, which is defined as the
54 period between the end of puberty and the achievement of peak bone mass, in an age range between 12
55 and 21 years (8). Therefore, the current meta-analysis aimed to bridge this gap by addressing the following
56 issue: which thyroid nodules US features have the highest accuracy in predicting malignancy in the
57 transition age?

58 **Methods**

59 The study was pre-registered at the International prospective register of systematic reviews (PROSPERO
60 registration number: CRD42020164803). This manuscript is reported according to the Preferred Reporting
61 Items for Systematic Reviews and Meta-analysis (PRISMA) guidelines (9).

62

63 *Eligibility criteria and study selection*

64 Observational/cohort/diagnostic accuracy studies dealing with thyroid nodule classification reporting US
65 features in the transition age were selected. Inclusion criteria were: 1) use of histology as reference
66 standard for the diagnosis of malignancy and histology or cytology as reference standard for the diagnosis
67 of benignity; 2) mean/median age of patients included in the studies ranging from 12 to 21 years.
68 Conference abstracts, review and editorial articles, and case reports were excluded.

69

70 *Search strategy*

71 Keywords and MeSH terms were identified and searched in PubMed. Publication language was restricted to
72 English. The search query was: ("Adolescent"[tiab] OR "Adolescence"[tiab] OR "young adult"[tiab] OR
73 "young adults"[tiab] OR pediatric[tiab] OR pediatrics[tiab] OR children[tiab] OR child[tiab] OR

74 childhood[tiab]) AND ("Thyroid Neoplasms"[Mesh] OR "thyroid nodule"[tiab]). Reference lists of selected
75 studies were searched to identify additional relevant publications.

76

77 *Data extraction*

78 Two investigators independently screened the papers retrieved during the searches, by their titles and
79 abstracts, to identify those that were potentially eligible. The full texts of these studies were then assessed
80 against the inclusion criteria and selected or rejected as appropriate. Data were subsequently extracted in
81 duplicate, using a standard spreadsheet.

82 The following information was extracted and collected: 1) general information on the study (author, year of
83 publication, institution, country, study type and design, number of patients, number of eligible patients,
84 population age and distribution); 2) applied reference standard (histology or cytology); 3) rate of benign
85 and malignant nodules; 4) for each considered feature, the corresponding number of true negative (TN),
86 true positive (TP), false negative (FN), false positive (FP).

87

88 *Risk of bias assessment*

89 Data were cross-checked for accuracy and completeness, resolving discrepancies by consensus or by a third
90 reviewer. The risk of bias of the included studies was assessed using the Quality Assessment of Diagnostic
91 Accuracy Studies (QUADAS-2) tool (10).

92

93 *Statistical methods*

94 Performance of ultrasound risk stratification systems and single sonographic features in the selection of
95 thyroid nodules for FNA was summarized using pooled sensitivity, specificity, negative predictive value,
96 positive predictive value, and diagnostic odds ratio (DOR). Meta-analysis of binary diagnostic test accuracy
97 was performed by the bivariate mixed-effects regression model, making inferences about average
98 sensitivity and specificity. Average sensitivity and specificity, the likelihood ratio (LR) for positive and

99 negative test results, and odds ratios are calculated from the maximum likelihood estimates. To quantify
100 the test performance, the Areas Under Curve were calculated (AUC). For all estimates, the corresponding
101 95% confidence intervals were reported. Heterogeneity was quantified by the Higgins I², a value of 0%
102 indicates no observed heterogeneity, and values greater than 50% may be considered substantial
103 heterogeneity (11).

104 Univariable bivariate meta-regression model was performed to investigate heterogeneity assuming the
105 reference test as covariate. The effect of covariate on sensitivity was estimated separately from that on
106 specificity.

107 Testing for publication bias was conducted by a regression of diagnostic log odds ratio against 1/sqrt
108 (effective sample size), weighting by effective sample size (12). A p value <0.10 for the slope coefficient
109 indicated a significant asymmetry (11).

110 A subgroup for sensitivity analysis was performed considering only studies with a low risk of bias in
111 QUADAS-2. All statistical analyses were performed by STATA using *midas* program.

113 **Results**

114 *Study selection*

115 **Figure 1** shows literature eligibility assessment process. The data search identified 1024 potentially relevant
116 studies, screened by title and abstract. Among these, 997 did not meet inclusion criteria and were
117 excluded. The main reasons for exclusion were the article type (reviews, case reports, non-original study),
118 the non-English language and the lack of sonographic data in the study. This left 27 studies for full text
119 assessment and 13 were excluded for the lack of interest outcomes or for incomplete data reporting.
120 Ultimately, 14 studies were eligible to perform the meta-analysis (13-26).

121 *Study characteristics*

122 **Table 1** summarizes the details of the 14 selected studies. All the included studies were cohort studies [2
123 prospective (20, 22) and 12 retrospective studies (13-19, 21, 23-26)]. Data were available from 1168
124 subjects, 194 males and 835 females (four studies did not specify sex) (15, 17, 24, 26), with a mean age of
125 14.6 years (range 2–21 years) and a total number of 1306 thyroid nodules. One study included only patients
126 with a history of radiation exposure from the Chernobyl disaster (20). Among these 1306 nodules, 407 were
127 found to be malignant based on the gold standard (histology), with an overall prevalence of thyroid cancer
128 of 36.6%. The most common type of thyroid cancer was papillary thyroid cancer (92.1%) followed by
129 follicular cancer (4.4%), medullary thyroid cancer (2.4%) and Hurtle cell carcinoma (1.1%).

130 All the included studies reported thyroid US features. Only four studies referred to US scores: in particular
131 two studies used the ATA score (14, 18) and two studies used the ACR Thyroid Imaging Reporting and Data
132 System (TIRADS) score (19, 26).

133 The most frequently reported US features were: echogenicity in twelve studies (13-18, 20-25); margins in
134 ten studies (13, 16-22, 24, 25); the presence of microcalcifications in eleven studies (13, 14, 16-22, 24, 25);
135 “taller than wide” shape in seven studies (13, 14, 16-19, 24); vascularization in eight studies (13, 14, 18, 20-

136 22, 24, 25); the presence of suspicious lymph nodes in seven studies (13, 14, 16, 18, 21, 22, 25). Only three
137 studies evaluated the prognostic value of the US score used (18, 19, 26).

138 As per inclusion criteria, all the included studies used histology as reference standard for the diagnosis of
139 malignancy. Conversely, only six studies used histology as reference standard for the diagnosis of benignity
140 (14, 16, 17, 23-25), two studies used cytology (13, 22) and the remaining six studies used both cytology and
141 histology (15, 18-21, 26).

142 *Meta-analysis*

143 The US features with the highest positive likelihood ratio (LR+) for detecting thyroid cancer were: the
144 presence of suspicious lymph nodes (**Figure 2**), evaluated in 888 nodules (LR+: 23.7; 95% CI: 12.8-43.9); the
145 presence of microcalcifications (**Figure 3**), evaluated in 1118 nodules (LR+: 4.9; 95% CI: 2.1-11.4); irregular
146 margins (**Figure 4**), evaluated in 1072 nodules (LR+: 4.8; 95% CI: 2.9-7.9) and “taller than wide” shape
147 (**Figure 5**), evaluated in 640 nodules (LR+: 4.3; 95% CI: 1.7-10.7).

148 These features had the highest diagnostic odds ratio (DOR) for thyroid cancer as well: 56.0 (95% CI: 26.0-
149 119.0) for the presence of suspicious lymph nodes; 6.0 (95% CI: 2.0-16.0) for “taller than wide” shape; 13.0
150 (95% CI: 6.0-29.0) for the presence of microcalcifications; 9.0 (95% CI: 5.0-17.0) for irregular margins. The
151 heterogeneity between studies was substantial for all the US features evaluated (I^2 ranged from 90 to 99%)
152 except from suspicious lymph nodes, where no heterogeneity was observed. The results are reported in
153 **Table 2**.

154 *Risk of bias*

155 The overall risk of bias was considered moderate. The most relevant methodological concerns related to
156 the reference standard, since most of the included studies (8 studies) (13, 15, 18-22, 26) used cytology as
157 reference standard for the diagnosis of benignity, determining a high risk of bias. The quality assessment
158 using QUADAS-2 tool is summarized in **Figure 6**.

159 Two subgroup sensitivity analyses were performed: 1) excluding the study including only patients exposed
160 to Chernobyl disaster (20) and 2) considering only studies with a low risk of bias according to QUADAS. The
161 findings were consistent with the results of the meta-analysis considering all the studies. Specifically, the
162 first subgroup analysis confirmed that the presence of microcalcifications, evaluated in 990 nodules (LR+: 6;
163 95% CI: 2.5-14) and irregular margins, evaluated in 943 nodules (LR+: 5.1; 95% CI: 2.8-9.1) were the US
164 features with the highest LR+ for detecting thyroid cancer. Similarly, the results of the second subgroup
165 analysis found that the presence of microcalcifications, evaluated in 984 nodules (LR+: 5.8; 95% CI: 2.4 -
166 13.7), irregular margins, evaluated in 937 nodules (LR+: 5.4; 95% CI: 3.0 -9.8) and “taller than wide” shape,
167 evaluated in 634 nodules (LR+: 4.3; 95% CI: 1.5 -12.6) had the highest diagnostic accuracy in detecting
168 thyroid cancer.

169

170

172 Discussion

173 This meta-analysis reveals that the identification at neck US of suspicious lymph nodes and/or thyroid
174 nodules with a “taller than wide” shape, microcalcifications and irregular margins is associated with the
175 highest diagnostic accuracy in diagnosing thyroid cancer in the transition age youth.

176 From a clinical perspective, thyroid nodules are less common among children than adults. However,
177 nodules diagnosed in children carry a greater risk of malignancy, tend to present at a more advanced stage
178 than in adults, with a higher frequency of lymph node metastases. The 2015 ATA guidelines for children
179 with thyroid nodules (4) indicate that the evaluation and treatment of thyroid nodules in children should be
180 the same as in adults, where FNA is not deserved if the nodule is smaller than 1 cm and there are no
181 associated risk factors. However, a size criterion is not feasible in children since thyroid volume changes
182 with age and nodule size alone cannot predict malignant histology. In the absence of accurate US predictors
183 of malignancy, most of the nodules will require FNA, which carries its own set of costs and diagnostic
184 challenges (27).

185 Many efforts have been made to improve the diagnostic work-up of thyroid nodules in adult population
186 and the most commonly used US RSSs have been demonstrated to allow high-confidence exclusion of
187 malignancy in the assessment of thyroid nodules (28, 29), being particularly important in case of
188 cytologically indeterminate ones (30, 31).

189 Moreover, most of the papers in literature evaluating US features associated with high risk of malignancy in
190 pediatric thyroid nodules include both children and young adult patients, plotted together (6, 7). Therefore,
191 there are not specific indications for thyroid nodule evaluation in patients belonging to the transition age.

192 The current meta-analysis included 14 studies, with a mean age of 14.6 years (range 2–21 years) and a total
193 number of 1306 thyroid nodules. Based on the gold standard (histology), the prevalence of thyroid cancer
194 was found to be of 36.6%, slightly higher than that described in literature (4). As expected, the most
195 common type of thyroid cancer was papillary (92.1%) followed by follicular (4.4%), medullary (2.4%) and

196 Hurtle cell carcinoma (1.1%). These results were substantially superimposable with previous meta-analysis
197 in pediatric population (6).

198 In this meta-analysis we have reported the probability of having a malignant tumor vs having a benign one
199 in the transition age based on the presence of each feature and their LR. Tests with a low LR for negative
200 results might rule out the risk of malignancy and the need for FNA, whereas tests with high LR for positive
201 results might rule in the risk of malignancy and the need for FNA. This approach was applied to a
202 population aged between 12 and 21 years. The results of this meta-analysis suggest that in transition age
203 high risk features for thyroid malignancy are the presence of suspicious lymph nodes and/or nodules with a
204 “taller than wide” shape, microcalcifications and irregular margins. Due to the small number of studies
205 considering the most used US RSSs, we could not perform an analysis to measure their diagnostic accuracy
206 in the transition age population.

207 Therefore, our findings could support the physician facing a thyroid nodule in the transition age youth to
208 choose whether further diagnostic tests are needed based on its US features. Specifically, they suggest that
209 every patient in transition age with a thyroid nodule harboring one of the identified US features associated
210 with a higher diagnostic OR for malignancy should undergo additional diagnostic evaluation, namely FNA
211 and, conversely, if none of the aforementioned US features is present, the physician could adopt a
212 conservative approach, e.g. US follow-up.

213 A previous meta-analysis including 12 studies (6) suggested that single thyroid US feature is not highly
214 accurate predictor of the nature of a thyroid nodule. Nevertheless, the authors found that internal
215 calcifications, the presence of suspicious lymph nodes, irregular margins and a solid echotexture were the
216 features with the highest accuracy to detect thyroid cancer in children, and this is consistent with our
217 results.

218 The current meta-analysis adds some significant novelties: first of all, the great majority of the studies
219 included (85.7%) are after 2009, the time of the first proposal of a US RSS, with all investigations, from then
220 on, being reporting the cardinal features aimed at assessing the thyroid nodule risk; it includes only studies

221 using post-operative histology as reference standard for malignancy, overpassing the bias of an
222 indeterminate cytology; finally, it investigates for the first time the diagnostic accuracy of US features in
223 detecting thyroid cancer in the transition age.

224 However, it does have some limitations. Considering the relatively limited number of prospective studies
225 involving transition age patients, the current meta-analysis included mainly retrospective evidence. Large-
226 scale prospective studies are therefore needed to draw firm conclusions. Another limitation is the
227 substantial heterogeneity among the studies, although this is partially reduced by subgroup and sensitivity
228 analyses. Furthermore, one of the included studies contributed with over 30% of the examined nodules
229 (13). Although the risk of bias in each study was examined and our results were adjusted, the effect of this
230 study on the overall results remains to be considered. Of note, the detection of thyroid nodules
231 characteristics might be influenced by US machine and US probes properties. Best identification of US
232 thyroid nodules features requires high-quality ultrasound machines and expert physician in interpreting the
233 images (27). In addition, it was unknown if the evaluation of the US features was performed using real-time
234 or static US images. Real-time evaluation would offer more consistent information, especially in case of
235 nodules with ambiguous features (27). Besides the included US features, nodule stiffness measured
236 through US elastosonography (32) may add value to malignancy risk stratification in this population and
237 should be investigated in high-quality prospective studies. In this meta-analysis, the prevalence of thyroid
238 cancer was relatively high. Although the malignancy rate is overall higher in the pediatric population
239 compared to adults, the risk of pre-selection bias cannot be excluded, as only studies including histology
240 and/or cytology as reference diagnostic tests were considered. Thus, the estimated pre-test probability of
241 malignancy is high, and the US features' predictive values might not be fully representative for the general
242 population. Finally, most malignant cases are papillary thyroid cancers, so that specific features of less
243 common histotypes in this age group could not be elucidated, as reported for the general population (33).

244

246 Conclusions

247 This meta-analysis reveals that, in addition to clinical context (i.e., family history, history of exposure to
248 ionizing radiation, childhood cancer survivors), the detection at neck US of suspicious lymph nodes and/or
249 thyroid nodules with a “taller than wide” shape, microcalcifications and irregular margins are associated
250 with the highest diagnostic accuracy in detecting thyroid cancer in the transition age. These results provide
251 important information for the selection of thyroid nodules candidates for FNA in this setting of patients,
252 limiting the procedure only to cases where it is necessary. Therefore, this could help the physician in
253 patients’ counseling and in tailoring clinical decisions in the transition age. In particular, the suggestion
254 could be that every patient in transition age with a thyroid nodule harboring one of the aforementioned
255 high-risk US features should undergo additional diagnostic evaluation. Conversely, the physician could
256 adopt a conservative approach, deciding for a US follow-up. Future prospective studies are needed to
257 confirm these data.

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277 **Figure Legends:**

278 **Figure 1.** Flowchart of literature eligibility assessment process.

279 **Figure 2.** Forest plot of sensitivity and specificity estimates of diagnostic accuracy of suspicious lymph nodes in
280 predicting malignancy. Single studies are identified by first authors and publication year.

281 **Figure 3.** Forest plot of sensitivity and specificity estimates of diagnostic accuracy of microcalcifications in
282 predicting malignancy. Single studies are identified by first authors and publication year.

283 **Figure 4.** Forest plot of sensitivity and specificity estimates of diagnostic accuracy of irregular margins in
284 predicting malignancy. Single studies are identified by first authors and publication year.

285 **Figure 5.** Forest plot of sensitivity and specificity estimates of diagnostic accuracy of “taller than wide” shape in
286 predicting malignancy. Single studies are identified by first authors and publication year.

287 **Figure 6.** Risk of bias assessments.

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Study name	Country	Objective of study	Study type	Reference standard	Number of patients (n° cases*)
Lyshchik 2005	Belarus	To prospectively analyze the accuracy of various diagnostic criteria for cancer in solid thyroid nodules in children on the basis of gray-scale and power Doppler ultrasonographic findings.	Prospective study	Histopathology or FNA with follow-up	103 (103)
Corrias 2008	Italy	To investigate the association between juvenile autoimmune thyroiditis (JAT) and thyroid cancer in pediatric patients	Retrospective study	Histopathology or FNA with follow-up	115 (48)
Roy 2011	USA	To investigate clinical factors that may predict malignancy in pediatric thyroid nodules	Retrospective study	Histopathology	207 (72)
Saavedra 2011	Canada	To assess whether the presence of criteria for malignancy on the initial thyroid ultrasonography was helpful in diagnosing thyroid cancer even when a fine-needle aspiration biopsy (FNAB) suggests a benign lesion	Retrospective study	Histopathology	35 (21)
Goldfarb 2012	USA	To determine whether the preoperative clinic-based ultrasound (CBUS) characteristics of pediatric thyroid nodules were able to help further guide management and treatment	Retrospective study	Histopathology	50 (50)
Mussa 2015	Italy	To evaluate the diagnostic accuracy of clinical, laboratory, and ultrasound imaging characteristics of thyroid nodules in assessing the likelihood of malignancy	Retrospective study	Histopathology or FNA with follow-up	184 (129)
Papendieck 2015	Argentina	To highlight the findings of each diagnostic tool likely to differentiate benign from malignant thyroid nodules in a large cohort of pediatric patients	Prospective study	Histopathology or FNA with follow-up	75 (75)
Canfarotta 2017	USA	To evaluate the clinical utility of a modified pediatric MTNS (McGill Thyroid Nodule Score) with children and adolescents	Retrospective review	Histopathology	46 (46)
Lim-Dunham 2017	USA	To evaluate the diagnostic performance of pediatric thyroid nodule risk stratification for predicting malignancy when applying the ultrasound criteria recommended	Retrospective study	Histopathology or FNA with follow-up	33 (33)
Hammond 2017	USA	To evaluate the risk of thyroid cancer in incidental thyroid nodules discovered on CT in patients with a history of pediatric cancer	Retrospective review	Histopathology	20 (6)
Richman 2018	USA	To determine the relationship between demographic and sonographic characteristics of thyroid nodules and malignancy in a pediatric population	Retrospective study	Histopathology or FNA with follow-up	314 (314)
Uner 2019	Turkey	To define the diagnostic power of the TI-RADS risk stratification method in pediatric thyroid nodules.	Retrospective study	Histopathology or FNA with follow-up	64 (64)
Lim-Dunham 2019	USA	To assess the diagnostic performance of the American College of Radiology (ACR) Thyroid Imaging Reporting and Data System (TIRADS) for malignancy risk in pediatric thyroid nodules	Retrospective study	Histopathology or FNA with follow-up	62 (62)
Suh 2020	Korea	To identify predictive factors of thyroid cancer	Retrospective study	Histopathology or FNA with follow-up	275 (145)

Table 1: Details of Selected Studies; *****: number of patients refers to the whole population included in the study, whereas number of cases refers to the patients finally included in the analysis; **CT** = computed tomography;

	Eco score	Ecogenicity	Ecotexture	Margins	Shape	Microcalcifications	Vascularization	Suspicious Lymph nodes
n of study	3	12	8	10	7	11	8	7
n of nodules	181	1163	893	1072	640	1118	988	888
Sensibility	91.9% (61% -98.8%)	58% (46%-70%)	76% (26%-97%)	54% (36% -72%)	30% (12% -58%)	66% (55% -76%)	52% (25%-78%)	59% (48% -69%)
Specificity	51.8% (18.6% -83.4%)	66% (56%-74%)	71% (42%-89%)	89% (78% -94%)	93% (77% -98%)	86% (68% -95%)	65% (38%-85%)	98% (96% -99%)
LR+	1.9 (0.9-3.8)	1.7 (1.3-2.2)	2.6 (1.6-4.4)	4.8 (2.9 -7.9)	4.3 (1.7 -10.7)	4.9 (2.1 -11.4)	1.5 (0.8-2.6)	23.7 (12.8 -43.9)
LR-	0.16 (0.04 -0.5)	0.63 (0.49-0.82)	0.34 (0.08-1.40)	0.52 (0.36 -0.74)	0.75 (0.56 -1.01)	0.39 (0.31 -0.49)	0.74 (0.47-1.18)	0.42 (0.33 -0.55)
DOR	12.75 (4.57 -35.59)	3 (2-4)	8 (2 - 32)	9 (5 -17)	6 (2 -16)	13 (6 -29)	2 (1-5)	56 (26 -119)
AUC	83% (52% -92%)	66% (62% -70%)	79% (75%-82%)	82% (78% -85%)	74% (70% -78%)	78% (74% -81%)	61% (57%-66%)	98% (96% -99%)
I²	94.1%	94%	99.00%	96.00%	93.00%	99%	98%	0%
p	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001	0.26
Pub bias	p=0.712	p=0.096	p=0.242	p=0.282	p=0.605	p=0.356	p=0.606	p=0.137

Table 2. Meta-analysis of binary diagnostic test accuracy of US features.

LR+: the positive likelihood ratio; **LR-**: the negative likelihood ratio; **DOR**: odds ratio; **I²**: heterogeneity among the studies.

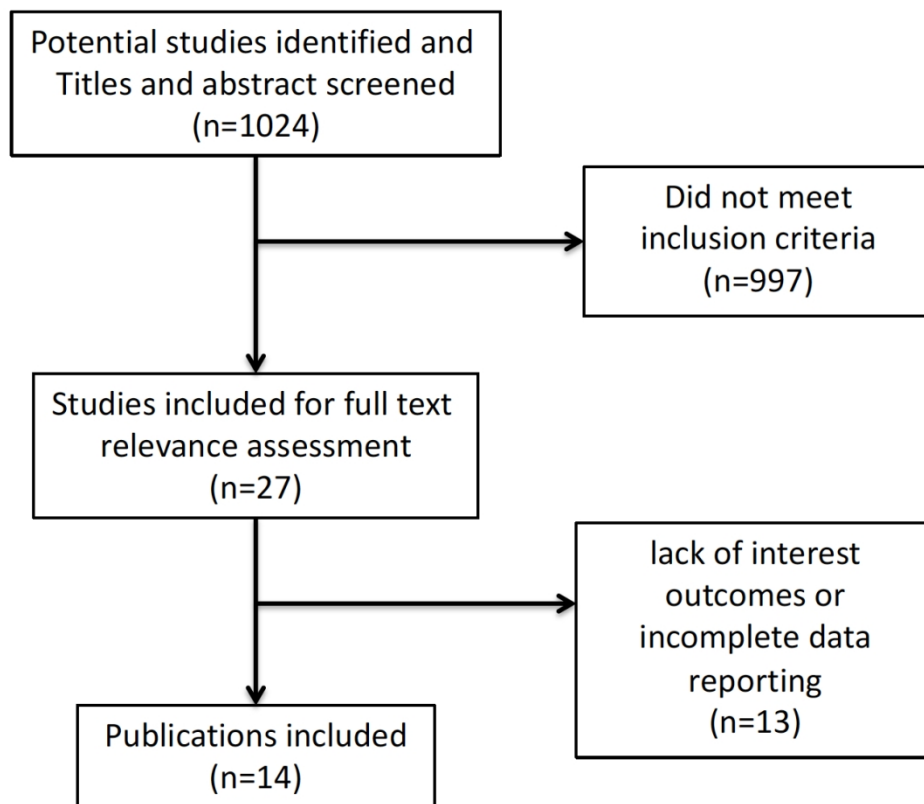


Figure 1 Flowchart of literature eligibility assessment process

117x100mm (300 x 300 DPI)

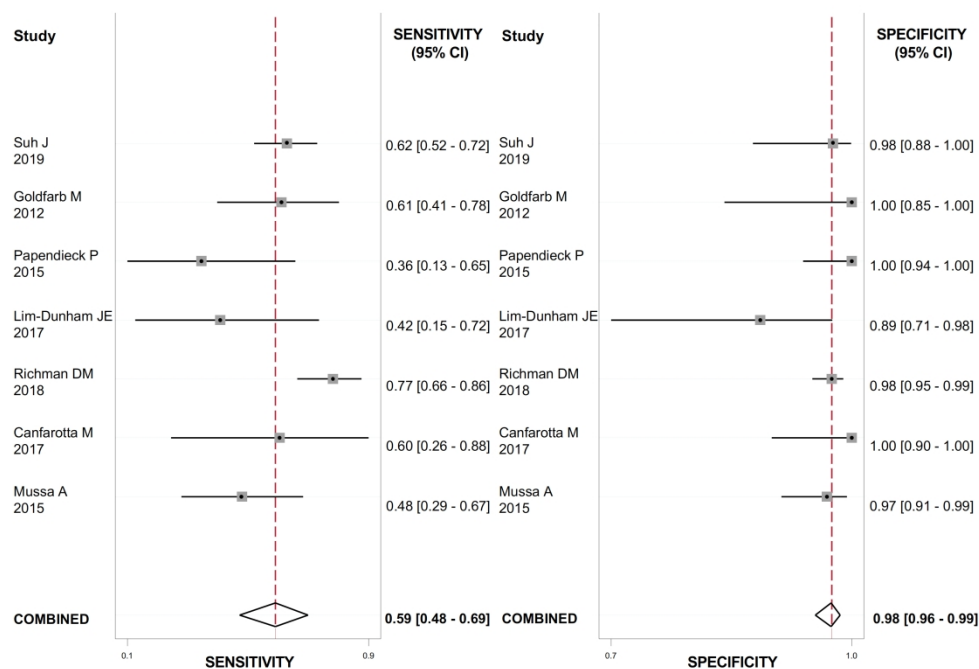


Figure 2 Forest plot of sensitivity and specificity estimates of diagnostic accuracy of suspicious lymph nodes in predicting malignancy. Single studies are identified by first authors and publication year.

279x209mm (300 x 300 DPI)

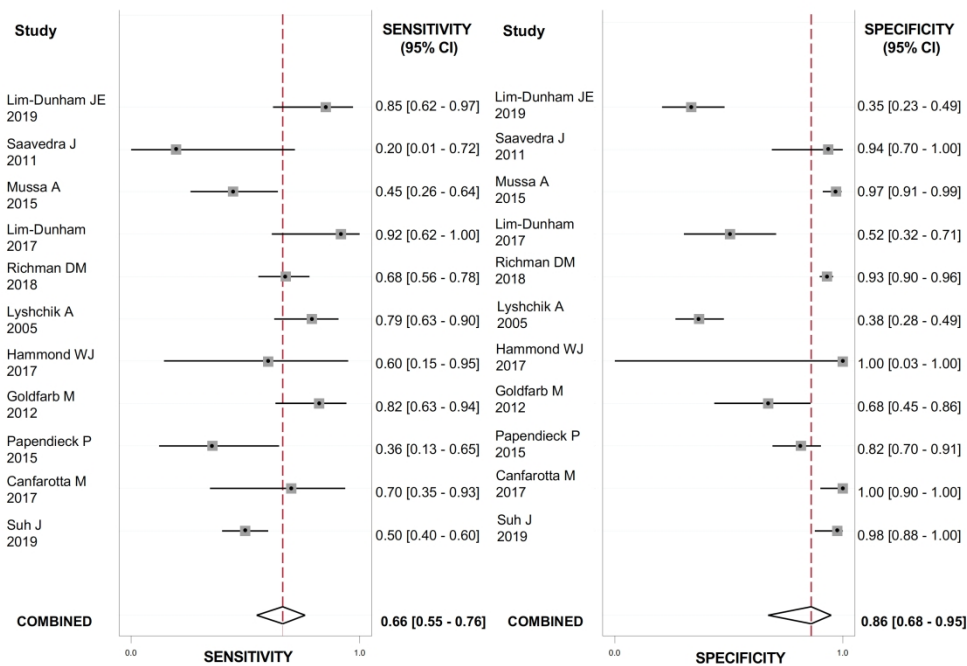


Figure 3 Forest plot of sensitivity and specificity estimates of diagnostic accuracy of microcalcifications in predicting malignancy. Single studies are identified by first authors and publication year.

279x209mm (300 x 300 DPI)

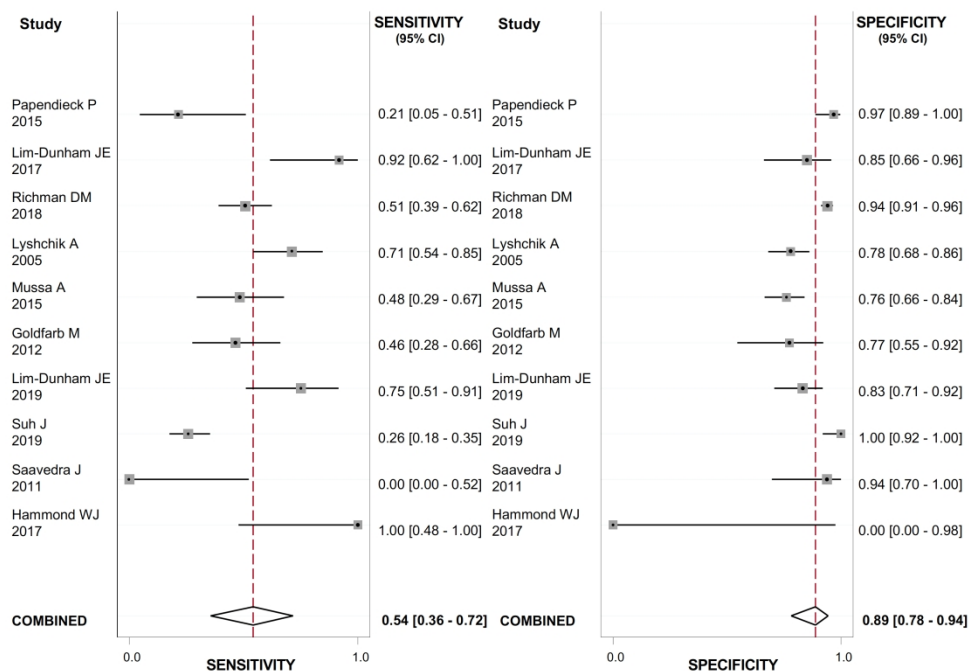


Figure 4 Forest plot of sensitivity and specificity estimates of diagnostic accuracy of irregular margins in predicting malignancy. Single studies are identified by first authors and publication year.

279x209mm (300 x 300 DPI)

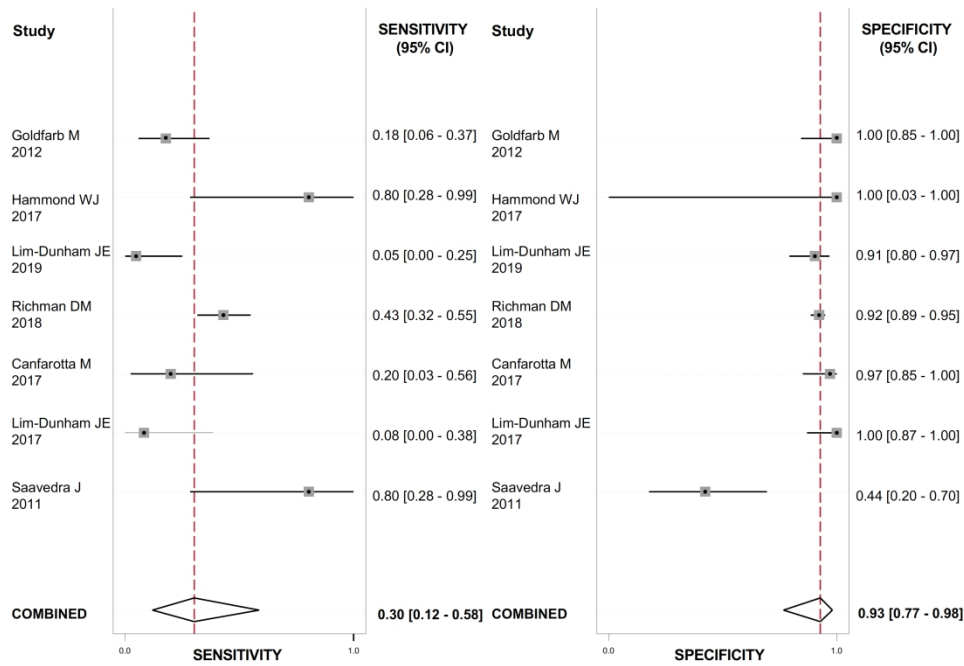


Figure 5 Forest plot of sensitivity and specificity estimates of diagnostic accuracy of “taller than wide” shape in predicting malignancy. Single studies are identified by first authors and publication year.

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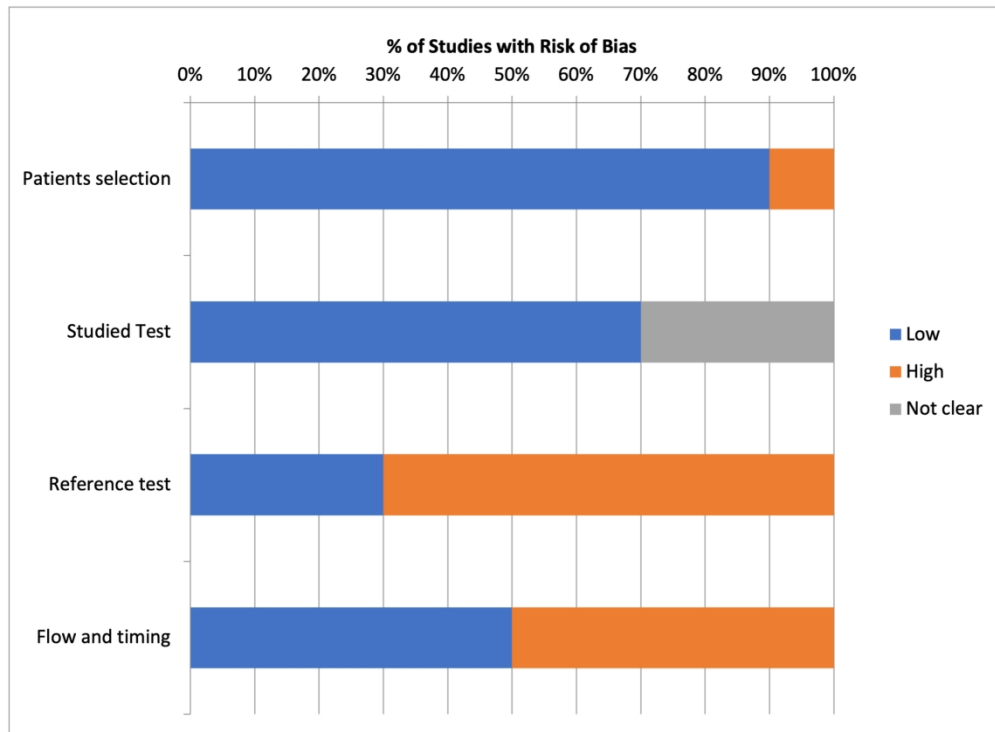


Figure 6 Risk of bias assessments.

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