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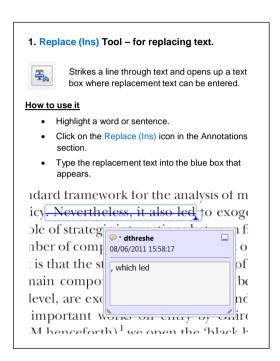


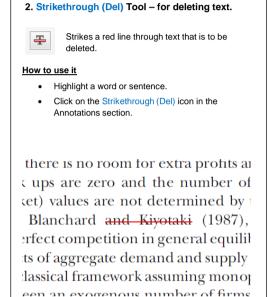
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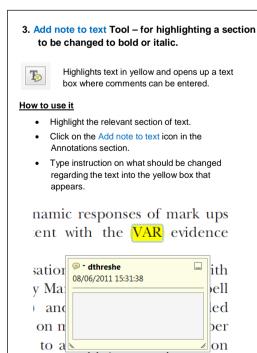


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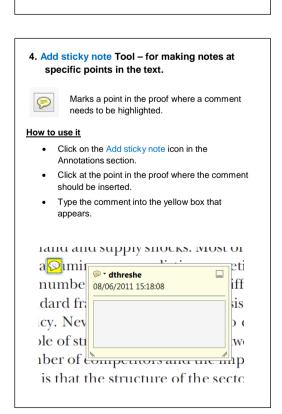








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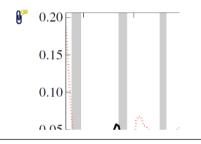


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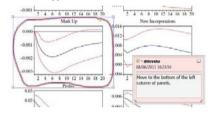
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Effect of different drug classes on reverse remodeling of intramural coronary arterioles in the spontaneously hypertensive rat

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Abstract

Background: Symptoms and signs of myocardial ischemia in the absence of obstructive coronary disease are common in hypertensive patients. This can be explained by CMD due to adverse remodeling of coronary arterioles which have also been reported in the SHR.

Objective: The aim of this study was to compare the effects of ramipril, perindopril, candesartan, atenolol, amlodipine, indapamide, and HMR1766 on CMD in the SHR.

Methods: Eight groups of 24-week-old SHR were treated for 8 weeks. BP was measured invasively at the end of the treatment. After sacrifice, hearts were mounted on a Langendorff apparatus for the measurement of hyperemic CF. Hearts were then processed for histomorphometric analysis.

Results: All compounds, except HMR1766, induced a significant reduction in BP. Perindopril and candesartan increased hyperemic CF, whereas the other compounds had no significant effect. Perindopril, ramipril, atenolol, indapamide, and HMR1766 induced significant reverse arteriolar remodeling, whereas candesartan and amlodipine did not. **Conclusions:** The effect of antihypertensive treatment on CMD is not only dependent on BP reduction. Compounds with comparable antihypertensive efficacy may exert different effects on CF and induce different degrees of reverse arteriolar remodeling.

KEYWORDS

antihypertensive drugs, coronary blood flow, coronary microcirculation, hypertension, SHR, vascular remodeling

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1 | INTRODUCTION

Arterial hypertension is an established major risk factor for IHD.¹⁻⁵ Patients with hypertension often complain of anginal symptoms and display electrocardiographic changes suggestive of myocardial ischemia. Accordingly, studies in hypertensive patients with or without

LVH have CFR that is often reduced even in the absence of obstructive CAD at angiography. 6,7

The latter findings can be explained, at least in part, by functional and structural abnormalities at the level of the microcirculation that are believed to be the substrate of CMD.⁶ CMD can result from functional mechanisms, including impaired dilatation or increased constriction of coronary resistance vessels, as well as from adverse remodeling of intramural coronary arterioles consisting of smooth

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muscle hypertrophy, variable degrees of intimal thickening and increased collagen deposition in the tunica media and the perivascular environment. Similar arteriolar changes have been demonstrated in the SHR, indicating that this is a good animal model for studying CMD and vascular remodeling. Previous work from our laboratory has demonstrated an inverse linear relation between arteriolar medial area and hyperemic coronary flow in the SHR.

ACE inhibitors have been shown to partially reverse coronary small artery and arteriolar remodeling in hypertensive patients 13,14 and also in the SHR. $^{15-19}$ Recent work from our group has expanded these results by showing that ACE inhibitors can reverse CMD and CF both in patients and the SHR. 12

The aim of this study was to assess the effect on coronary microvascular remodeling and hyperemic CF in the SHR model of the most commonly used drugs for the treatment of hypertension comprehending ACE inhibitors ramipril and perindopril, angiotensin receptor blocker candesartan, beta-blocker atenolol, sulfonamide diuretic indapamide, and dihydropyridine calcium channel blocker amlodipine, and a novel experimental sGC activator (HMR-1766).

2 | MATERIALS AND METHODS

Adult male SHR (350–400 g body weight) and WKY rats were obtained from Charles River Laboratories (Calco, IT). Animals were housed under controlled temperature (22°C) and lighting (12/12-hour light/dark cycle) with free access to food and water. All experiments were performed according to the institutional guidelines which comply with National Institutes of Health (NIH) Guide for the Care and Use of Laboratory Animals. After a stabilization period of 7 days, SHRs were randomly assigned to the following groups: placebo (n=13), ramipril (n=11, 10 mg/kg/day, Service and Laboratory Animals. After a stabilization period of 7 days, SHRs were randomly assigned to the following groups: placebo (n=13), day, Service and Laboratory Animals. After a stabilization period of 7 days, SHRs were randomly assigned to the following groups: placebo (n=13), day, Service and Laboratory Animals. After a stabilization period of 7 days, SHRs were randomly assigned to the following groups: placebo (n=13), day, Service and Laboratory Animals. After a stabilization period of 7 days, SHRs were randomly assigned to the following groups: placebo (n=13), day, Service and Laboratory Animals. After a stabilization period of 7 days, SHRs were randomly assigned to the following groups: placebo (n=13), day, Service and Laboratory Animals. After a stabilization period of 7 days, SHRs were randomly assigned to the following groups: placebo (n=13), day, Service and Laboratory Animals. After a stabilization period of 7 days, SHRs were randomly assigned to the following groups: placebo (n=13), day, Service and Laboratory Animals. After a stabilization period of 7 days, SHRs were randomly assigned to the following groups: placebo (n=13), days, SHRs were randomly assigned to the following groups: placebo (n=13), days, SHRs were randomly assigned to the following groups: placebo (n=13), days, SHRs were randomly assigned to the following groups: placebo (n=13), days, SHRs were randomly assigned to the following groups: placebo (n=13), days, service and Lab

2.1 | Systolic blood pressure measurement

At the end of the treatment animals were terminally anesthetized (inhaled isoflurane 3% in O_2) and placed on a heating pad to maintain the body temperature at 37°C. SBP was similarly measured in all groups by canulating the carotid artery with a Millar MIKRO-TIP catheter (SPR-320, 2F) connected to an amplifier and Powerlab system (AD Instruments).

2.2 | Assessment of coronary flow and resistance

For ex vivo assessment of CF and resistance, Langendorff perfusion of the heart was performed as described previously. ¹⁰ Briefly.

after completion of SBP measurement, hearts from heparinized animals (1000 U/kg, i.p.) were rapidly excised and placed in icecold buffer. Retrograde perfusion of the coronary arteries was established through a cannula inserted into the aortic root while the heart was allowed to beat spontaneously. The perfusate consisted of modified Krebs-Henseleit buffer (mmol/L: 118 NaCl, 4.7 KCl, 1.66 MgSO₄, 25 NaHCO₃, 1.8 CaCl₂, 1.18 KH₂PO₄, and 5.5 glucose; pH 7.4) equilibrated with a 5% CO₂-95% O₂ gas mixture and warmed (37°C) in a nonrecirculating system. Hearts were perfused at a constant pressure of 100 mm Hg, monitored via an integrated force transducer connected to an amplifier and Powerlab system (AD Instruments, UK). CF was continuously monitored and recorded using a Doppler Flow Probe (Transonic Systems Inc., USA) connected to a Powerlab amplifier. After an equilibra-8 tion period of 30 minutes, hearts were exposed to two minutes of global ischemia followed by reperfusion and reactive peak hyperemic CF was measured.

2.3 | Histology and histomorphometrical analysis

Following Langendorff perfusion, hearts were weighed and prepared for histological and histomorphometrical analyses by cutting them into three to four short-axis sections and fixating the two mid-sections in 10% neutral buffered formalin solution (Sigma Aldrich). After fixation, sections were processed for paraffin embedding and multiple 4-µm thick sections from each block were deparaffinized, rehydrated, and stained with hematoxylin-eosin for microscopic evaluation of vessel morphology. Stained slides were evaluated under light microscopy by a dedicated pathologist and high-resolution images of all cross-section intramural arterioles (vessel diameter ≤ 200 µm) were acquired at 20× magnification. Images were analyzed using ImageJ 1.48v software (National Institute of Health, Bethesda, MD).²⁸ LA and total VA were directly measured and the following parameters were derived: medial area (VA-LA), lumen area to vessel area ratio (LA/VA), lumen diameter $\sqrt{(LA/3.14)}$ $\times 2$ and vessel diameter $[\sqrt{(V/3.14)}] \times 2$.

For the evaluation of fibrosis, picrosirius red-stained sections were prepared according to the manufacturer's instructions (Bio Optica Spa Milano, Italy). The presence, type, and extent of fibrosis were determined via collagen fraction staining and thresholding automated analysis using ImageJ. To assess interstitial fibrosis, 10 images from each rat were acquired at 10× magnification and measured avoiding areas of scarring. Perivascular fibrosis was measured as a percent of the vessel area with automated thresholding for collagen staining in five vessels acquired at 40× magnifications from each animal.

2.4 | Statistical analysis

All data are expressed as mean±SEM. Statistical analyses were performed using one-way analysis of variance (ANOVA) with Dunnett's post hoc test. A P<.05 was considered statistically significant.

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RESULTS 3 Differences between SHR and WKY

SHR treated with placebo had higher SBP (Fig. 1D, SHR placebo: 214.7±4.4 vs WKY: 126.2±2.3 mm Hg; P<.001) and reduced hyperemic CF (Fig. 2, SHR placebo: 11.9±0.6 vs WKY: 20.2±1.91 mL/min/g; P<.001) compared to WKY rats.

SBP values in the SHR placebo rats were comparable to those reported in a previous study from our group, which studied animals with similar age and applied the same protocol for BP measurement. 12 Furthermore, heart weight to body weight ratio (SHR placebo: 4.95±0.10 vs WKY: 3.53±0.07; P<.001; Fig. 1C) and arteriolar medial area (SHR placebo: 5333 ± 271.9 vs WKY: 1800.0 ± 169.3 μm^2 ; P<.001; Fig. 3A) were significantly higher in SHR than in WKY.

At variance with all other treatments that had no effect, only indapamide induced a significant reduction in body weight compared to SHR placebo (332±24 vs 380±3.7, respectively, P<.001; Fig. 1A). We also noted a significant decrease in HW (Fig. 1B) and HW/BW ratio (Fig. 1C) that was observed after treatment with ramipril, perindopril, candesartan, and atenolol. At the doses used, all compounds, except HMR1766, induced a significant reduction in SBP compared to SHR placebo group (Fig. 1D). Hyperemic CF increased significantly in SHR treated with perindopril and candesartan (Fig. 2).

Arteriolar remodeling and interstitial and perivascular fibrosis

As shown in Fig. 3A, all compounds used, except candesartan and amlodipine, induced a significant reduction in medial area. A very significant increase in the lumen to vessel area ratio was observed with perindopril and to a lesser extent with atenolol and indapamide (Fig. 3B). Lumen diameter did not show any significant change among treatment groups, while whole vessel diameter showed a significant reduction in all treatment groups except for amlodipine (Fig. 3C and D).

Furthermore, a comparison of interstitial fibrosis between SHR placebo and other animal groups is shown in Fig. 4. Compared to SHR placebo, a reduction in interstitial fibrosis was observed with all treatment groups except for indapamide and amlodipine.

As shown in the Fig. 5, atenolol was the only treatment without a significant reduction in perivascular fibrosis, while the groups treated with candesartan, indapamide, and amlodipine reduced this parameter,

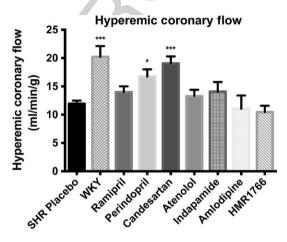
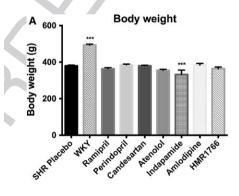
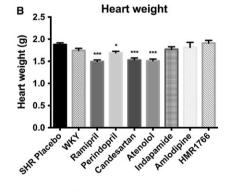
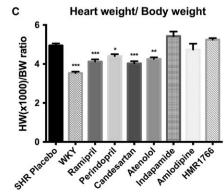


FIGURE 2 Changes in hyperemic CF, after two minutes of global ischemia, in treated SHR groups and WKY compared to SHR placebo. *P<.05; **P<.01; ***P<.001; vs SHR placebo







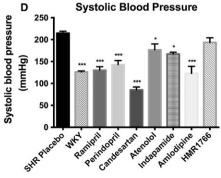


FIGURE 1 Effects of drugs on main physiological parameters in treated SHR groups and WKY compared to SHR placebo. Changes in body weight (A), heart weight (B), heart weight to body weight ratio (C), and SBP (D) after 8 weeks of drug treatment. *P<.05; **P<.01; ***P<.001 vs SHR placebo

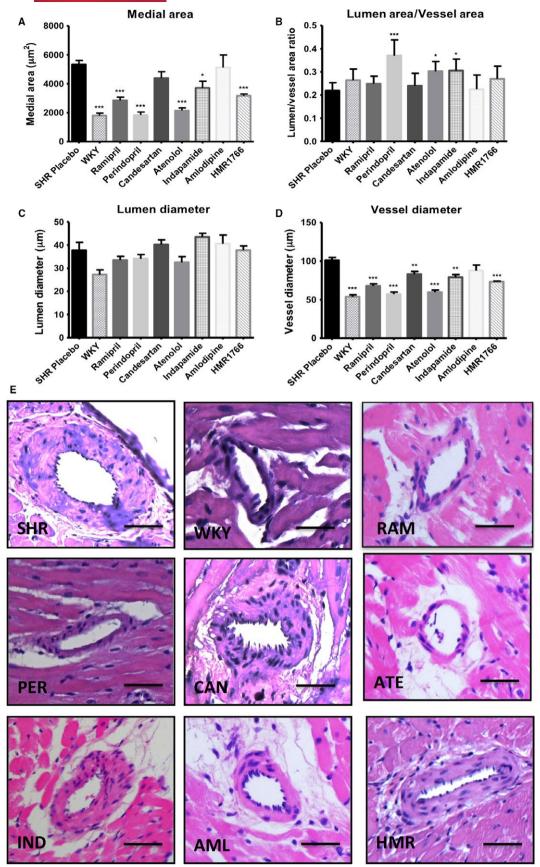


FIGURE 3 Histomorphometric analysis. Changes of medial area (A), lumen to vessel area ratio (B), lumen (C), and vessel (D) diameter of drugtreated SHR compared to control animals. Representative hematoxylin and eosin images of each group (E). *P<.05; **P<.01; ***P<.001 vs SHR placebo. Calibration bar: 50 μ m

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FIGURE 4 Interstitial fibrosis. Percent changes in interstitial fibrosis (collagen fraction) after drug treatment (A) and representative images of each group, as indicated (B). *P<.05; **P<.01; ***P<.001 vs SHR placebo

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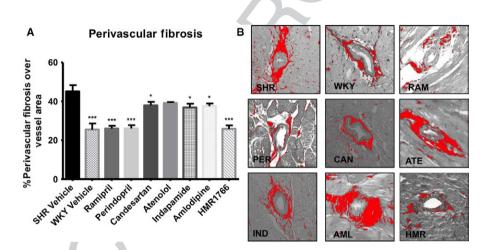


FIGURE 5 Perivascular fibrosis. Percent quantification of perivascular fibrosis over vessel area after drug treatments (A) and representative images of each group, as indicated (B). *P<.05; ***P<.001 vs SHR placebo

but to a lesser extent compared to those treated with ramipril, perindopril, and HMR-1766.

The results of all pharmacologic treatments on physiologic and anatomic parameters are summarized in Table 1.

3.3 | Relationship between arteriolar structure and hyperemic CF

The relationship between arteriolar medial area and hyperemic CF for all the study groups is shown in Fig. 6. Although all drugs used, except candesartan and amlodipine, induced significant reverse arteriolar remodeling compared to placebo, only perindopril and candesartan induced a significant increase in hyperemic CF.

4 | DISCUSSION

In this study, we provide novel evidence indicating that although the majority of the drugs used induced a reduction of SBP in the SHR, their effect on arteriolar structure and CF was variable and partly independent from their ability to reduce SBP. Only perindopril achieved a reduction of arteriolar medial area that was paralleled by a significant increase in hyperemic CF. The data on perindopril are consistent with previous work from our group showing that 6 months treatment

with this agent, in combination with indapamide, improved myocardial blood flow, measured with PET, in hypertensive patients. In an ancillary study, the same drug combination improved CF and reversed arteriolar remodeling in SHR. 12 Furthermore, it has been previously shown that perindopril increases lumen/vessel ratio and improves CFR in SHR.²⁹⁻³¹ The other ACE inhibitor used in our study, ramipril. induced a significant reduction in medial thickness, but had no significant effect on hyperemic CF. In agreement with our results, Kaneko et al. demonstrated that 3 weeks of treatment with ramipril did not improve CF or CFR in SHR. 32 The disparity in the effects of these ACE inhibitors could be due to differences in intrinsic biochemical properties and pharmacological mechanisms of ramipril and perindopril, 11 and with particular regards on the ability of the latter to improve endothelial dysfunction. 33,34 Consistent with previous reports, ACE inhibitors induced a reduction in both interstitial and perivascular fibrosis, 35,36 which could be explained by both the inhibition of RAAS system and new alternative pathways, for example, Ac-SDKP^{37,38} or Plzf angiotensin coreceptor modulation.³⁹

The ARB candesartan induced an increase in CF without any significant reduction in arteriolar medial area. However, this drug reduced significantly interstitial and perivascular fibrosis. There are no previous data in the literature on the effect of this drug on remodeling of coronary arterioles. Several studies carried out on gluteal subcutaneous small arteries of hypertensive patients have shown that ARB

TABLE 1 Overview of results.

	WKY	Ramipril	Perindopril	Candesartan	Atenolol	Indapamide	Amlodipine	HMR1766
BW (g)	***	n.s.	n.s.	n.s.	n.s.	***	n.s.	n.s.
HW (g)	n.s.	***	*	***	***	n.s.	n.s.	n.s.
HW/BW	***	***	*	****	**	n.s.	n.s.	n.s.
SBP (mm Hg)	***	****	***	***	*	*	***	n.s.
HCF (mL/min/g)	***	n.s.	*	***	n.s.	n.s.	n.s.	n.s.
MA (μm^2)	***	***	***	n.s.	***	*	n.s.	***
LA/VA	n.s.	n.s.	***	n.s.	*	*	n.s.	n.s.
LD (µm)	n.s.	n.s.	n.s.	n.s.	n.s.	n.s.	n.s.	n.s.
VD (μm)	***	***	***	**	***	**	n.s.	***
IF (%)	**	***	***	***	*	n.s.	n.s.	***
PF (%)	***	***	***	*	n.s.	*/	*	***

Summary of differences between WKY and treated groups vs SHR placebo.

BW, body weight; HW, heart weight, SBP, systolic blood pressure; HCF, hyperemic coronary flow; MA, media area; LA, lumen area; VA, vessel area; LD, lumen diameter; VD, vessel diameter; IF, interstitial fibrosis; PF, perivascular fibrosis.

^{*}P<.05; **P<.01; ***P<.001 vs SHR placebo; n.s., not significant.

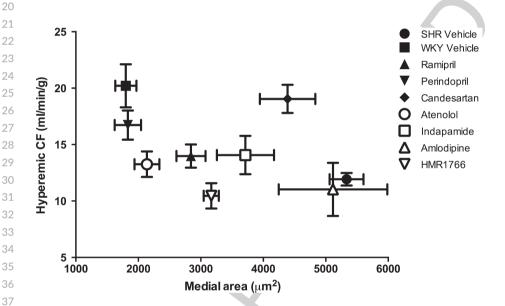


FIGURE 6 Relationship between hyperemic CF and medial area in all groups

could normalize the structure of these vessels. ⁴⁰ Tomas and colleagues showed that 3 months of treatment with candesartan in hypertensive patients improved CFR without significant effects on carotid intimamedia thickness. ⁴¹ Bottcher et al., however, have shown that peripheral perfusion responses to transient forearm ischemia do not correlate with hyperemic coronary blood flow measured with PET. ⁴² This lack of correlation indicates that the mechanisms of microvascular control in peripheral and coronary vascular beds are different and data from one district cannot be necessarily extrapolated to the other. It is also noteworthy that the effect of candesartan on microvascular function is partly due to amelioration of endothelial dysfunction which could explain the lack of reverse arteriolar remodeling despite the observed increase in hyperemic CF. ¹¹

In this study, the beta-blocker atenolol induced a significant reduction in interstitial fibrosis and arteriolar medial area without improving

hyperemic CF. Consistent with our results, Buus et al. showed that 1 year treatment with atenolol had no effect on CFR measured with PET in hypertensive patients. 43 The role of atenolol on SBP and CF is controversial and this could be due to a variety of causes. The discrete reduction of SBP observed in the SHR treated with atenolol could be either caused by an increased peripheral resistance or circulating norepinephrine. 44 Moreover, atenolol, at the dose used in this study, could cause blockade of $\beta 2$ -adrenoceptors that mediate vasodilatation and unmasking of α_2 -adrenoceptors with resultant vasoconstriction/reduced vasodilatation of resistance vessels. 45 These mechanisms could explain the lack of increase in hyperemic CF despite reverse remodeling of the arterioles. The role of α_2 -adrenoceptors unmasking could be particularly important in the SHR which is characterized by excessive activity of the sympathetic nervous system and relative NO deficiency. 46

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In our study, indapamide significantly reduced arteriolar remodeling and perivascular fibrosis, but had no effect on CF. Previous work with indapamide on SHR cerebral arterioles showed that low dose (1 mg/kg/day) of the drug normalized cross-sectional area of the vessel wall, but failed to decrease external diameter. These findings suggest that although indapamide treatment may not reduce eutrophic inward remodeling, it may attenuate hypertrophic inward remodeling. 11,47

Moreover, our results show that the calcium channel blocker amlodipine did not show any effect on CF. This is consistent with several previous studies carried out in hypertensive patients showing that treatment with this drug did not improve CFR measured by magnetic resonance imaging or PET. 48,49 Furthermore, we demonstrated that amlodipine did not induce a reduction in arteriolar medial area, but conversely reduced perivascular fibrosis.

Finally, we analyzed the effects of the experimental compound HMR1766, an sGC activator. This enzyme is the target of NO and mediates the formation of cyclic guanosine monophosphate (cGMP), the second messenger involved in the vasodilator response to NO. Production of NO is known to be reduced in several cardiovascular diseases including hypertension and heart failure. It has been demonstrated that sGC activators could have a beneficial effect in cardiac hypertrophy associated with cardiovascular disease and heart failure. 50,51 A recent study by Fraccarollo et al. has shown that HMR1766 reduced LV diastolic filling pressure and pulmonary edema, improved LV contractile function and diastolic stiffness without lowering blood pressure showing inhibited human cardiac fibroblast differentiation and extracellular matrix protein production.⁵² Moreover, Beyer et al. showed that stimulation of sGC with BAY 41-2272 inhibits fibrosis.⁵³ Consistent with these observations, we found a reduction in interstitial and perivascular fibrosis after treatment with HMR1766. Furthermore, in two different animal models of pulmonary hypertension, Dumitrascu et al. have shown that both the sGC stimulator BAY 41-2272 and the sGC activator BAY 58-2667 could reverse pulmonary microvascular remodeling which is similar to that observed in coronary arterioles in the SHR.54 Consistent with these results, we demonstrate that HMR1766 does not have any significant effect on SBP, but induces significant reverse remodeling of coronary arterioles as well as reduces interstitial and perivascular fibrosis.

An important limitation of our study is the lack of perfusion fixing at constant pressure that might have influenced the assessment of morphometrical parameters.

5 | PERSPECTIVES

During the past decade coronary microvascular dysfunction has been identified as an important additional mechanism of myocardial ischemia. Coronary microvascular dysfunction, in isolation or in combination with classic atherosclerotic disease of the epicardial arteries, has emerged as a new therapeutic clinical target.

The results of the present investigation provide evidence of different antiremodeling properties of drugs with similar blood pressure lowering effects. Clinically, this information might guide the physician in the choice of the most appropriate compound for those hypertensive patients with symptoms and signs of myocardial ischemia despite angiographically normal coronary arteries in whom angina might be due to microvascular dysfunction.⁶

FUNDING INFORMATION

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CONFLICT OF INTEREST

Paolo G. Camici is a Consultant for Servier International.

ABBREVIATIONS

ACE, angiotensin-converting enzyme; ARB, angiotensin receptor blocker; BP, blood pressure; BW, body weight; CAD, coronary artery disease; CF, coronary flow; CFR, coronary flow reserve; CMD, coronary microvascular dysfunction; CMD, coronary microvascular dysfunction; HW, heart weight; IHD, ischemic heart disease; LA, lumen area; LVH, left ventricular hypertrophy; NO, nitric oxide; PET, positron emission tomography; SBP, systolic blood pressure; SEM, standard error of the mean; sGC, soluble guanylate cyclase; SHR, spontaneously hypertensive rat; VA, vessel area; WKY, Wistar kyoto.

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