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Bloodstream infections secondary to Clostridium difficile infection: risk factors and outcomes

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34 **ABSTRACT**

35 **Purpose.** To determine the incidence, risk factors, and outcomes of bloodstream infections (BSI)
36 subsequent to *Clostridium difficile* infection (CDI).

37 **Methods.** Retrospective study of all patients with definite diagnosis of CDI admitted from January
38 2014 to December 2014 in two large Hospitals in Rome. Two groups of patients were analyzed:
39 those with CDI and subsequent BSI (CDI/BSI+), and those with CDI and no evidence of primary
40 BSI (CDI/BSI-). Data about clinical features, microbiology, treatments and mortality were obtained.

41 **Results.** Overall, 393 cases of CDI were included in the final analysis: 72 developed a primary
42 nosocomial BSI while 321 had CDI without microbiological and clinical evidence of BSI. Etiologic
43 agents of BSI were *Candida* species (47.3%), Enterobacteriaceae (19.4%), enterococci (13.9%), and
44 mixed infections (19.4%). In multivariate analysis ribotype 027 (odds ratio [OR] 6.5), CDI
45 recurrence (OR 5.5), severe CDI infection (OR 8.3), and oral vancomycin >500 mg/day (OR 3.1)
46 were recognized as factors independently associated to the development of nosocomial BSI.
47 Compared to controls, 30-day mortality from CDI diagnosis was higher in patients of CDI/BSI+
48 group (38.9 vs 13.1%, p<0.001). Among patients of the CDI/BSI+ group mortality attributable to
49 primary BSI was as high as 57%.

50 **Conclusions.** Our findings suggest that severe CDI may be complicated by development of
51 nosocomial BSI. *Candida* and enteric bacteria appear as the leading causative pathogens and are
52 associated with poor outcome.

53 **Keywords:** bloodstream infection, *Clostridium difficile* infection, ribotype 027, oral vancomycin,
54 fidaxomicin

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60 **INTRODUCTION**

61 *Clostridium difficile* infection (CDI) is an emerging infection, usually occurring after exposure to
62 broad-spectrum antibiotics [1-2-3]. This infection can be mild and self-limiting, but might progress
63 to severe disease with ileus, toxic megacolon, and, eventually, death. The incidence, severity, and
64 acquisition in people formerly classified as at low risk seem to be increasing, and a hypervirulent,
65 fluoroquinolone-resistant *C. difficile* strain named NAP1/BI/027 is associated with severe
66 symptoms, high recurrence rates, and poor outcome [4-5-6].

67 The alterations occurring in the intestinal flora, recognized as a microbiome, may promote the
68 translocation of pathogens in the blood and the developing of nosocomial bloodstream infections
69 (BSIs) [7]. Recently, we reported our experience about candidemia subsequent to severe CDI [8-9-
70 10], and we observed an association between *Candida* BSI and CDI, especially if caused by
71 ribotype 027 strains. Also, we reported a case about a severe community onset healthcare-
72 associated CDI complicated by KPC producing *Klebsiella pneumoniae* BSI [11]. Thus, it was
73 hypothesized that antibiotic therapy and/or other clinical characteristics related to CDI (i.e.,
74 severity, recurrence, disease caused by a highly virulent strain, etc.) presumably contribute to
75 alterations of the colon indigenous microbiota and eventually predispose patients to BSI [12-13-14].
76 The aim of our study was to analyze the clinical findings of patients with CDI and primary
77 nosocomial BSI to determine the risk factors and outcomes associated with these infections.

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86 **MATERIALS AND METHODS**

87 *Study Design and Study Patients*

88 This was a retrospective study of patients who were admitted from January 2014 to December 2014
89 in two large Hospitals in Rome: Policlinico Umberto I-“Sapienza” University (1.200 bed and
90 49.000 admissions/year in 2014) and the San Giovanni-Addolorata Hospital (700 beds and 30.000
91 admission/year in 2014). All adults (age> 18 years) with a documented CDI infection were initially
92 included in the study. Patients for which was not possible to obtain medical records were excluded
93 from the final analysis. The ethics committee of the Policlinico Umberto I approved the study.

94 Data were extracted from the medical records of patients and from hospital computerized databases
95 or clinical charts according to a prepared questionnaire. The following data were reviewed:
96 demographics, clinical and laboratory findings, comorbid conditions (like diabetes mellitus,
97 cardiovascular disease, pulmonary disease, renal disease, hepatic disease, central nervous system
98 disease, malignancy, and the overall number of comorbid conditions), microbiological data,
99 duration of hospital stay, incidence of infections during hospitalization, treatments and procedures
100 during hospitalization and/or in the previous 90 days prior to infection (immunosuppressive
101 therapy, placement of a central venous catheter [CVC] or a urinary catheter, dialysis, endoscopic
102 procedures, tracheostomy, surgery, and mechanical ventilation), admission from a long-term care
103 facility or a nursing home, classes of antibiotics received on admission and/or after admission
104 before a positive culture was obtained, the sequential organ failure assessment (SOFA) score at time
105 of infection, side effects and 30-day mortality.

106 Data on antibiotic therapy in the previous 30 days as well as other risk factors for multidrug-
107 resistant (MDR) organisms were derived from the following sources: a) history taken from patients
108 and/or relatives; b) discharge letters and summaries if patients were previously hospitalized in other
109 facilities, and c) electronic charts if patients were previously hospitalized or seen in the clinics
110 involved in the study.

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112 **Study Definitions**

113 CDI was defined as 1) presence of diarrhea, defined as passage of three or more unformed stools in
114 24 or fewer consecutive hours; 2) a stool test result positive for the presence of toxigenic *C. difficile*
115 or its toxins or colonoscopic or histopathologic findings demonstrating pseudomembraneous colitis
116 [15]. The same criteria were used to diagnose recurrent CDI. BSI was defined according to the
117 standard definitions of the Centers for Disease Control and Prevention (CDC) [16]. If common skin
118 contaminants (ie, diphtheroids, *Bacillus* [not *B. anthracis*] spp, *Propionibacterium* spp, coagulase-
119 negative staphylococci [including *S. epidermidis*], viridans group streptococci, *Aerococcus* spp,
120 *Micrococcus* spp), bacteremia was considered clinically significant if at least two blood cultures
121 were positive associated with at least two signs or symptoms of systemic inflammatory response
122 [16]. Candidemia was defined as the isolation of microorganism in one or more separate blood
123 culture with clinical evidence of infection [17].

124 Severe sepsis was defined as sepsis with sepsis-induced organ dysfunction or tissue hypoperfusion
125 (manifesting as hypotension, elevated lactate, or decreased urine output); septic shock as severe
126 sepsis plus persistently low blood pressure following the administration of intravenous fluids [18].

127 The CVC was considered the likely source of infection if blood culture obtained from the lumen of
128 the catheter was positive in a time <2 hours compared to peripheral veins, and/or culture of catheter
129 was positive [19]. Primary BSI was defined as BSI occurring in patients without a recognized
130 source of infection. Patients with secondary BSI (defined as BSI with a documented source of
131 infection including intravascular device, urinary tract infection, pneumonia, intra-abdominal
132 infection, skin and soft tissue infection, localized abscess, central nervous system infection,
133 infective endocarditis) were excluded from the final analysis.

134 BSI was defined as a nosocomial infection if it occurred more than 48 h after admission to the
135 hospital and if no signs or symptoms of infection were noted at the time of hospital admission.

136 *Candida* colonization at time of admission was defined as positive culture for fungal species from
137 any of tested surveillance sites, and colonization was considered, respectively, unifocal or

138 multifocal when *Candida* species were isolated from one focus or simultaneously from various non-
139 contiguous foci [20].

140 Severe CDI was defined as: white blood cell count >15.000 cells/ μ L or a serum creatinine level \geq
141 1.5 times the premorbid level [15]. Time at risk is a measure of the risk of developing some new
142 condition within a specified period of time: time at risk for CDI was considered the median of the
143 time between hospitalization and clinical development of CDI; time at risk for CDI recurrence was
144 considered the median of the time between the first CDI and the recurrence of infection; time at risk
145 for BSI was considered the median of the time between CDI and BSI. MDR pathogens were
146 defined according to the standard definitions [21-22]. Data of all patients were entered in an
147 electronic database.

148 ***Study Groups, Endpoints and Measurement of Outcomes***

149 All patients with definite diagnosis of CDI were divided in two groups: those developing a primary
150 BSI within 30 days from initial diagnosis of CDI (CDI/BSI+ group) and patients with CDI and no
151 evidence of primary BSI (CDI/BSI- group). The attainable records of all patients belonging to the
152 CDI/BSI+ and CDI/BSI- groups were compared.

153 The clinical endpoints of our study were the assessment of risk factors for development of BSI and
154 the evaluation of 30-day mortality [23] rates in both groups. All the outcomes in the two groups
155 were measured after the main acute event during hospitalization: the first CDI, the recurrence of
156 CDI, and primary BSI (only in patients of CDI/BSI+ group).

157 Outcomes of primary BSI episodes were assessed as follows: (i) cure, in the case of complete
158 disappearance of clinical, radiological and microbiological signs (repeated negative cultures) of
159 infection at the time of hospital discharge; and (ii) attributable mortality, in the case of BSI-related
160 death due to clinical evidence of infection at the time of death without an alternative cause of death,
161 or autopsy evidence of tissue infection [24].

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164 **Microbiological Analysis**

165 Microbiological diagnosis of *C. difficile* disease was performed by using enzyme immunoassays
166 (EIAs) combining detection of *C. difficile* glutamate dehydrogenase (GDH) and toxin A/B antigens
167 in stool specimens, through the commercial methods TechLab C. Diff Quik Chek Complete or
168 Meridian Bioscience Immunocard *C. difficile* GDH and Vidas *C. difficile* Toxin A/B, according to
169 the testing algorithms established at the individual study sites. Stool specimens were also tested by
170 the Cepheid Xpert *C. difficile*/Epi assay, which is a multiplex real-time PCR that detects *tcdB*, the
171 binary toxin gene (*cdt*), and the *tcdC* gene deletion at nt 117, to identify the PCR-ribotype 027
172 strain, also called 027/NAP1/BI strain [25].

173 To detect bacteria and/or fungi, blood specimens were obtained for culture (from a peripheral
174 venipuncture and/or intravascular catheter), and processed using the automated BACTEC system
175 (Becton Dickinson Diagnostic Instruments, Sparks, MD, USA). For bloodstream isolates, species
176 identification was performed by micromorphology analysis and biochemical tests, according to
177 standard procedures.

178 **Statistical analysis**

179 All data were statistically analyzed using a commercially available statistical software package
180 (SPSS, version 20.0; SPSS Inc, Chicago, Illinois). Continuous variables were compared using
181 Student t test for independent samples. Categorical variables were evaluated using the χ^2 test or
182 Fisher exact test, when appropriate. All tests were 2-tailed and a P value < .05 was considered
183 statistically significant. Results were expressed as mean \pm standard deviation (SD) for continuous
184 normally distributed variables or as percentage for categorical variables. Multivariate analysis was
185 used to identify independent predictors of mortality and predictors of BSI. Matched bivariate
186 analyses were conducted using a conditional logistic regression model, incorporating all variables
187 found to be significant at univariate analysis ($p < 0.05$) with a stepwise method. The final selected
188 model was tested for confounding factors (like underlying severity of illness, comorbidities,
189 antibiotic use). If a covariate affected the β -coefficient of a variable in the model by >10%, then the

190 confounding variable was maintained in the multivariable model. CI (95%) was calculated. Multi-
191 collinearity was assessed according to the condition index of the multivariate model: a condition
192 index <10 denotes weak collinearity, 10–30 denotes moderate collinearity, and >30 denotes strong
193 collinearity.

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216 **RESULTS**

217 During the study period 440 patients fulfilled criteria for CDI: out of these 19 patients with
218 secondary BSI and 28 patients with non-obtainable medical records were excluded from the final
219 analysis. The final cohort of study comprised 393 patients. The incidence of CDI was 6.1 per 1000
220 admissions in Policlinico Umberto I, and 4.5 per 1000 admissions in San Giovanni-Addolorata
221 Hospital. The majority of patients with CDI were hospitalized in medical wards (63%), followed by
222 intensive care unit (ICU) (18%), and surgery (19%). Seventy-two patients (18.3%) developed a
223 primary nosocomial BSI within 30 days from the CDI episode (CDI/BSI+ group), and these were
224 compared to 321 patients with CDI but no evidence of primary BSI during hospitalization
225 (CDI/BSI- group). As regards to the ward of hospitalization, there were no significant differences
226 between the two study groups (medical wards 63% Vs 62%, $p=0.8$, ICU 19% Vs 17%, $p=0.7$,
227 surgical wards 18% Vs 21%, $p=0.3$ in CDI/BSI+ and CDI/BSI-, respectively).

228 **Table 1** reports the pathogens causing BSI in patients of CDI/BSI+ group: the most common
229 etiology was *Candida* species (47.3%), followed by Enterobacteria (19.4%), mixed infections
230 (19.4%), and enterococci (13.9%). Among patients with monomicrobial or polymicrobial bacterial
231 BSI, a MDR phenotype was detected in 26 out of 38 cases (68.4%), with 11 cases of extended-
232 spectrum beta-lactamases (ESBL) producing Enterobacteriaceae, 8 cases of carbapenemase-
233 producing *Klebsiella pneumoniae*, and 7 cases of vancomycin-resistant enterococci (VRE).

234 Demographics and clinical features of CDI patients with or without nosocomial BSI are
235 summarized in **Table 2**. No differences were detected in term of age, sex, and comorbidities
236 (calculated also as Charlson score) between the two study groups. Compared to CDI/BSI- group,
237 patients included in the CDI/BSI+ group were more frequently affected by a severe CDI (100% Vs
238 46.7%, $p<0.001$), had a higher rate of *C. difficile* recurrence (83.3% Vs 29.6%, $p<0.001$), a higher
239 frequency of ≥ 1 recurrence (33.3% Vs 7.1%, $p<0.001$), and a higher median SOFA score (3.6 Vs
240 1.7, $p<0.001$). Compared to patients of the CDI/BSI- group, those included in the CDI/BSI+ group
241 had a higher frequency of ribotype 027 infection, (84.7% Vs 33.9%, $p<0.001$); patients with CDI

242 due to ribotype 027 had a high likelihood of developing BSI during the first 2 weeks (94% Vs 21%)
243 from the initial CDI diagnosis.

244 The **Table 3** describes antibiotic regimens and outcomes of patients with CDI. All patients were
245 initially treated with vancomycin or metronidazole monotherapy; during hospital stay an escalation
246 therapy including oral vancomycin plus metronidazole was recorded in 34.7% of patients of the
247 CDI/BSI+ group, and in 29.6% of those of the CDI/BSI- group. Overall, a dosage of oral
248 vancomycin >500 mg/day was used in 51 (70.8%) patients of the CDI/BSI+ group, compared to
249 100 (31.1%) patients of the control group ($p<0.001$). Among patients receiving increased
250 vancomycin dosages the following regimens were adopted: 250 mg tid in 87 cases and 250 mg qid
251 in 64 patients. Patients of the CDI/BSI+ group had also a higher ICU (16.9 Vs 9.1, $p<0.001$) and
252 hospital length of stay (62.2 Vs 29.3, $p<0.001$). Of interest, patients of CDI/BSI+ group showed a
253 lower time at risk for CDI recurrence (20.4 Vs 35.1 days, $p<0.001$). The median time at risk for
254 primary BSI in the CDI/BSI+ group was 14.8 ± 2.9 days.

255 Overall, 30-day mortality was 17.8% among all patients with CDI; compared to controls, 30-day
256 mortality from CDI diagnosis was higher in patients of CDI/BSI+ group (38.9 vs 13.1%, $p<0.001$),
257 and in 41 (56.9%) patients of CDI/BSI+ group mortality was attributable to primary BSI. BSI-
258 attributable mortality was 51.1% in patients with bacterial infection, 67.6% in those with *Candida*
259 infection, and 50% in those with mixed infection analysis. Thirty-day mortality in patients with CDI
260 due to ribotype 027 was 71% in patients of CDI/BSI+ group and 26% in patients of CDI/BSI-
261 group.

262 Finally, **Table 4** shows results of the multivariate analysis, and ribotype 027, CDI recurrence,
263 severe CDI infection, and oral vancomycin >500 mg/day resulted risk factors independently
264 associated to the development of BSI after CDI.

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268 **DISCUSSION**

269 Our study is the first describing an association between CDI and nosocomial BSI. The novel
270 message is that a significant percentage of patients with CDI may develop a primary BSI, mostly
271 caused by *Candida* or enteric bacteria, and that mortality associated with this complication is very
272 high, exceeding 50%.

273 From a clinical standpoint, our findings reveal that clinicians should be very diligent in diagnosing
274 and treating a BSI during the first 2-4 weeks after CDI diagnosis, since this complication is
275 associated with an excess of mortality. In a multicenter cohort study CDI mortality was 13% after
276 30 days and 37% after 1 year [26]. We observed a slightly higher mortality in our population
277 (17.8%), probably because we included elderly patients with multiple comorbidities, and with high
278 frequency of CDI recurrence. This finding may be explained by the fact that the hospitals involved
279 in this study provide assistance to patients following transfer from various nursing homes, long-
280 term care facilities and community-hospitals of our region, and probably we analyzed a setting of
281 severely ill and frail patients with multiple risk factors for infection and high frequency of previous
282 antibiotic therapy.

283 We have recently demonstrated that patients with CDI may suffer of subsequent *Candida* BSI [10].
284 The alterations of the intestinal mucosa and resident flora occurring in patients with CDI may
285 predispose to translocation of pathogens from the intestinal lumen to the blood, particularly in
286 patients with severe CDI and/or CDI recurrences, as consequence of two main factors: 1) the severe
287 mucosal damage associated with ribotype 027 *C. difficile* strains, and 2) impairment of the normal
288 intestinal microbiota due to prolonged vancomycin therapy. As a matter of fact, the receipt of high
289 oral vancomycin dosages and ribotype 027 infection were independent risk factors for developing a
290 BSI.

291 Of importance, all cases of primary BSI were caused by enteric pathogens like *Candida*,
292 Enterobacteriaceae, or enterococci. Since patients with other documented foci of infection were
293 excluded, microbial translocation from the gut was the likely source of infection in all cases. Three

294 conditions are usually necessary for hematogenous spread of microorganism residents in the gut:
295 alterations of the normal integrity of the mucosal epithelium, impairment of mucosal immunity
296 (particularly neutrophils, which play a crucial role in clearing gastrointestinal candidiasis), and
297 colonization of gastrointestinal mucosa. Among patients with severe CDI, all the above conditions
298 are frequently co-existing: mucosal damage is sustained by an intense host inflammatory response,
299 particularly in those with 027 ribotype [27-28], and this condition frequently persists despite the
300 administration of appropriate antibiotic therapy [29]. Moreover toxins production exerts mucosal
301 immunity impairment also by modification of neutrophils morphology and function [30]. Moreover,
302 a significant number of patients of the CDI/BSI+ group received immunosuppressive therapies,
303 especially steroids, and this factor can also be involved in an increased susceptibility to invasive
304 infections.

305 CDI may promote colonization by *Candida* and other microorganisms: Raponi et al [31] showed
306 that CDI is significantly associated with *Candida* colonization. Furthermore, Nerandzic and
307 coworkers found high rates of stool colonization by *Candida* spp and/or vancomycin-resistant
308 enterococci after oral vancomycin therapy [12]. Of interest, the majority of our patients with
309 bacterial BSI had a MDR etiology (mostly ESBLs and carbapenemase-producing *K. pneumoniae*),
310 a fact highlighting the role of intestinal tract as a reservoir of MDR organisms in patients with
311 multiple healthcare contacts [32]. On this line, our data confirm the recent experience of Amit et al
312 who found CDI as a predisposing factor for Gram-negative BSI [33].

313 Another crucial point of our study is the association between BSI and ribotype 027 infection.
314 During last years an increasing incidence of 027 ribotype has been reported in our geographic area
315 [34], and there is epidemiological evidence of a recent spread of this organism in our hospital [35].
316 In our study, CDI due to ribotype 027 is associated to an increased risk of BSI during the first 30
317 days after diagnosis and increased 30-day mortality. This finding support the hypothesis that the
318 hypervirulent 027 strains might cause a major damage to integrity of intestinal mucosa, favouring
319 translocation of microbes to the blood. Furthermore, oral vancomycin, especially if higher dosages

320 are used, may also cause delayed intestinal tissue injury, that may act as an additional driver for
321 microbial translocation [36]. Our data suggest to avoid the use of increased oral vancomycin
322 dosages, and confirm previous observations [37].

323 There are four important limitations in our observations: first, the retrospective nature of the study
324 does not allow definitive conclusions and future large trials will be necessary to confirm our data;
325 second, the possible microbial colonization preceding CDI was not assessed in the population; third,
326 it is possible that the association between severe CDI and nosocomial BSI may be detected in an old
327 and frail patient population, as depicted by the present study, but our findings cannot be generalized
328 to all patients with CDI; fourth, the significantly higher use of immunosuppressive therapy in the
329 CDI/BSI+ group may make these patients susceptible to invasive infections. However, despite these
330 limitations, our analyses provide a strong rationale for a possible link between severe CDI and BSI.

331 In conclusion, it is possible to hypothesize an increased risk of BSI in patients with severe or
332 relapsing CDI. The evidence from our study highlights the leading role of 027 strains and higher
333 oral vancomycin dosages in promoting nosocomial BSI. Our findings confirm the need of further
334 and more comprehensive approaches to patients with CDI.

335

336 **ACKNOWLEDGMENTS SECTION**

337 All authors approved the final version of the manuscript.

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339 CONFLICT OF INTEREST: none

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341 Conference on Antimicrobial Agents and Chemotherapy (ICAAC), 17-21 September 2015, San
342 Diego (USA).

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TABLE 1. Etiologies of BSI

Pathogens*	CDI/BSI+ n= 72
Enterobacteriaceae	14 (19.4%)
Enterococcus species	10 (13.9%)
Candida species	34 (47.3%)
- <i>C. albicans</i>	15 (44.1%)
- <i>C. glabrata</i>	9 (26.5%)
- <i>C. tropicalis</i>	5 (14.7%)
- <i>C. parapsilosis</i>	3 (8.9%)
- <i>C. krusei</i>	1 (2.9%)
- <i>C. guilliermondii</i>	1 (2.9%)
Mixed BSI**	14 (19.4%)
- <i>C. albicans</i> + <i>E. faecalis</i>	6 (42.9%)
- <i>E. faecalis</i> + <i>K. pneumoniae</i>	3 (21.5%)
- <i>C. glabrata</i> + <i>K. pneumoniae</i>	2 (14.3%)
- <i>C. tropicalis</i> + <i>K. pneumoniae</i>	1 (7.1%)
- <i>E. faecium</i> + <i>K. pneumoniae</i>	1 (7.1%)
- <i>C. tropicalis</i> + <i>E. faecium</i>	1 (7.1%)

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Legend. BSI: bloodstream infections.

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*Multidrug-resistant pathogens are summarized in: 8 strains of carbapenemase-producing *K. pneumoniae*; 7 strains of vancomycin-resistant enterococci; among ESBL isolates, 6 strains of *K. pneumoniae*, 4 strains of *E. cloacae*, and 1 strain of *E. coli*.

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**Isolation of bacteria plus fungi.

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TABLE 2. Clinical characteristics of patients with CDI/BSI compared to controls

Variable	CDI/BSI+ n= 72	CDI/BSI- n= 321	p
Age years	74.4 ± 4.3	74.1 ± 5	0.8
Male sex	35 (48.6%)	153 (47.6%)	0.8
Presence of at least 2 comorbidities	72 (100%)	295 (91.9%)	0.07
COPD	30 (41.6%)	121 (37.7%)	0.2
Heart failure	27 (37.5%)	101 (31.4%)	0.08
Diabetes mellitus	31 (43%)	124 (38.6%)	0.07
Neoplasm	15 (20.8%)	63 (19.6%)	0.9
Chronic liver disease	7 (9.7%)	37 (11.5%)	0.8
Neurological disease	24 (33.3%)	93 (28.9%)	0.09
Immunosuppressive therapy			
- Steroids	36 (50%)	79 (24.6%)	0.001
- Chemotherapy	5 (6.9%)	16 (5%)	0.3
Chronic renal disease	29 (40.3%)	123 (38.3%)	0.8
IBD	7 (9.7%)	15 (4.7%)	0.05
Severe CDI infection	72 (100%)	150 (46.7%)	<0.001
CDI recurrence	60 (83.3%)	95 (29.6%)	<0.001
Number of recurrence >1	24 (33.3%)	23 (7.1%)	<0.001
Ribotype 027	61 (84.7%)	109 (33.9%)	<0.001
Antibiotic therapy (previous 30 days)	62 (86.1%)	275 (85.7%)	0.1
Mean duration of previous antibiotic therapy (days)	10.3 ± 2.6	10.1 ± 3.1	0.6
Antifungal therapy (previous 30 days)	10 (13.9%)	39 (12.1%)	0.7
Mean duration of previous antifungal therapy (days)	6 ± 1.7	5.4 ± 1.3	0.1
Removable intravascular devices			
- CVC	31 (43%)	123 (40.5%)	0.08
- Pacemaker	9 (12.5%)	38 (11.8%)	0.7
Multifocal <i>Candida</i> colonization	6 (8.3%)	15 (4.6%)	0.03
Abdominal surgery	5 (6.9%)	31 (9.6%)	0.2
TPN	29 (40.3%)	109 (33.9%)	0.08
PPIs therapy	72 (100%)	321 (100%)	1.0
Charlson Comorbidity Index median	3.7 ± 1.5	3.3 ± 1.6	0.1
SOFA score median	3.6 ± 0.8	1.7 ± 0.7	<0.001

Legend. BSI: bloodstream infections; COPD: chronic obstructive pulmonary disease; IBD: inflammatory bowel disease; CVC: central venous catheter; CDI: *Clostridium difficile* infection; MDR: multi-drug resistant; ICU: intensive care unit; TPN: total parental nutrition; PPIs: proton pump inhibitors; SOFA: sequential organ failure assessment.

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374 **TABLE 3.** Initial antibiotic regimen and outcomes of patients with CDI/BSI compared to controls

Variable	CDI/BSI+ n= 72	CDI/BSI- n= 321	P
Oral vancomycin	61 (84.7%)	262 (81.6%)	0.7
Metronidazole	11 (15.3%)	59 (18.4%)	0.4
Escalation to oral vancomycin + metronidazole	25 (34.7%)	95 (29.6%)	0.1
Oral vancomycin > 500 mg/day	51 (70.8%)	100 (31.1%)	<0.001
Transfer to ICU	14 (19.5%)	29 (9%)	0.002
Days of ICU stay	16.9 ± 4.4	9.1 ± 4.9	<0.001
Days of hospital stay	62.2 ± 21.9	29.3 ± 13.2	<0.001
Time at risk for CDI (days)	9.5 ± 1.4	11.1 ± 2.3	0.2
Time at risk for CDI recurrence (days)	20.4 ± 3.3	35.1 ± 6.2	<0.001
Severe sepsis or Septic shock	61 (84.7%)	50 (15.7%)	<0.001
30-day mortality from CDI diagnosis	28 (38.9%)	42 (13.1%)	0.001
Attributable mortality to BSI	41 (56.9%)	-	-
All causes in-hospital mortality	55 (76.3%)	70 (21.8%)	<0.001

375 **Legend.** BSI: bloodstream infections; CDI: *Clostridium difficile* infection; ICU: intensive care unit.
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403 **TABLE 4.** Multivariate analysis of factors associated to primary BSI during CDI.

Variable	P	OR	CI (95%)
Ribotype 027	<0.001	6.5	3.99-9.12
CDI recurrence	<0.001	5.5	3.11-11.23
Severe CDI infection	<0.001	8.3	4.76-14.12
Oral vancomycin > 500 mg/day	<0.001	3.1	1.57-4.67

404 **Legend.** BSI: bloodstream infections; CDI: *Clostridium difficile* infection.
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