

# openheart Early metabolic response to acute myocardial ischaemia in patients undergoing elective coronary angioplasty

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## ABSTRACT

**Objective** Balloon-induced transient coronary ischaemia represents a model of myocardial ischaemia and reperfusion. We are interested in the very early systemic metabolic response to this event.

**Methods** Blood samples of patients with stable angina (SA) were collected before and after coronary angioplasty. Serum metabolic profiles were obtained using nuclear magnetic resonance spectroscopy. Univariate and multivariate analyses were used to investigate changes in metabolite concentrations.

**Results** Thirty-four consecutive patients with SA, undergoing elective coronary angioplasty at Policlinico Umberto I of Rome, were included in this study. Changes in metabolites concentration induced by balloon occlusion in venous and arterial sera were detected. In both serum types, a significant increase in ketone bodies, 2-hydroxybutyrate, glutamine and O-acetylcarnitine concentration is observed, while alanine, lactate, phenylalanine and tyrosine decreased after intervention. Most significant metabolic changes were detected in arterial serum.

**Conclusions** Our study points out two main global metabolic changes in peripheral blood after balloon-induced coronary ischaemia: ketone bodies increase and lactate decrease. Both could be related to compensation mechanisms finalised to fulfil heart's needs after short period of myocardial ischaemia and probably after reperfusion.

## INTRODUCTION

Despite improvements in percutaneous coronary intervention (PCI) and the development of advanced pharmacological approaches, ischaemic heart disease persists as a major worldwide health issue. Indeed ischaemic heart disease is the leading cause of morbidity and mortality for both men and women.<sup>1</sup> A better understanding of the pathophysiological mechanisms behind ischaemia may improve opportunities for the early identification of the disease and thus allow implementation of cardiovascular preventive strategies. While prolonged myocardial ischaemia may be biochemically profiled by its associated release of cell injury

## Key questions

### What is already known about this subject?

- ▶ Although there are a significant number of papers describing the changes that occur locally in the heart during ischemia, data on whole body response to this challenging condition are much rare. Data on circulating lactate and other metabolites were investigated after balloon occlusion, but results were partially contradictory.

### What does this study add?

- ▶ This study presents a metabolomics approach to measure the levels of key metabolites that change in response to the ischemia induced by balloon occlusion. The observed effects are rationalized in terms of a compensation mechanism of the whole body to fulfil the needs of the heart.

### How might this impact on clinical practice?

- ▶ Identification of a specific metabolic change induced by myocardial ischemia could be of clinical relevance to rule out coronary events in patients referring for acute chest pain in emergency departments.

markers, early molecular and cellular events resulting from short periods of ischaemia remain largely uncharacterised. Several potential biomarkers for early myocardial ischaemia were recently reported but so far none has sufficient diagnostic accuracy to justify their use in a clinical setting.<sup>2,3</sup>

Metabolomics allows a quantitative measurement of human metabolism by analysing simultaneously dynamic changes in many metabolites. Knowledge of the metabolic profile changes associated with early myocardial ischaemia could therefore have a huge impact on decision making in response to cardiac events in an emergency setting. Additionally, the ability to identify subclinical ischaemia could have important implications

in daily practice with respect to resource optimisation and the avoidance of inappropriate and potentially dangerous discharges of patients from care.

Balloon-induced transient ischaemia represents a safe and reproducible model for myocardial ischaemia and reperfusion. During ischaemia, energy production is impaired due to lack of oxygen supply and activation of mechanisms for oxygen-independent ATP production is the first cell response, a process that is further complicated by myocardial reperfusion, which potentially increases cell injury.

The aim of this investigation is to understand the very early systemic metabolic response to myocardial ischaemia, through a nuclear magnetic resonance (NMR) spectroscopy analysis performed on peripheral blood samples collected before and after balloon-mediated transient ischaemia.

## METHODS

The present study included patients from both sexes aged  $\geq 18$  years that were undergoing coronary angiography and elective coronary angioplasty for stable angina (SA) at the Policlinico Umberto I of Rome between September 2015 and May 2016. Patients had stress test-inducible myocardial ischaemia and de novo native coronary lesions. Clinical and pharmacological information was recorded for each patient at the time of his PCI. Blood samples were collected in accordance with the ethical guidelines, and patients provided written consent. A 10 mL sample of arterial and venous blood was collected from each patient immediately before and 10 min after 60 s intracoronary balloon inflation. After collection, the whole blood coagulated. The clotting was removed by centrifugation at  $3000 \times g$  for 10 min in a refrigerated centrifuge. The resulting supernatant (serum) was stored at  $-80^\circ\text{C}$ .

## Sample preparation

Serum samples were thawed in ice and deproteinised by centrifuging with 3 kDa cut-off Amicon Ultra centrifuge filter devices (3500 g for 1 hour at  $4^\circ\text{C}$ ). Filter membranes were prewashed with distilled  $\text{H}_2\text{O}$  to remove glycerol. After centrifugation, filtrates were checked visually for red tint, which indicates that the membrane was compromised, and in those cases the filtration procedure was repeated. To each 400  $\mu\text{L}$  of filtered serum, 100  $\mu\text{L}$  of NMR buffer (250 mM phosphate buffer, pH 7.4, containing 1.1 mM trimethylsilyl propanoic acid- $\text{d}_4$  (TSP), 10%  $\text{D}_2\text{O}$ , 2%  $\text{Na}_2\text{S}_2\text{O}_3$ ) were added. Each serum sample was mixed with vortex, and 50  $\mu\text{L}$  of solution was transferred to a 1.7 mm NMR microtube.

## NMR spectroscopy

All  $^1\text{H}$ -NMR spectra were acquired using a Bruker Avance 600 MHz equipped with a 1.7 mm inverse probe, Z-gradients and Sample-Jet autosampler. For each serum sample, a  $^1\text{H}$ -NMR spectrum was obtained with water peak suppression using a standard pulse sequence (noesypr1d), 2048 scans, four dummy scans, a spectral

width of 12 ppm, an acquisition time of 2 s, a relaxation delay of 3 s and a mixing time of 100 ms. All spectra were acquired at  $25^\circ\text{C}$ .

## Metabolite identification and quantification

Spectra were processed and analysed using the *Chenomx* NMR Suite Professional software V.8.1. All spectra were zero-filled to 128K data points and subjected to line broadening of 0.5 Hz. TSP was set as internal standard at 0.22 mM concentration. *Chenomx* software allowed the identification and quantification of 41 metabolites in each spectrum. Metabolite concentrations were normalised according to the method of probabilistic quotient.<sup>4</sup>

## Statistical analysis

As the present research was designed as a pilot study, a number of subjects between 24 and 50 was deemed suitable based on previous literature precedent.<sup>5</sup>

Variables with normal distribution were expressed as mean and SD, and tested for significant differences with the Student's t-test. Categorical variables were expressed as counts and percentages.

Univariate and multivariate data analysis methods were applied to the complete data set of metabolite concentrations to investigate the general structure of the metabolomics data and how the different metabolic features are related with angioplasty intervention. A paired Student's t-test was performed to investigate the metabolite differences between before and after angioplasty serum samples.

Multivariate data analysis was carried out using SIMCA-P (V.14 Umetrics AB, Umea, Sweden). To have an overview of the study population, metabolic data of sera collected before angioplasty were analysed by principal component analysis (PCA) using unit variation scaling. Effect of balloon occlusion was studied using the percentage of changes for each metabolite as variables. In this way, each patient serves as his/her own biological control, alleviating for potential clinical confounders.

Qualities of the models were described using  $R^2$  and  $Q^2$  values.  $R^2$ , which indicates the goodness of fit, is defined as the proportion of variance in the data explained by the model.  $Q^2$ , which indicates the predictability, is defined as the proportion of variance in the data predictable by the model.

## RESULTS

Baseline clinical characteristics of the 34 patients with SA (76.5% men;  $70 \pm 8$  years) enrolled are shown in table 1.

Arterial and venous serum samples, both before and after angioplasty, were collected: out of 136 blood samples, 18 (9 venous and 9 arterial) were excluded due to corruption of the sample (ie, haemolysis, unexpected refrigeration abnormalities). Therefore, both arterial and venous serum were analysed in 16 patients; isolated arterial (9) or venous (9) sample analysis was performed for 18 subjects, giving a total of 25 observations for each type of matrix (table 2).

**Table 1** Baseline clinical characteristics of the study population

	Percentage
Sex (men)	76.5
Age (average±SD)	70±8
Chronic renal failure	20.6
Hypertension	61.8
Dyslipidaemia	67.6
Smoking habits	14.7
History of coronary artery disease	23.5
Obesity	23.5
Diabetes mellitus	29.4
Oral hypoglycaemic agents	14.7
Insulin	11.8

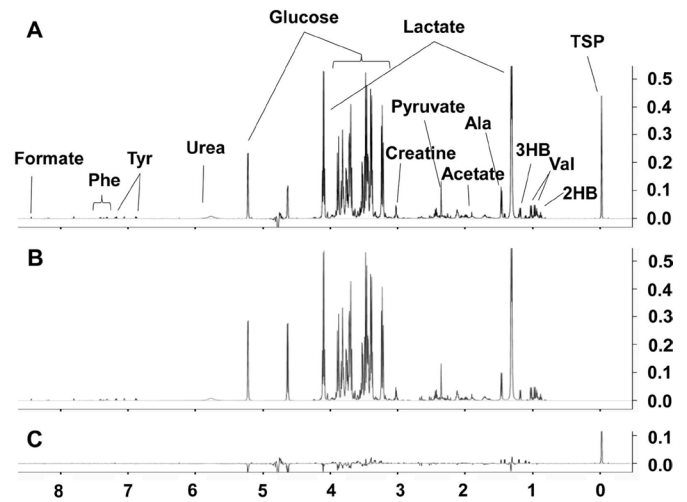
Figure 1A shows a typical  $^1\text{H}$ -NMR serum spectrum with identification of the main metabolite signals. A total of 41 metabolites were identified and quantified in each  $^1\text{H}$ -NMR serum spectrum (table 3). They include a range of amino acids, saccharides, energy metabolism-related molecules (pyruvate succinate, citrate, lactate, creatine, creatinine) and others (cholines, amines and amides). They were identified on comparison with the *Chenomx* metabolite database. The NMR-derived profile of assigned metabolites is shown in figure 1B. Most of the NMR signals in the serum spectrum were identified: only a few signals with low intensity located in overlapped regions of the spectrum are present in the difference spectrum (figure 1C).

### Metabolic profile of arterial and venous sera

Metabolite concentrations of arterial and venous sera before angioplasty were used for Multivariate Data Analysis to examine the intrinsic variation in our dataset and to identify potential outliers. A PCA was initially performed using the concentration data of arterial (figure 2A,  $R^2X:0.418$ ,  $Q^2:0.07$ ) and venous (figure 2C,  $R^2X:0.366$ ,  $Q^2:-0.116$ ) samples. The score plot of both matrices before angioplasty shows that subject 2 metabolic profile behaves as an outlier of the model (figure 2A,C). Main differences were due to high levels of choline, creatinine, citrulline, urea, carnitine and O-acetylcarnitine and low levels of valine, isoleucine and leucine (figure 2B,D). Despite these differences in the metabolic profile, changes induced by angioplasty for this subject were in

**Table 2** Samples distribution of arterial (A) and venous (V) blood sampling carried out on patients

Total number of patients	Both A and V samples	Only A samples	Only V samples	Total A samples	Total V samples
34	16	9	9	25	25



**Figure 1** (A)  $^1\text{H}$ -NMR serum spectrum with signal assignments. (B)  $^1\text{H}$ -NMR spectrum of assigned metabolites. (C) difference spectrum (A, B). 2HB, 2-hydroxybutyrate; 3HB, 3-hydroxybutyrate; Ala, alanine; Gln, glutamine; Lys, lysine; Phe, phenylalanine; Tyr, tyrosine; Val, valine.

line with those observed for the entire set, so it was kept in the following analysis.

### Metabolic changes induced by angioplasty

Samples collected before and after the clinical intervention on patients with SA were used to study the effect of angioplasty on arterial and venous sera. For each subject, the percentage change of each metabolite was calculated and used as input data for a PCA. In this analysis, variables are not centred, allowing for the evaluation of the variable changes. In the absence of treatment effect, subjects would appear as a cluster around the origin in the score plot. Treatment effects cause the subjects' movement from the origin.

Our results reveal that metabolic changes induced by angioplasty are clearly measurable in arterial serum, showing most of observables moving along t1 (figure 3A). This trend is also observed in the score plot of venous samples, even if the effect is much reduced (figure 3C). In both analyses, loading plots indicate that levels of ketone bodies increase significantly after angioplasty (figure 3B,D).

We finally examined significant changes ( $P<0.01$ ) in metabolites concentration induced by balloon occlusion (table 4 and figure 4). In both types of serum, an increase in ketone bodies, 2-hydroxybutyrate, glutamine and O-acetylcarnitine concentration is observed, while alanine, lactate, phenylalanine and tyrosine decreased after intervention. Most significant metabolic changes are detected in arterial serum, in line with the multivariate analysis (MVA) result.

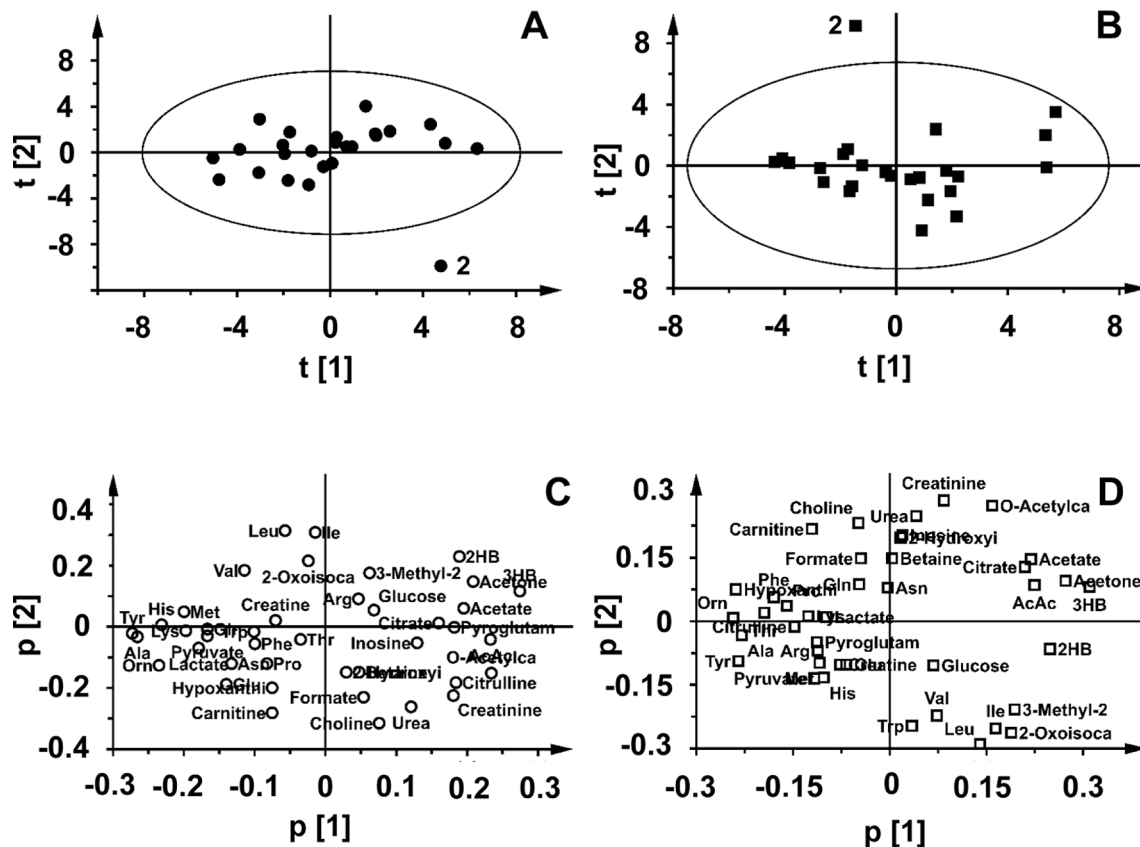
### DISCUSSION

The present study showed that a significant early systemic metabolic response to angioplasty-induced ischaemia performed in patients with SA could be identified. Specifically, an increase of ketone bodies and a simultaneous

**Table 3** Serum metabolite concentrations in arterial and venous sera collected before and after angioplasty ( $\mu\text{M}$ )

	Metabolite	Arterial		Venous	
		Before (average $\pm$ SD)	After (average $\pm$ SD)	Before (average $\pm$ SD)	After (average $\pm$ SD)
1	2-Hydroxybutyrate	96 $\pm$ 42	107 $\pm$ 50	84 $\pm$ 33	88 $\pm$ 33
2	2-Hydroxyisovalerate	11 $\pm$ 6	11 $\pm$ 6	10 $\pm$ 5	10 $\pm$ 5
3	2-Oxoisocaproate	13 $\pm$ 5	12 $\pm$ 4	14 $\pm$ 5	13 $\pm$ 4
4	3-Hydroxybutyrate	544 $\pm$ 474	711 $\pm$ 484	461 $\pm$ 423	546 $\pm$ 439
5	3-Methyl-2-oxovalerate	12 $\pm$ 5	11 $\pm$ 4	13 $\pm$ 4	12 $\pm$ 4
6	Acetate	65 $\pm$ 27	85 $\pm$ 33	57 $\pm$ 29	80 $\pm$ 33
7	Acetoacetate	120 $\pm$ 99	177 $\pm$ 123	100 $\pm$ 80	133 $\pm$ 100
8	Acetone	119 $\pm$ 99	156 $\pm$ 123	71 $\pm$ 76	82 $\pm$ 93
9	Alanine	297 $\pm$ 70	259 $\pm$ 53	341 $\pm$ 64	315 $\pm$ 73
10	Arginine	83 $\pm$ 21	85 $\pm$ 16	80 $\pm$ 21	88 $\pm$ 22
11	Asparagine	50 $\pm$ 9	47 $\pm$ 9	47 $\pm$ 15	48 $\pm$ 11
12	Betaine	44 $\pm$ 15	44 $\pm$ 13	46 $\pm$ 12	45 $\pm$ 12
13	Carnitine	44 $\pm$ 10	42 $\pm$ 8	42 $\pm$ 11	41 $\pm$ 9
14	Choline	10 $\pm$ 3	11 $\pm$ 3	11 $\pm$ 3	12 $\pm$ 4
15	Citrate	120 $\pm$ 24	129 $\pm$ 25	148 $\pm$ 30	149 $\pm$ 27
16	Citrulline	43 $\pm$ 17	43 $\pm$ 17	48 $\pm$ 11	52 $\pm$ 17
17	Creatine	33 $\pm$ 14	33 $\pm$ 15	34 $\pm$ 15	33 $\pm$ 14
18	Creatinine	83 $\pm$ 31	83 $\pm$ 31	85 $\pm$ 33	85 $\pm$ 31
19	Formate	24 $\pm$ 11	26 $\pm$ 11	26 $\pm$ 8	25 $\pm$ 10
20	Glucose	5651 $\pm$ 1411	5920 $\pm$ 1521	5884 $\pm$ 1827	5944 $\pm$ 1706
21	Glutamate	96 $\pm$ 28	89 $\pm$ 22	64 $\pm$ 22	65 $\pm$ 23
22	Glutamine	565 $\pm$ 74	599 $\pm$ 91	562 $\pm$ 85	585 $\pm$ 96
23	Histidine	76 $\pm$ 11	76 $\pm$ 11	75 $\pm$ 12	75 $\pm$ 14
24	Hypoxanthine	8 $\pm$ 3	6 $\pm$ 2	11 $\pm$ 5	6 $\pm$ 2
25	Inosine	6 $\pm$ 3	5 $\pm$ 2	5 $\pm$ 2	5 $\pm$ 3
26	Isoleucine	74 $\pm$ 13	77 $\pm$ 19	73 $\pm$ 12	73 $\pm$ 12
27	Lactate	1487 $\pm$ 454	1012 $\pm$ 241	1756 $\pm$ 780	1208 $\pm$ 288
28	Leucine	140 $\pm$ 22	142 $\pm$ 28	137 $\pm$ 21	137 $\pm$ 21
29	Lysine	163 $\pm$ 23	168 $\pm$ 25	170 $\pm$ 26	174 $\pm$ 29
30	Methionine	26 $\pm$ 5	25 $\pm$ 4	27 $\pm$ 5	27 $\pm$ 6
31	O-Acetylcarnitine	13 $\pm$ 7	15 $\pm$ 5	13 $\pm$ 6	15 $\pm$ 7
32	Ornithine	70 $\pm$ 17	65 $\pm$ 13	75 $\pm$ 15	61 $\pm$ 16
33	Phenylalanine	53 $\pm$ 7	50 $\pm$ 6	53 $\pm$ 6	52 $\pm$ 5
34	Proline	234 $\pm$ 70	237 $\pm$ 60	238 $\pm$ 70	238 $\pm$ 86
35	Pyroglutamate	55 $\pm$ 25	76 $\pm$ 27	93 $\pm$ 36	113 $\pm$ 27
36	Pyruvate	43 $\pm$ 25	42 $\pm$ 21	55 $\pm$ 39	53 $\pm$ 24
37	Threonine	135 $\pm$ 21	127 $\pm$ 28	142 $\pm$ 25	136 $\pm$ 28
38	Tryptophan	16 $\pm$ 8	13 $\pm$ 5	17 $\pm$ 6	13 $\pm$ 6
39	Tyrosine	69 $\pm$ 13	65 $\pm$ 11	68 $\pm$ 10	66 $\pm$ 11
40	Urea	2344 $\pm$ 1022	2262 $\pm$ 784	2099 $\pm$ 914	2185 $\pm$ 1085
41	Valine	258 $\pm$ 39	260 $\pm$ 40	258 $\pm$ 33	256 $\pm$ 37

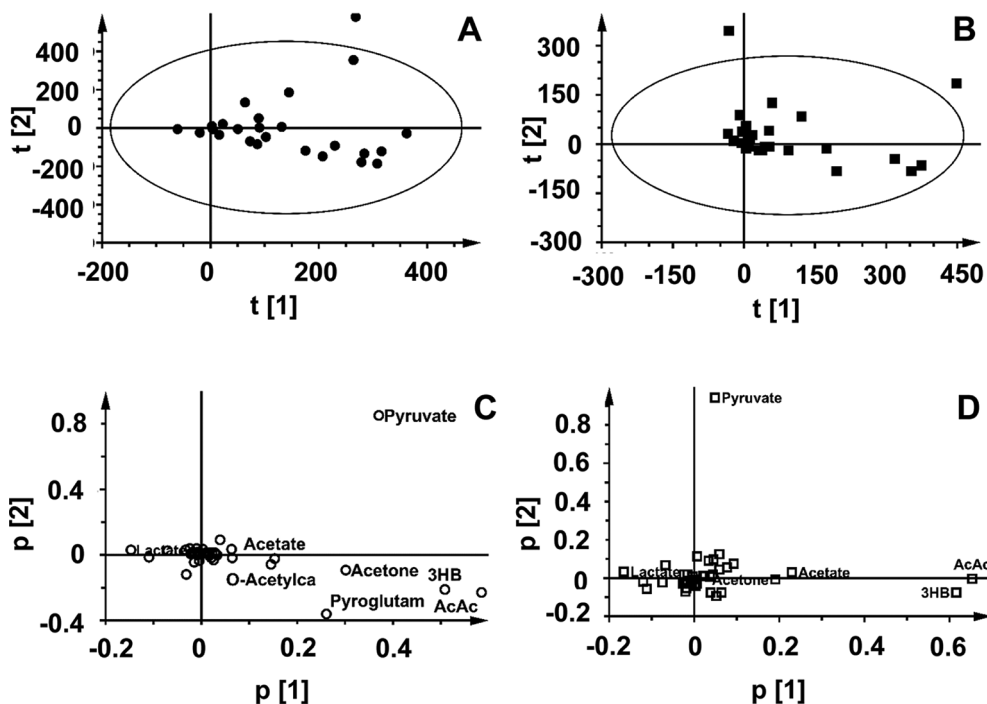




**Figure 2** Principal component analysis score and loading plots of arterial (A–C) and venous (B–D) serum samples of samples collected before angioplasty. The ellipse shows the 95% CI (Hotelling's score) of the model. Sample corresponding to subject 2 can be considered an outlier.

decrease in lactate concentration were detected after PCI regardless of age, sex or the presence of the main cardiovascular comorbidities.

Balloon occlusion mimics ischaemia's first phase, causing a lack of oxygen availability for at least 1 min to about 20%–30% of the overall myocardial tissue. Our



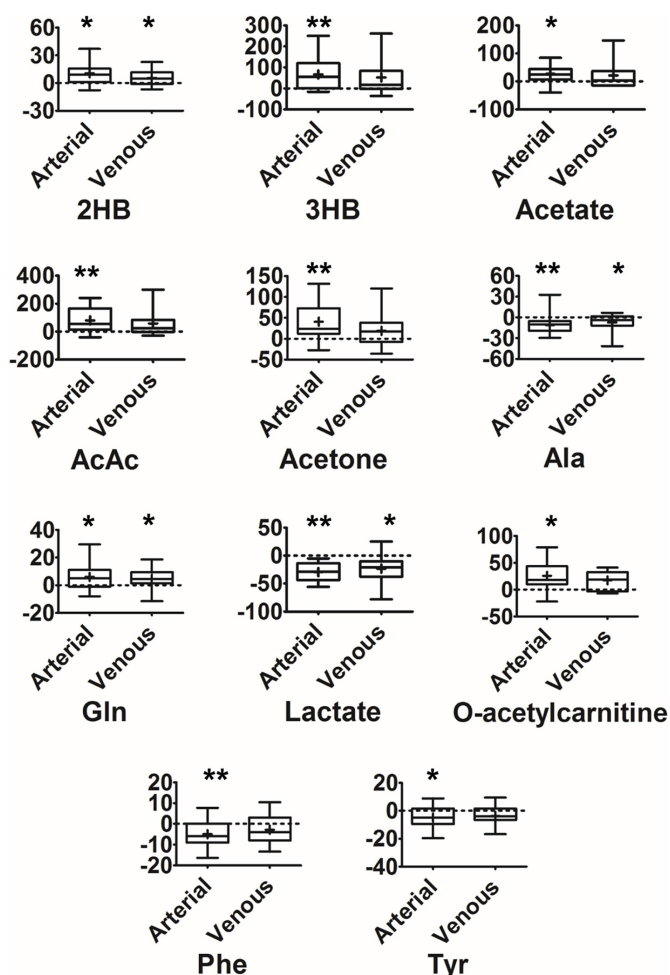
**Figure 3** Change percentage induced by angioplasty: (after)–(before)/(before) × 100. Principal component analysis score and loading plots of arterial (A–C) and venous (B–D) serum samples.

**Table 4** Metabolite changes in arterial and venous sera after angioplasty

Metabolite	Arterial change		Venous change	
		P values		P values
2HB	10 (1 to 16)	<0.01	5 (–1 to 11)	<0.01
3HB	56 (1 to 124)	<0.01	17 (–2 to 60)	0.03
Acetate	25 (9 to 44)	<0.01	3 (–11 to 27)	0.19
AcAc	55 (18 to 167)	<0.01	23 (–2 to 78)	0.03
Acetone	25 (16 to 74)	<0.01	17 (–8 to 38)	0.14
Ala	–10 (–19 to –6)	<0.01	–4 (–9 to 1)	0.01
Gln	6 (2 to 11)	<0.01	4 (2 to 8)	<0.01
Lactate	–29 (–42 to –14)	<0.01	–21 (–37 to –11)	<0.01
O-Acetylcarnitine	18 (10 to 42)	0.01	19 (2 to 31)	0.02
Phe	–6 (–9 to 0)	<0.01	–4 (–8 to 3)	0.04
Tyr	–5 (–8 to 1)	0.01	–4 (–6 to 0)	0.01

Change values denote median percentage change; values in parentheses represent IQR.

AcAc, acetoacetate; 2HB, 2-hydroxybutyrate; 3HB, 3-hydroxybutyrate; Ala, alanine; Gln, glutamine; Phe, phenylalanine; Tyr, tyrosine.



**Figure 4** Change percentage induced by angioplasty in arterial (A) and venous (V) serum metabolites. Boxes denotes IQR, lines denotes median, whiskers denotes 5th and 95th percentile, +denotes the average. \*P<0.01; \*\*P<0.001. 2HB, 2-hydroxybutyrate; 3HB, 3-hydroxybutyrate; Ala, alanine; Gln, glutamine; Lys, lysine; Phe, phenylalanine; Tyr, tyrosine; Val, valine.

data show that such a local myocardial metabolic impairment is able to influence systemic biochemical changes.

### Lactate changes after PCI

Lactate myocardial extraction represents an accepted gold standard for myocardial ischaemia quantification.<sup>6</sup> Previous studies analysed changes in lactate levels after the same type of balloon-induced coronary ischaemia.<sup>7–9</sup> In a first experiment, Gill *et al* measured lactate concentration in coronary sinus blood during left anterior descending coronary artery angioplasty.<sup>7</sup> The study showed an increase of lactate concentration locally in coronary sinus blood, showing a peak that disappears 5 min after balloon deflation. Recently, Sinha *et al* measured lactate concentration both in coronary sinus and arterial blood, observing two different behaviours. Sinus blood lactate concentration showed a peak 1 min after balloon inflation while systemic arterial lactate concentration decreased constantly. Five minutes after balloon deflation, when coronary sinus blood lactate concentration returned to basal levels, arterial lactate was found to be 30% lower than starting concentration levels.<sup>8</sup>

In a more recent study, using NMR to analyse metabolic changes after angioplasty, surprisingly the investigators observed the opposite behaviour of this metabolite.<sup>9</sup> Lactate in venous serum showed a 50% increase in its concentration 10 min after balloon-induced ischaemia. This wide variation that is observed in circulating lactate concentration cannot be related to the proportionally small lactate production within the ischaemic myocardial tissue, but rather reflects a global response of the whole body to the local perturbation.

Our results concerning lactate variation are in contradiction with those reported by Bodi *et al* and in accordance with those of Shina *et al*. We observed a decrease in circulating lactate 10 min after balloon-induced ischaemia, both in arterial (–29%, P<0.001) and venous serum (–21%, P<0.01). Although we also used NMR to

quantify metabolite levels, there is a difference in the sample preparation that could account partially for the discrepancy. We followed a well-established protocol that includes a filtration step that eliminates high-molecular-weight molecules, including lipoproteins.<sup>10</sup> NMR lactate quantification is less accurate in presence of proteins due to overlap with broad signals arising from high-molecular-weight components.

The reason why circulating lactate concentration continues to fall after balloon occlusion despite the early rise in coronary sinus blood is far from clear. Dilution effects in the systemic blood and rapid elimination/uptake of lactate from the peripheral circulation were previously invoked.<sup>8</sup> In our view, a positive correlation between blood lactate levels and lactate extraction by the heart could account for this behaviour.<sup>11</sup> This fact, thoroughly studied in the context of exercise routines in healthy trained subjects, leads to a model in which arterial lactate concentration plays a central role in regulating myocardial substrate utilisation.<sup>12</sup> During exercise, heart lactate uptake increases, leading to a fast systemic response and consequently a significant increment in circulating arterial lactate of almost 100% after 5 min.<sup>13</sup> Interestingly, one subject in that study showed a reduction in the circulating lactate during moderate exercise. In this particular case, decreasing of arterial lactate concentration was related to lower myocardial lactate utilisation. This is the same scenario expected for the angioplasty-induced ischaemia. Lactate extraction by the heart changes from 30% before balloon inflation to a net release (−7%) 1 min after occlusion and returns to a lower extraction of 16% 5 min after.<sup>8</sup> One could hypothesise that these variations in lactate requests by the heart are communicated to the whole body through an unknown signal, determining circulating lactate levels drop in order to meet heart's lactate extraction needs. This can constitute an adaptive mechanism similar and opposite to that one already accepted as a response to physical exercise.<sup>12</sup>

### Ketone bodies changes after PCI

Significant increase in the concentration of ketone bodies (3-hydroxybutyrate and acetoacetate) that were observed in the arterial serum after angioplasty can play a role in response to the metabolic imbalance produced by ischaemia or to the subsequent reperfusion. Higher concentrations of circulating ketone bodies may counterbalance the augmented glycolysis caused by balloon-induced ischaemia. The heart is the highest ketone body consumer per unit mass, oxidising ketone bodies in proportion to their delivery, decreasing fatty acid and glucose oxidation.<sup>14–16</sup> Elevated plasma ketone bodies levels inhibit glucose and lactate, uptake and oxidation presumably through pyruvate dehydrogenase (PDH) inhibition.<sup>17</sup> Related to this pathway, we observed also circulating O-acetylcarnitine and acetate increasing after angioplasty. This finding could reflect acetyl-CoA production imbalance, the final product of PDH from pyruvate, which the carnitine–acetylcarnitine couple contributes to

buffer.<sup>18</sup> Acetate is quickly metabolised into acetyl-CoA, which is then used by the myocardiocytes in the TCA cycle.<sup>19</sup>

On the other hand, increased levels of ketone bodies could be a response to reperfusion oxidative stress. Although the regulation mechanism of myocardial ROS is not completely understood, it is thought that high levels of ketone bodies maintain ubiquinone in the oxidised state, increasing redox span in the electron transport chain.<sup>20</sup> This, in turn, diminishes superoxide production and increases energy availability for ATP synthesis.<sup>21</sup> All these data suggest that ketone bodies oxidation may play an important role in free radical homeostasis during ischaemia-reperfusion injury.<sup>20</sup>

### Clinical implication and limitations

The study reported has pathophysiological and clinical implications. The systemic early metabolic response observed in patients with SA after PCI might represent an overall compensation of the metabolic system to counteract the lack of metabolic substrates in the ischaemic myocardial tissue. This phenomenon leads onto the hypothesis of systemic cross-talk among peripheral tissues in response to stress events (ie, ischaemia) aimed at maintaining functioning tissues. Identification of a specific metabolic change induced by myocardial ischaemia could be of clinical relevance to rule out coronary events in patients referring for acute chest pain in emergency departments. However, risk stratification in patients with chest pain needs a statistic model to be developed by collecting wide sample of population.

Basal metabolic profile of each subject is influenced by factors like sex, age, diet, drugs and comorbidities. Collecting, in the same patient, samples both before and after a controlled ischaemia allows to override this heterogeneity, thus providing to each patient his own control.

Metabolic response following myocardial ischaemia changes very quickly, providing an instant picture of the whole-body response. Thus, serial peripheral blood sampling could help to better understand metabolic changes over time.

Finally, since lactate production is mainly muscular workout related, it is crucial to further validate this metabolite as a marker in the setting of exercise stress-induced ischaemia.

### Conclusions

Early metabolic response to myocardial ischaemia has not been completely investigated despite improvements in metabolomics technologies. Our *proof-of-concept* study shows that a systemic biochemical profile defined by two main metabolic changes in peripheral blood can describe events following balloon-induced ischaemia: ketone bodies increase and lactate decreases. Such systemic metabolic variations may be related to compensation mechanisms aiming to fulfil the heart's needs after short period of myocardial ischaemia, and probably after reperfusion. We believe that these findings may potentially help

identify and target new markers of very early myocardial acute ischaemia and may prove a stepping stone towards improving the accuracy of current gold standard diagnostic tools for ischaemic heart disease.

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**Patient consent** Obtained.

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**Data sharing statement** No additional unpublished data are available for this study.

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