

Accepted Manuscript

Anisakis sp. and *Hysterothylacium* sp. larvae in anchovies (*Engraulis encrasicolus*) and chub mackerel (*Scomber colias*) in the Mediterranean Sea: Molecular identification and risk factors

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PII: S0956-7135(17)30246-3

DOI: [10.1016/j.foodcont.2017.05.004](https://doi.org/10.1016/j.foodcont.2017.05.004)

Reference: JFCO 5609

To appear in: *Food Control*

Received Date: 31 March 2017

Revised Date: 4 May 2017

Accepted Date: 5 May 2017

Please cite this article as: Gazzonis A.L., Cavallero S., Zanzani S.A., Olivieri E., Malandra R., Ranghieri V., D'Amelio S. & Manfredi M.T., *Anisakis* sp. and *Hysterothylacium* sp. larvae in anchovies (*Engraulis encrasicolus*) and chub mackerel (*Scomber colias*) in the Mediterranean Sea: Molecular identification and risk factors, *Food Control* (2017), doi: 10.1016/j.foodcont.2017.05.004.

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2 **mackerel (*Scomber colias*) in the Mediterranean Sea: molecular identification and risk**
3 **factors.**

4
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19
20 **Abstract**

21 Larval ascaridoids in fish destined to human consumption represent an important public health
22 issue, besides to be an economical problem. Indeed, marine ascaridoids are the etiological agents of
23 the fish-borne zoonosis anisakidosis. Due to an increase of new cases reported worldwide, a
24 continuous monitoring of infection in fish is mandatory. The study was aimed to evaluate the risk of
25 infection by larval ascaridoids in fishes from Mediterranean Sea. Two species of fishes among those
26 representing a major potential threat for human health were selected. Epidemiological and
27 molecular study was carried out. At Milan Fish Market, Italy, 179 anchovies (*Engraulis*
28 *encrasicolus*) and 84 chub mackerels (*Scomber colias*) caught in different fishing areas in the
29 Mediterranean Sea were sampled and inspected for the presence of larvae. For each fish, larvae
30 were counted and morphologically identified. Predictors of infections were investigated through
31 general linear models. A subsample of 100 larvae was molecularly characterized with PCR–RFLP
32 targeting the nuclear ribosomal internal transcribed spacer (ITS) region. Moreover, 26
33 *Hysterothylacium* spp. larvae were analyzed by sequencing of both nuclear ITS and mitochondrial
34 ribosomal *rrnS* regions.

35 Overall, 1080 anisakids larvae were collected from 103 anchovies (P=57.5%) and 53 chub
36 mackerels (P=63.09%). Larvae were morphologically identified as *Anisakis* Type I larvae
37 (P=6.14% in anchovies and P=55.95% in chub mackerels) and as *Hysterothylacium* spp. (P=54.18%
38 in anchovies and P= 13.09% in chub mackerels). Fishing area and fish weight resulted predictors of
39 both *Anisakis* Type I and *Hysterothylacium* spp. infections in anchovies; in chub mackerels, only
40 fishing areas resulted to be associated to both infections. Molecular analysis on ITS region
41 identified *Anisakis pegreffii*, heterozygote genotype between *A. pegreffii* and *A. simplex* sensu
42 stricto, and *Hysterothylacium aduncum*. Sequences analysis on *Hysterothylacium* specimens
43 revealed a great homogeneity in *rrnS* marker, with eight variable nucleotides and an average
44 evolutionary divergence over all sequence of 0.3%.

45

46

47 Keywords

48 *Anisakis*; *Hysterothylacium*; *Engraulis encrasicolus*; *Scomber colias*; risk of infection

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53 1. Introduction

54 The presence of larval parasitic nematodes in fish or fish products intended for human consumption
55 causes economic and medical problems: alongside with the loss of marketability of fish, larval
56 nematodes belonging to Anisakidae family may cause a fish-borne zoonosis known as anisakidosis,
57 while nematodes of Raphidascarididae family are commonly considered not zoonotic or of
58 negligible concern (Klimpel and Palm, 2011).

59 These nematodes comprise a parasitic group widely distributed at geographical level, with a
60 complex life cycle depending on aquatic ecosystem and various intermediate, paratenic and
61 definitive hosts at different levels in the food-web (Anderson, 1992; Koie, 2001).

62 Humans may become accidental hosts acquiring the infection by consuming raw or lightly cooked
63 fish and cephalopods, paratenic hosts for anisakids, infected with third-stage larvae. Considering the
64 zoonotic potential, the relevant genera of the family Anisakidae are *Anisakis* and *Pseudoterranova*,
65 in particular the *Anisakis simplex* and *Pseudoterranova decipiens* complexes of species, although
66 larvae of *Contracaecum* have been rarely associated with the disease in humans (Hochberg and
67 Hamer, 2010; Shamsi and Butcher, 2011). Larvae of *Hysterothylacium* spp. (Raphidascarididae) are
68 not considered pathogenic for human, although members of this genus may be involved in allergic
69 reactions due the ingestion of infected fish (Valero et al., 2003).

70 In Mediterranean countries, *Anisakis pegreffii* is the main etiological agent of anisakiasis, due to the
71 widespread presence of this species in paratenic and definitive hosts of Mediterranean waters
72 (Mattiucci and D'Amelio, 2014). Among traditional fish dishes considered to be of high risk for
73 human disease, Spanish boquerones and Italian marinated anchovies are mentioned. In recent years,
74 new cases of anisakiasis have been increasingly reported worldwide and it is now considered an
75 emerging disease (Carrera et al., 2016; Mladineo et al., 2016).

76 Anisakidosis is considered an emerging disease in Europe, with an increasing of notified cases also
77 in countries where the disease was sporadically reported, due to the consumption of traditional
78 dishes and to the increasing consumption of exotic food products with raw fish (i.e. sushi, sashimi,
79 etc.). In Italy, particularly, few cases have been reported mainly from the southern regions and
80 associated to the consumption of raw fish (Fumarola et al., 2009; Maggi et al., 2000; Mattiucci et
81 al., 2011; Pampiglione et al., 2002).

82 Therefore, a continuous monitoring of anisakid infections in fish destined to human consumption
83 appears needed, particularly regarding certain species.

84 Panel of experts from the European Food Safety Authority (EFSA) released a scientific opinion on
85 zoosanitary parasite control of fishery products for human consumption. They indicated protection
86 and prevention as priorities and recommended a continuous research in parasites of public health

87 importance in fishery products, regarding prevalence, intensity, anatomical location, as well as
88 geographical and seasonal distribution (EFSA, 2010; Pico-Duran et al., 2016).
89 Following the EFSA guidelines (2010), the study was aimed to evaluate the risk of infection by
90 larval ascaridoids in fishes from Mediterranean Sea. For the present survey, fish originating from
91 different areas of Mediterranean Sea were collected at Milan Fish Market, thus depicting an
92 example of fish consumed in Northern Italy. Among fishes representing a major potential threat for
93 human health, two species were selected: anchovies and chub mackerels. In particular, anchovies
94 are often consumed raw in Italian regions. Further, these are among the most commonly consumed
95 fish in Italy, representing 23% of the national fishery production (data of Ministry of Agricultural
96 Food and Forestry Policies); in some Italian regions anchovies are often prepared cured or
97 marinated and their consumption is assumed as the major cause of anisakiasis in Italy (Mattiucci
98 and D'Amelio, 2014). Chub mackerel is a pelagic-neritic fish and it is recognized as one of the
99 species more at risk of infection by anisakids, being at the top of the trophic chain in Mediterranean
100 Sea (Piras et al., 2014). In the present study, epidemiological study and molecular identification
101 were carried out in order to analyze the risk factors that may influence the infection in fish and infer
102 the human risk for anisakiasis posed by the consumption of the surveyed fishes.

103

104 **2. Material and methods**

105 *2.1 Fish sampling and visual inspection*

106 A total of 179 anchovies (*Engraulis encrasicolus*) and 84 chub mackerels (*Scomber colias*) were
107 sampled at Milan Fish Market, between April and December 2014. Fish originated from Adriatic
108 and Tyrrhenian Seas: specifically, anchovies were caught in Tyrrhenian Sea (FAO zone 37.1.3) and
109 Adriatic Sea (FAO zone 37.2.1, FAO zone 37.2.2), whereas mackerels came from the Adriatic Sea
110 (FAO zone 37.2.2).

111 Each fish was measured, weighted and submitted to inspective analysis for the presence of
112 nematodes larvae. Third stage larvae of nematode ascaridoids were isolated from the visceral
113 surface and body cavity of the fresh fish; larvae encysted in fillets were carefully removed. The
114 visceral organs were separated and then carefully observed with a stereomicroscope. Collected
115 larvae were washed with saline solution and stored in 70% ethanol until further examination. For
116 each specimen and irrespectively of the localization in the fish body, larvae were counted and
117 identified according to their morphological features by a light microscope at 100 or 400×
118 magnification (Hurst, 1984; Petter, 1969).

119

120 *2.2 Statistical analysis*

121 Epidemiological parameters including prevalence, intensity, abundance and the parameter k of the
122 negative binomial distribution were calculated for *Anisakis* spp. and *Hysterothylacium* spp. larvae
123 recorded in both anchovies and chub mackerels (Bush et al., 1997; Wilson et al., 2001). Pearson's
124 chi-square was used to test for the difference between prevalence values for both larval genera.
125 General linear models (GLMs) with binomial negative distribution and logarithmic link were
126 performed separately for anchovies and chub mackerels to investigate on predictors of *Anisakis* and
127 *Hysterothylacium* infections, using the number of larvae as independent variable. For chub
128 mackerels, a second GLM was run to verify the influence of considered variables on the number of
129 *Anisakis* larvae found encysted in the fillet.

130 The following explanatory variables were inserted in each full model: fish body length (continuous
131 variable, measured in centimetres), fish weight (variable, measured in grams), and fishing area; in
132 addition, the interactions between length/weight and fishing area were considered. Final models
133 were developed by backward elimination. Statistical analysis was performed with SPSS 22.0
134 software (IBM, Chicago, IL).

135

136 *2.3 Molecular identification of species*

137 *2.3.1 PCR-RFLP*

138 A selected subsample of 100 third stage larvae of ascaridoids (80 from anchovies and 20 from chub
139 mackerels), randomly selected, were characterized at genetic level using a molecular approach
140 based on PCR-RFLP of the nuclear ribosomal internal transcribed spacer (ITS) region, since it is
141 informative for taxonomic/diagnostic purposes (Abollo et al., 2003; D'Amelio et al., 2000; De
142 Liberato et al., 2013; Pontes et al., 2005). Genomic DNA was isolated from entire larvae using the
143 Wizard Genomic DNA purification kit (Promega, Madison, WI), according to the manufacturer's
144 protocol.

145 The entire ITS region (ITS-1, 5.8S, ITS-2), of around 1000 base pairs, was amplified using 20ng of
146 template DNA, 10 mM Tris-HCl (pH 8.3), 1.5 mM MgCl₂ (Bioline), 40 mM of nucleotide mix
147 (Promega), 50 pmol/ μ l of NC5 primer forward (5-GTAGGTGAACCTGCGGAAGGATCAT-3)
148 and NC2 reverse primer (5-TTAGTTTCTTCCTCCGCT-3) (Zhu et al., 2000), and 1.0 U of
149 BIOTAQ DNA Polymerase (Bioline) in a final volume of 50 μ l. PCR was carried out using the
150 following parameters: 10 min at 95°C, thirty cycles of 30 s at 95°C, 40 s at 52°C and 75 s at 72°C,
151 with a final extension of 7 min at 72°C. A negative control was included in each amplification.
152 Aliquots of individual PCR products were separated by electrophoresis using agarose gels (1%),
153 stained with GelRed (25 μ g/ml) and detected by the use of ultraviolet transillumination. Gel images
154 were captured electronically and analyzed using Bio-Rad's Image Lab software.

155 The two endonucleases *HinfI* and *HhaI* were used to digest positive amplicons in order to identify
156 larval nematodes at species level. Digestions were performed with incubations of three and half
157 hours at 37°C. The fragments obtained were separated by 2% agarose gel electrophoresis,
158 visualized as above and the sizes were determined by comparison with a 100 bp DNA ladder
159 marker (Promega).

160

161 2.3.2 Sequences analyses

162 Twenty-six third stage larvae belonging to *Hysterothylacium* genus were analyzed by sequencing of
163 both nuclear and mitochondrial ribosomal regions ITS and *rrnS*, respectively. The *rrnS*
164 mitochondrial gene were amplified using the primers MH3 (forward: 5'-
165 TTGTTCCAGAATAATCGGCTAGACTT-3') and MH4 (reverse: 5'-
166 TCTACTTTACTACAACCTACTCC-3') (Abollo et al., 2003). The amplification was performed
167 using the same protocol condition mentioned before and the following thermal profile: 10 min at
168 95°C, 35 cycles of 30 sec at 95°C, 30 sec at 55°C and 30 sec at 72°C, and a final elongation step of
169 7 min at 72°C.

170 Positive amplicons of *Hysterothylacium* spp. were purified for sequence analyses using SureClean
171 (Bioline), following the manufacturer's instructions. The pellets were sequenced by MWG Eurofins
172 DNA external service.

173 Nuclear ribosomal sequences ITS belonging to *Hysterothylacium* genus retrieved from Genbank
174 were selected for phylogenetic comparisons to sequences obtained in the present survey. Accession
175 numbers and specimens codes are available in Table 1. *Anisakis simplex* s.l. was selected as
176 outgroup for phylogenetic analysis with ITS (KM273046). Electropherograms were manually
177 checked using Trace implemented in MEGA6 (Tamura et al., 2011), software used also to align
178 mitochondrial sequences obtained for *rrnS* region. Web-PRANK tool (Loytynoja and Goldman,
179 2005) was used to align nuclear ribosomal ITS region and three distinct datasets were generated in
180 order to better decipher polymorphisms: DATASET1 with specimens from the present study and all
181 retrievable *Hysterothylacium* spp GenBank sequences; in the DATASET2 an outgroup was added;
182 DATASET3 included only *Hysterothylacium* previously reported from the Mediterranean basin
183 together with sequences here obtained. Distance-based phylogenetic tree were generated using the
184 Neighbor-Joining method with 1000 bootstrap pseudoreplications to infer node support at branches.
185 Lastly, representative sequences of partial ITS were used to run the BLAST search tool, in order to
186 confirm species identity.

187 Mitochondrial ribosomal marker *rrnS* was investigated at intraspecific level, due to the lack of
188 retrievable sequences from other *Hysterothylacium* species for comparison.

189

190 **3. Results**191 *3.1 Parasitic infection*

192 Anchovies had an average length of 11.4 cm \pm 0.9 standard deviation (SD) and weighted 15.3 gr
193 (\pm 5.1 SD). Chub mackerels' mean size was 20.7 cm (\pm 3.6 SD) and weighted 129.7gr (\pm 84.7 SD).

194 A total of 103 anchovies (57.5%) and 53 chub mackerels (63.09%) resulted infected by third stage
195 larvae of nematode ascaridoids and an overall of 1080 larval nematodes was collected. Larvae were
196 identified as *Anisakis* Type I larvae (15 in anchovies and 697 in chub mackerels) and as
197 *Hysterothylacium* spp. (326 in anchovies and 42 in chub mackerels). *Anisakis* prevalence resulted to
198 be higher in chub mackerels (55.95%) than in anchovies (6.14%) (Pearson's chi-square, *p*-
199 value=0.0001); on the contrary, the prevalence of *Hysterothylacium* sp. was higher in anchovies
200 (54.18%) than in chub mackerels (13.09%) (*p*-value=0.0001). A small number of fish resulted to be
201 infected by both *Anisakis* Type I and *Hysterothylacium* spp. larvae (P=2.79% and P=5.95% in
202 anchovies and mackerels, respectively). In 13 infected chub mackerels caught in Southern Adriatic
203 Sea, *Anisakis* Type I larvae were also found encysted in the fillets. These fish were heavier (mean
204 weight= 283.3 gr) and longer (mean length= 26.5 cm) than the overall of sampled chub mackerels.
205 On the contrary, no anchovies showed migrated larvae in the fillet (Table 2 and 3).

206 Different epidemiological values were registered according to the fishing area: higher prevalence of
207 both *Anisakis* Type I larvae and *Hysterothylacium* spp. infection were registered in anchovies from
208 Adriatic Sea in comparison to Tyrrhenian Sea. Chub mackerels from Southern Adriatic Sea showed
209 higher prevalence by *Anisakis* Type I than fish from Middle Adriatic Sea, whereas higher
210 abundance of *Hysterothylacium* spp. infection was recorded in fish from Middle Adriatic Sea if
211 compared to fish from Southern Adriatic Sea. For both anchovies and mackerels, *k* parameter was
212 calculated, describing a binomial negative distribution of larvae for both *Anisakis* Type I larvae and
213 *Hysterothylacium* spp. (Table 2 and 3). However, the *k* values observed were different according to
214 parasite and host species, with a very low value observed for *Anisakis* Type I from chub mackerel,
215 probably due to the high number of *Anisakis* larvae detected in this host.

216 Data resulting from risk factors analysis obtained in the final models are shown in Table 4
217 (anchovies) and Table 5 (chub mackerels). Concerning anchovies, the fishing area was predictor of
218 infection for both *Anisakis* Type I and *Hysterothylacium* sp. Fish from Adriatic Sea resulted to be
219 more at risk of infections than those from Tyrrhenian Sea. The risk of both *Anisakis* Type I and
220 *Hysterothylacium* sp. infections increased with fish weight.

221 As regards chub mackerels, only the variable "fishing area" was retained in the final model; it is
222 interesting to notice that fish caught in Southern Adriatic Sea resulted to be at higher risk of

223 *Anisakis* Type I infection and at lower risk of *Hysterothylacium* spp. infection in comparison to
224 those caught in Middle Adriatic Sea. The model run only on data concerning *Anisakis* larvae in the
225 fillet, confirmed that the risk of infection was associated to the increase of fish weight.

226

227 3.2 Molecular identification of species

228 3.2.1 PCR-RFLP

229 PCR amplification of the ITS in *Anisakis* spp. produced a fragment of about 960 bp while in the
230 raphidascaridid *Hysterothylacium* sp. produced a fragment of about 1100bp. Among the 100
231 specimens processed, 55 gave successful amplification. Amplicons were subsequently submitted to
232 RFLP and three taxonomic units were identified: *Anisakis pegreffii* (17 specimens from eight
233 anchovies and nine specimens from nine chub mackerels), hybrid genotype between *A. pegreffii* and
234 *A. simplex* sensu stricto (two specimens from two anchovies and one specimen from a chub
235 mackerel), and *Hysterothylacium aduncum* (22 specimens from 18 anchovies and four specimens
236 from two chub mackerels).

237

238 3.2.2 *Hysterothylacium* spp. sequences analyses

239 About the 26 specimens sequenced for ITS, nine isolates gave usable results for comparisons.
240 Lengths of sequences alignments used in the datasets were 528bp for DATASET1, 1625bp for
241 DATASET2 and 780bp for DATASET3. Alignments are available as supplementary material (S1,
242 S2, S3). Samples here analyzed showed a low level of polymorphism, with only one variable site of
243 an isolates showing heterozygote residue Y (C/T) in comparison to the other isolates all showing T.
244 The representative partial ITS sequence was compared to GenBank using BLAST showing 99%
245 coverage and 100% of identity with several *H. aduncum* sequences (KP670310, KU306720,
246 KT852549, KP979763, KR349114, KM272443).

247 The NJ tree obtained describes a well supported cluster (100% bootstrap value) including all
248 sequences here analyzed, *H. aduncum* and *H. auctum*; and *H. fabri* as sister branch (Figure 1). *H.*
249 *auctum* and *H. aduncum* sequences cluster together in the same very well supported node (95) while
250 the differentiation between these two species is still under debate.

251 PCR amplification of the *rrnS* produced a fragment of about 550 bp; 16 on 26 specimens analyzed
252 gave usable electropherograms, and entire alignment of 450bp and partial dataset of 252bp are
253 available as supplementary material (S4). Representative *rrnS* haplotypes were deposited in
254 GenBank under the following accession numbers: MF000685 to MF000691. The sequences
255 analysis indicated homogeneity also in this mitochondrial marker, revealing the presence of eight
256 variable nucleotides and an average evolutionary divergence over all sequence pairs of 0.3%.

257

258 **4. Discussion**

259 The results of the present survey confirmed the presence of anisakids in both fish species, with
260 differences associated to the biology of the species and to the fishing area.

261 Particularly, in anchovies a prevalence of *Anisakis* type I of 6.14% was recorded, with low values of
262 abundance (0.08) and intensity (1.36).

263 Previously published data on *Anisakis* spp. in anchovies from Mediterranean Sea reported
264 prevalence values varying considerably among different fishing areas. Cavallero et al. (2015) found
265 0.5% of infected anchovies in Northern Adriatic Sea, similarly to values reported on *Anisakis*
266 infection of 1% in Tyrrhenian Sea (De Liberato et al., 2013). In other fishing areas, on the contrary,
267 higher prevalence values were recorded: 65% of infected anchovies, with a mean intensity of 2.8 in
268 body cavity and 2 in muscle, were reported in Sardinia (Piras et al., 2014), and a prevalence of
269 81.7% was found in anchovies caught in Northern Adriatic, with high values of abundance and
270 intensity (6.89 and 8.44, respectively) (Mladineo and Poljak, 2014). More recently, Casti et al.
271 (2017) reported a prevalence of 25.9% in anchovies from the Gulf of Asinara, in Sardinia.

272 Differences in epidemiological parameters reported in literature could be attributed to different
273 variables including different fishing areas or differences in fishing seasons and, as a consequence,
274 differences in fish body size. Indeed, in the present study, the increasing of fish body size expressed
275 as weight, resulted to be associated to the infection, as previously described (Mladineo and Poljak,
276 2014; Mladineo et al., 2012; Rello et al., 2009). Besides to differences in sampled population,
277 different techniques used for larvae detection could also affect sensitivity, especially in the case of a
278 low burden of infection.

279 Low prevalence values and especially the low burden of infection in terms of intensity and
280 abundance may result in an underestimation of the infection. Indeed, during sanitary controls fish
281 are randomly selected for inspection and fish infected by one or few larvae may be unnoticed.

282 In comparison to anchovies, chub mackerels showed a higher prevalence of *Anisakis* Type I (55%),
283 as previously reported by Abattouy et al. (2011), that found 57% of infected chub mackerels caught
284 in Mediterranean coast of Morocco. The prevalence values observed are lower than those reported
285 by Piras et al. (2014), ranging from 96% to 100%. However, the average size of fish here analyzed
286 is smaller with respect to those of the above studies. Although our data on weight or body length
287 did not show a significant association to the infection, in chub mackerels the body size expressed as
288 body length or weight demonstrated to be a risk factor associated to the *Anisakis* infection
289 (Abattouy et al., 2011). Fish body weight resulted only to be associated to the presence of *Anisakis*
290 larvae recorded in the fillet. Indeed, 15.5% of chub mackerels hosting *Anisakis* Type I larvae in

291 fillets had a higher average size in comparison to fish in which larvae were only found in coelomic
292 cavity. In terms of weight and length, chub mackerels with larvae encysted in fillets were similar to
293 fish sampled by Piras et al. (2014) that found 20.7% of chub mackerels with larvae in muscle. On
294 the contrary, in anchovies, larvae were only found in body cavity, as previously reported for this
295 species (Cavallero et al., 2015).

296 Further, the origin of chub mackerels resulted to be statistically associated to *Anisakis* Type I larvae
297 infection, with fish caught in Southern Adriatic showing the highest prevalence, abundance and
298 intensity (P=66.04%, A=12.45, I=18.86) when compared to fish caught in middle Adriatic
299 (P=38.71%, A=1.19, I=3.08).

300 In the present survey, another parasitic nematode was found, with different patterns of infection in
301 the investigated host species.

302 Although not considered pathogenic for humans, the presence of *Hysterothylacium* spp. larvae may
303 cause depreciation of fish because of to the aesthetic problem, causing repulse from consumers
304 (Abollo et al., 2001); a high overall prevalence (54.18%) was registered in anchovies, with a peak in
305 fish caught in Adriatic Sea where prevalence values reaches 83.3%. Cavallero et al. (2015) reported
306 in Northern Adriatic Sea a lower prevalence of *Hysterothylacium* spp. in anchovies (27%),
307 combined with lower abundance and intensity values. Considering Tyrrhenian Sea, a lower
308 prevalence (23.72%) was registered if compared to Adriatic Sea; however, the values here reported
309 resulted higher when compared to previous data 0.7% from the same locality (De Liberato et al.,
310 2013).

311 In chub mackerels, prevalence values of *Hysterothylacium* spp. infection resulted lower than in
312 anchovies, with 13.01% of infected fish, with low values of abundance and intensity. Similar results
313 were already reported (Madrid et al., 2016), recording a prevalence of *Hysterothylacium* sp. of 4.8%
314 with an abundance value of 0.1 in mackerels (*Scomber scombrus*) caught in Mediterranean Sea.

315 It is worth noting that the fishing area of both anchovies and chub mackerels resulted associated to
316 fish infection also in the case of *Hysterothylacium* sp.; however, differently from *Anisakis* that
317 showed the highest burden of infection in Southern Adriatic Sea, the highest prevalence of
318 *Hysterothylacium* sp. infection was registered in Northern and Middle Adriatic Sea.

319 In the present survey, different patterns of *Anisakis* and *Hysterothylacium* spp. infections were
320 therefore registered in anchovies and chub mackerels, stating the importance of monitoring of fish
321 species potentially representing a hazard for public health.

322 Furthermore, molecular analysis allowed the identification of *Anisakis* larvae at species level. PCR-
323 RFLP identified *Anisakis* type I larvae as *A. pegreffii* and the hybrid genotype between *A. pegreffii*
324 and *A. simplex* sensu stricto, both recorded in anchovies and chub mackerels. *A. pegreffii* was

325 demonstrated as a species able to cause human anisakiasis (Mattiucci et al., 2013), and even hybrids
326 genotype between the *Anisakis simplex* sensu stricto and *A. pegreffii* have been recently discussed
327 in terms of pathogenic potential in comparison to parental species (Arcos et al., 2014; del Carmen
328 Romero et al., 2013).

329 Concerning *Hysterothylacium* spp., the sequencing of ITS region revealed homology with
330 sequences belonging to *H. aduncum* species. Phylogenetic reconstruction showed similarity among
331 the specimens analyzed with retrieved sequences of *H. aduncum* and *H. auctum*. The presence of *H.*
332 *aduncum* in the same cluster indicated that further investigations using additional genomic regions
333 should be performed to solve evolutionary branching pattern. Identity of the Baltic species *H.*
334 *auctum* is not well resolved in the tree and it is still under debate. Moreover, sequences from
335 congeneric species as *H. incurvum* and *H. corrugatum* and species previously reported in the same
336 area as *H. petteri* (Mattiucci et al., 2014) were not available in Genbank and further investigations
337 are needed in order to better understand the phylogenetic relationships and species boundaries
338 among *Hysterothylacium* spp. Finally, analysis on *rrnS* mitochondrial marker were performed for
339 the first time on this species adding information on its genetic background and on molecular
340 markers potentially used for diagnostic purposes, due to the high homology revealed among
341 specimens within species, with an average evolutionary divergence over all sequence pairs of 0.3%.

342

343 **Conclusions**

344 The spread of *Anisakis* larval infection was confirmed in fishes destined to human consumption: the
345 chub mackerel resulted strongly infected and hosting zoonotic species. On the contrary, a lower risk
346 of *Anisakis* infection was registered in anchovies, with no larvae found in the fillets and with
347 differences also associated to fishing areas. Nevertheless, the frequent consumption of raw,
348 marinated anchovies highlights that the risk for humans should not be underestimated, supporting
349 the need of continuous survey on such fish species, combining morphologic and molecular analysis.
350 However, a comprehensive analysis of risk factors of human anisakiasis associated to the
351 occurrence of anisakid nematodes in fish species should be integrated by systematic data on larval
352 migration to fillets, preservation methods as well as studies on the trend of spreading habits of raw
353 fish consumption.

354

355 **Acknowledgments**

356 The authors would like to thank Carlo Taccari for graphical support.

357

358 **Funding**

359 This research did not receive any specific grant from funding agencies in the public, commercial, or
360 not-for-profit sectors.

361

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512

513 **Figure 1.** NJ tree inferred from ITS sequences analyzed in the present paper (indicated as “ALG”)
514 together with retrieved GenBank sequences from related *Hysterothylacium* species and one
515 outgroup (DATASET2). Bootstrap support is indicated at nodes.

516

517

518 **Supplementary material**

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519 Table 1 - Data about *Hysterothylacium* spp. nuclear ribosomal ITS sequences retrieved from
 520 GenBank and used for comparative purposes. Parasitic species, Genbank accession number,
 521 geographical origin of sample, host species and references are available.

<i>Nematode species</i>	Genbank accession number	Geographical origin of sample	Host species	Reference
<i>H. liparis</i>	KF601900	China	<i>Liparis tanakae</i>	(Guo et al., 2014)
<i>H. zhoushanensis</i>	JX028282	East China Sea	<i>Pseudorhombus oligodon</i>	(Li et al., 2012)
<i>H. auctum</i>	AF115571	South Baltic Sea	<i>Zoarces viviparus</i>	(Szostakowska et al., 2001)
<i>H. aduncum</i>	JX845137	Denmark: North Sea	Salmonids	(Haarder et al., 2013)
<i>H. aduncum</i>	KP670310	Adriatic sea	<i>Engraulis encrasicolus</i>	(Cavallero et al., 2015)
<i>H. tetrapteri</i>	KF601901	“chinese waters”	“marine fishes”	Li et al., unpublished
<i>H. fabri</i>	KC852206	Egypt	<i>Zeus faber</i>	(Pekmezci et al., 2014)
<i>H. thalassini</i>	JX982129	China	<i>Priacanthus macracanthus</i>	(Liu et al., 2013)
<i>H. deardorffoverstreetorum</i>	JF730204	Brazil	<i>Paralichthys isosceles</i>	(Knoff et al., 2012)
<i>H. bidentatum</i>	AY603539	-	-	Kijewska et al., unpublished
<i>H. longilabrum</i>	JQ520159	South China Sea	marine fishes	(Li et al., 2012)
<i>H. rigidum</i>	HF680324	Ireland: Porcupine Bank	<i>Lophius piscatorius</i>	Canas et al., unpublished
<i>Anisakis simplex</i> (outgroup)	KM273046	Baltic Sea	<i>Gadus morhua</i>	(Mehrdana et al., 2014)

522

523

524 Table 2 - Parameters of parasitization by *Anisakis* type I and *Hysterothylacium* spp. in anchovies from different fishing areas: number of infected
 525 hosts, number of larvae recovered, epizootiological parameters (prevalence, mean intensity, mean abundance, k index of aggregation).

Fishing area	overall		North Tyrrhenian Sea		Northern Adriatic Sea		Southern Adriatic Sea	
Examined fishes								
Weight: mean (SD)	15.27 (5.14)		18.71 (7.33)		14.29 (2.15)		12.88 (1.89)	
Length: mean (SD)	11.41 (0.96)		11.9 (1.33)		11.35 (0.59)		11 (0.53)	
N	179		59		60		60	
Parasite	<i>Anisakis</i> type I							
	overall		North Tyrrhenian Sea		Northern Adriatic Sea		Southern Adriatic Sea	
	overall	incisted	overall	incisted	overall	incisted	overall	incisted
Infected fishes								
Weight: mean (SD)	17.03 (5.09)		27.1 (2.26)		14.45 (0.36)		15.08 (1.16)	
Length: mean (SD)	11.83 (0.82)		13.3 (0.42)		11.47 (0.29)		11.54 (0.52)	
N	11		2		4		5	
N larvae	15		3		4		8	
Prevalence (95% CI)	6.14 (3.47-10.67)		3.38 (0.93-11.54)		6.67 (2.62-15.93)		8.33 (3.61-18.06)	
Mean Intensity (SD) (Range)	1.36 (0.674) (1-3)		1.5 (0.707) (1-2)		1 (0) (1-1)		1.6 (0.894) (1-3)	
Mean Abundance (SD)	0.08 (0.365)		0.05 (0.289)		0.07 (0.252)		0.13 (0.503)	
k parameter	0.56		-		-		-	
Parasite	<i>Hysterothylacium</i> spp.							
	overall		North Tyrrhenian Sea		Northern Adriatic Sea		Southern Adriatic Sea	
	overall	incisted	overall	incisted	overall	incisted	overall	incisted
Infected fishes								
Weight: mean (SD)	14.52 (3.37)		17.35 (6.75)		14.56 (2.2)		13.25 (1.72)	
Length: mean (SD)	11.34 (0.71)		11.64 (1.22)		11.44 (0.6)		11.08 (0.48)	
N	97		14		50		33	
N larvae	326		16		199		111	
Prevalence (95% CI)	54.18 (46.88-61.32)		23.72 (14.7-35.98)		83.33 (71.96-90.68)		55 (42.49-66.91)	
Mean Intensity (SD) (Range)	3.36 (3.345) (1-20)		1.14 (0.363) (1-2)		3.98 (3.711) (1-20)		3.36 (3.111) (1-11)	
Mean Abundance (SD)	1.82 (2.976)		0.27 (0.52)		3.32 (3.698)		1.85 (2.845)	
k parameter	0.044		-		-		-	

526 Table 3 - Parameters of parasitization by *Anisakis* type I and *Hysterothylacium* spp. in chub mackerels from different fishing areas: number of
 527 infected hosts, number of larvae recovered, epizootiological parameters (prevalence, mean intensity, mean abundance, k index).

	overall		Middle Adriatic Sea		Southern Adriatic Sea	
Examined fishes						
Weight: mean (SD)	129.68 (84.75)		81.41 (44.94)		157.91 (89.99)	
Length: mean (SD)	20 (3.58)		18.38 (2.34)		22.04 (3.5)	
N	84		31		53	
Parasite	<i>Anisakis</i> type I					
	overall		Middle Adriatic Sea		Southern Adriatic Sea	
	overall	encysted	overall	encysted	overall	encysted
Infected fishes						
Weight: mean (SD)	162.68 (96.23)	283.35 (82.37)	108.69 (62.45)	-	181.2 (99.43)	283.35 (82.37)
Length: mean (SD)	22.21 (3.64)	26.56 (1.95)	20.01 (2.82)	-	22.97 (3.62)	26.56 (1.95)
N	47	13	31	0	35	13
N larvae	697	166	37	0	660	166
Prevalence (95% CI)	55.95 (45.3-66.07)	15.48 (9.28-24.7)	38.71 (23.73-56.18)	0 (0-11.03)	66.04 (52.6-77.31)	24.53 (14.93-37.57)
Mean Intensity (SD)	14.83 (24.279)	12.76 (8.86)	3.08 (2.193)	-	18.86 (27.028)	12.76 (8.86)
(Range)	(1-111)	(2-35)	(1-8)	-	(1-111)	(2-35)
Mean Abundance (SD)	8.3±19.533	1.98±5.739	1.19±2.024	-	12.45±23.642	1.97±5.73
k parameter	0.0004	-	-	-	-	-
Parasite	<i>Hysterothylacium</i> spp.					
	overall		Middle Adriatic Sea		Southern Adriatic Sea	
	overall	encysted	overall	encysted	overall	encysted
Infected fishes						
Weight: mean (SD)	101.55 (69.04)	-	105.12 (76.67)	-	85.5 (2.96)	-
Length: mean (SD)	19.34 (3.34)	-	19.64 (3.66)	-	18± (0.42)	-
N	11	0	9	0	2	0
N larvae	42		39		3	
Prevalence (95% CI)	13.09 (7.48-21.95)	0 (0-4.37)	29.03 (16.09-46.59)	0 (0-11.03)	3.77 (1.04-12.75)	0 (0-6.76)
Mean Intensity (SD)	3.82 (4.956)	-	4.33 (5.385)	-	1.5 (0.707)	-
(Range)	(1-18)	-	(1-18)	-	(1-2)	-
Mean Abundance (SD)	0.5 (2.154)	-	1.26 (3.425)	-	0.06 (0.305)	-
k parameter	0.111	-	-	-	-	-

528 Table 4 - Risk factors analysis for *Anisakis* Type I and *Hysterothylacium* spp. infections in
 529 anchovies according to multivariate analysis. Prevalence (P%), coefficients (β), standard error (S.E.)
 530 of the coefficients, test statistic (the Wald statistic), degrees of freedom (d.f.), the odds ratio (OR) of
 531 an event occurring with 95% confidence interval (CI), and are given for each variable.

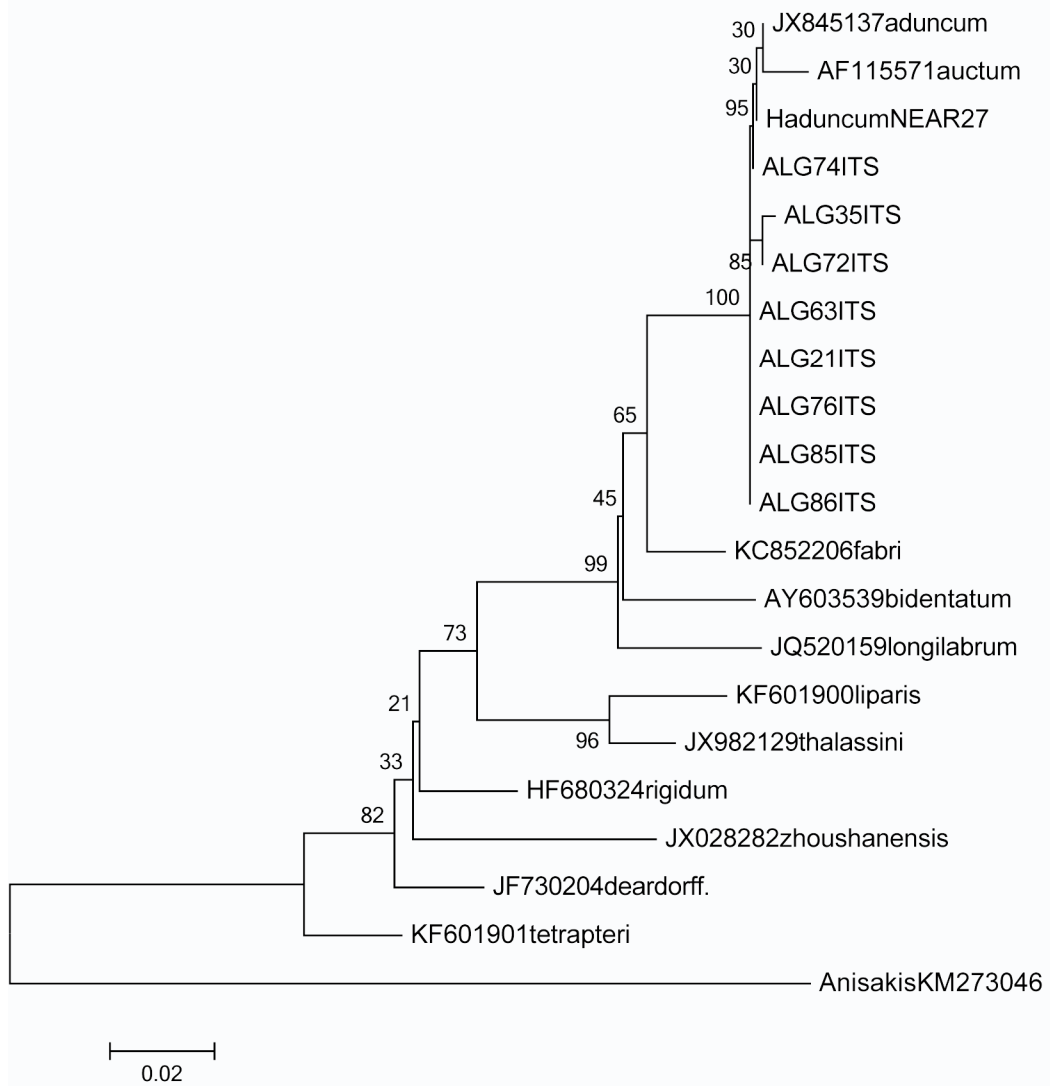
Parasite	Variable	P%	$\beta \pm \text{S.E.}$	Wald statistic	d.f.	OR (95% CI)	p-value
<i>Anisakis</i>	Intercept		-11.414 \pm 3.527				0.0001
	Fishing area			7.189	2		0.027
	Northern Tyrrhenian Sea (reference)	3.38	0			1	
	Northern Adriatic Sea	6.67	3.579 \pm 1.698	4.442		35.834 (1.285-999.175)	0.035
	Southern Adriatic Sea	8.33	4.719 \pm 1.8341	6.619		112.034 (3.077-4079.146)	0.01
	Fish weight		0.342 \pm 0.1266	7.301	1	1.408 (1.099-1.805)	0.007
<i>Hysterothylacium</i>	Intercept		-2.619 \pm 0.6997	14.009			0.0001
	Fishing area			59.741	2		0.0001
	Northern Tyrrhenian Sea (reference)	23.72	0			1	
	Northern Adriatic Sea	83.33	2.785 \pm 0.3624	59.059		16.197 (7.961-32.952)	0.0001
	Southern Adriatic Sea	55	2.311 \pm 0.3921	34.735		10.086 (4.677-21.753)	0.0001
	Fish weight		0.068 \pm 0.0315	4.684	1	1.071 (1.006-1.1389)	0.03

532
533

534 Table 5 - Risk factors analysis for *Anisakis* Type I and *Hysterothylacium* spp. infections in chub
 535 mackerels according to multivariate analysis. Prevalence (P%), coefficients (β), standard error (S.E.)
 536 of the coefficients, test statistic (the Wald statistic), degrees of freedom (d.f.), the odds ratio (OR) of
 537 an event occurring with 95% confidence interval (CI), and are given for each variable.

Parasite	Category	P%	$\beta \pm S.E.$	Wald statistic	d.f.	OR (95% CI)	P-value
<i>Anisakis</i>	Intercept		2.522 \pm 0.1428				0.0001
	Fishing area			69.025	1		0.0001
	Middle Adriatic Sea	38.71	-2.345 \pm 0.2823	69.025		0.096 (0.055-0.167)	0.0001
	Southern Adriatic Sea (reference)	66.04	0			1	
<i>Anisakis</i> (incised)	Intercept		-3.828 \pm 0.5035				0.0001
	Fish weight		0.021 \pm 0.0024	76.086	1	1.021 (1.016-1.026)	0.0001
<i>Hysterothylacium</i>	Intercept		-2.872 \pm 0.5935				0.0001
	Fishing area			23.452	1		0.0001
	Middle Adriatic Sea	29.03	3.101 \pm 0.6404	23.452		22.226 (6.335-77.976)	0.0001
	Southern Adriatic Sea (reference)	3.77	0			1	

538



Highlights

Larval ascaridoids in anchovies and chub mackerels from Mediterranean Sea were investigated

Anisakis Type I and *Hysterothylacium* spp. were identified in both fish

Molecular analysis identified *A. pegreffii*, hybrid genotype (*A. pegreffii*/*A. simplex* s. s.) and *H. aduncum*

Novel information on *rrnS* mitochondrial gene of *H. aduncum* was achieved

Both fishes represented a sanitary risk for consumers.