Energy study of a non-residential and historic building in transient conditions

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Abstract

The purpose of this manuscript is to analyse the interventions of energy retrofit of a non-residential and historic building, through dynamic simulation by the use of the TRNsys code. The study is made up of some steps:

- the analysis of the building and utility data, including study of the installed equipment and analysis of energy bills;
- the survey of the real operating conditions;
- the selection and the evaluation of energy conservation measures;
- the identification of interventions of energy retrofit;
- TRNsys simulation of the effects of these interventions on the energy behaviour of the building.

The present paper aims to present the results of the study, to discuss the expected energy behaviour of the building and to comment on the options for introducing energy conservation techniques.

Keywords: energy efficiency, retrofit solution, historical building, transient state calculation.



1 Introduction

The case study building is the Headquarters of the National Italian Monopoly which regulates the production and sale of tobacco. The building is located in Rome and is composed of two parts (or two different buildings): the smaller building has a significant historical value as it dates back to the second half of the nineteenth century and the larger one dates back to the 60s. For convenience the two buildings will be called respectively "historic building" and "modern building". The geometric characteristics of the two buildings and the ratio (shape ratio) between the heat loss surfaces (walls, windows, floors and thermal bridges) and volume (S/V) are shown in Table 1:

Table 1: Geometrical characteristics of the buildings.

	Height (m)	Surface (m ²)	Volume (m ³)	S/V ratio (m ² /m ³)
Historic building	22	1,030	20,000	0.29
Modern building	24	3,040	70,300	0.28

The two buildings (Figure 1) were built at different times so the thermal performance characteristics are significantly different. The "historic building" is a bearing masonry building and it's characterized by small glazing surfaces while the "modern building" is a reinforced concrete building and it's characterized by large glazing surfaces and cavity walls with small insulating layer. This characteristic is the main cause of the overheating in summer time. A precise evaluation of the contributions from solar radiation through the glazing surfaces is not easy because of the shadows made by the surrounding buildings. This manuscript, according to several case studies [1–3], will evaluate the effect of retrofit interventions on improving the energy efficiency of the building above in some steps:

- the analysis of the building and utility data, including study of the installed equipment and analysis of energy bills;
- the survey of the real operating conditions;
- the selection and the evaluation of energy conservation measures;
- the identification of interventions of energy upgrading;
- TRNsys simulation of the effects of these interventions on energy behavior of the building.

2 Energy study of the building

The study starts with the collection of data on energy consumption of the building (gas and electricity) including the study of the installed equipment, with the survey of all the elements of the building which are responsible for loss (winter time) and the accumulation (summer time) of heat and with the direct





Figure 1: Case study: position in the urban context (a), historic building (b) and modern building (c).



Figure 2: Thermographic survey: "historic building" (a) and "modern building" (b) main facades.

survey on energy performance (e.g. thermographic survey, Figure 2). A model of dynamic calculation with the TRNsys code will be calibrated through the data of this energy audit and the energy demand of the building in time will be known.

2.1 Building construction characteristics

The external walls (cavity walls) of the "modern building" are in air-bricks (thickness of 30 cm) with a small layer of insulating material (polystyrene 2 cm). The external walls of "historic building" are "stone walls" type and their



thickness decrease with the height: the thickness is between 1 m and 0.8 m and there is no insulating layer.

2.1.1 External walls

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2.1.2 Glazing surfaces

The "modern building" has a considerable percentage of glazing surfaces amounting to approximately 33% of each facade. They represent a large part of heat loss surfaces and affect significantly the thermal behavior of the building. All of that is confirmed by the thermographic survey (see Figure 2) and it's mostly due to the poor quality of glazing surfaces (simple single glass). The "Historic Building" has the same type of glazing surfaces but with less extension.

2.2 Energy consumption, heating and cooling demands

The energy audit starts with the calculation of the energy demand during the year, obtained by the analysis of energy bills (electricity and gas consumption) and by the analysis of the installed equipment. The heating demand, related to consumption of natural gas, was obtained by the following formula:

$$\mathbf{E} = \mathbf{V}_{\text{gas}} \cdot \mathbf{P}_{\mathbf{c}} \cdot \boldsymbol{\eta}_{\mathbf{t}} \tag{1}$$

with E [kJ] the energy required in a given period of time when V_{gas} [m³] of natural gas with calorific value (P_c) equal to 34,541 kJ/m³ are burned. The performance efficiency η_t is given by the manufacturer's data sheets of the heating system. An analysis conceptually similar was followed for cooling demand, made by the data of electricity consumption: in this case the performance efficiency is given by the Coefficient of Performance (COP) of the cooling system. All the values are the sum of total consumption (cooling systems and lighting) and an extrapolation was necessary. Through this analysis, it was possible to obtain the Energy Performance index (EP) which represents the ratio between the yearly energy used for special purposes (e.g., heating, cooling, hot water and indoor lighting), and the volume of the building. Table 2 shows the values of energy demand and the Energy Performance indexes:

Use	Gas use	Electricity	Energy	EP
	(m ³ /year)	(kWh/year)	(kWh/year)	(kWh/m ³ year)
Heating	167,557	_	1,543,361	18.3
Hot water supply	3,952	_	36,781	1.35
Cooling	_	295,887	887,725	10.10

 Table 2:
 Heating, hot water supply and cooling demands.



2.3 TRNsys model

Figure 3 shows the TRNsys model of the building, calibrated by the data obtained from the energy audit, and improved in order to determinate infiltrations and thermal bridges and to verify the effects of shadows produced by surrounding building, the effects produced by the temperature of basements (not controlled temperature) and the effects produced by the fixed shielding of the windows on the top floor. The output results of the TRNsys solver can be analyzed in order to obtain the thermal behaviour of the building; Figure 4 represents the heating and cooling demands (heating and cooling powers) of the two buildings during the year. The peak intensities obtained from the calculation is about 4 MW for heating and 2 MW for cooling.



Figure 3: TRNsys model.



Figure 4: Yearly heating and cooling demands: TRNsys model outputs.

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2.3.1 Temperatures

Figure 5 reports the annual temperature trend of ground floor, basement and outdoor temperatures for the "modern building". The trend of outdoor temperature follows the statistical data in the database used (Meteonorm), while the temperature of the basement, bordering the ground floor, (T_b) , follows the equation:

$$T_{b} = T_{s} + \frac{(T_{a} - T_{s})}{6} + \frac{(T_{i} - T_{s})}{3.5}$$
(2)

obtained correlating the ambient temperature T_a , the soil temperature T_s and the indoor temperature of ground floor T_i .



Figure 5: TRNsys model outputs: yearly temperature trend for basement and ground floor of "modern building".

The trend of temperatures shows considerable fluctuations in winter time and summer time due to the operation of the heating and cooling systems during working hours only, while, in spring time and autumn time, the temperature values belong to the required range in which there is no the need for heating and cooling systems. In Table 3, it is possible to summarize all the results obtained by TRNsys simulation about the heating and cooling demands and the Energy Performance Indexes:

3 Energy retrofit solutions

3.1 Historic building

3.1.1 Transmittance of walls and floors

Changes to the TRNsys model have been made, in order to consider the arrangement of different thickness of insulation on external walls and floors bordering with unheated spaces (rooftop and ground floor).



	Historic	Modern	Global
	building	building	
Heating [kWh/year]	290,730	1,238,500	1,520,230
Cooling [kWh/year]	82,950	572,700	655,650
EP _{heat} [kWh/m ³ year]	15.30	19.40	18.40
EP _{cool} [kWh/m ³ year]	4.50	9.00	8.20

Table 3.	Main results obtained by	the TRNeve simulation
Table 5.	Main results obtained by	the TRINSYS Simulation.

The proposed insulating material has a heat capacity (c_p) of 1453 J/kg K, a thermal conductivity (λ) of 0.023 W/m K and a density (ρ) of 36 kg/m³. There are 6 different interventions proposed; each one has been compared with the calculation to the current situation in order to assess the effects. The results are different according to the arrangement of the insulation. The floors, thermally less efficient, affect significantly the global behavior. With these proposals, the total energy requirement can be reduced up to the 76% of the current value; a minimum intervention with a thickness of 2 cm insulation leads to a reduction of 86% of the current value. Furthermore, the thickness of insulation is not linearly related with the total needs but the benefit gradually decreases, so it will be important to evaluate these correlations on global investment.

3.1.2 Transmittance of glazing surfaces

Table 4 shows the characteristics of glazing surfaces, where *U-value* indicates the transmittance and *G-value* or Solar Factor, the ratio between the thermal energy globally transmitted from the glazing surface and the thermal energy incident upon it.

	Thickness [mm]	U-value (W/m ² K)	G-value
Single	4	5.68	0.855
Double	4/16/4	2.83	0.755
Krypton	4/16/4	0.81	0.633

Table 4: Characteristics of glazing surfaces.

The choice to change the characteristics of the glazing surfaces could have few benefits; in fact, this type of intervention often has a high cost respect to a limited benefit. With the choice of glass with high performance, the energy demand reduction reaches 90% of the current value: this can be explained by the limited extension of glazing surfaces and their poor exposure caused by the shadows generated by surrounding buildings. All the results are reported in Table 5 and Figure 6.

3.2 Modern building

The same intervention is adopted in the case of the "modern building" which is totally different from the previous one by type and time of construction, size, percentage of glazing surfaces, etc.



Windows replacing				
	EP _{heat} [kWh/m ³ year]	EP _{cool} [kWh/m ³ year]	EP _{heat} +EP _{cool} [kWh/m ³ year]	
Single (current)	15.30	4.50	19.80	
Double	14.10	4.40	18.50	
Krypton	13.80	4.10	17.90	
	Insulation			
	EP _{heat} [kWh/m ³ year]	EP _{cool} [kWh/m ³ year]	EP _{heat} +EP _{cool} [kWh/m ³ year]	
Current	15.30	4.50	19.80	
2 cm external walls	13.45	4.40	17.85	
6 cm floors	13.00	4,60	17,60	
2 cm external walls and floors	12.65	4.30	16.95	
2 cm external walls + 6 cm floors	12.20	4.20	16.40	
4 cm external walls + 6 cm floors	11.50	4.00	15.50	
6 cm external walls and floors	11.10	3.70	14.80	

Table 5: "Historic building": effects of interventions on performance indexes.



Figure 6: "Historic building": effects of interventions: (a) walls and floors and (b) glazing surfaces.





Figure 7: "Modern building": effects of interventions: (a) walls and floors and (b) glazing surfaces.

Windows replacing				
	EP _{heat} [kWh/m ³ year]	EP _{cool} [kWh/m ³ year]	EP _{heat} +EP _{cool} [kWh/m ³ year]	
Single (current)	19.50	9,00	28.50	
Double	14.47	8.55	23.02	
Krypton	12.35	8.40	20.75	
Insulation				
	EP _{heat} [kWh/m ³ year]	EP _{cool} [kWh/m ³ year]	EP _{heat} +EP _{cool} [kWh/m ³ year]	
Current	19.50	9.00	28.50	
2 cm external walls and floors	17.84	8.09	25.93	
4 cm external walls and floors	17.12	8.06	25.18	
6 cm external walls and floors	16.60	8.05	24.65	
8 cm external walls and floors	16.25	8.07	24.32	

Table 6: "Modern building": effects of interventions on Performance Indexes.

4 Conclusions

The retrofit interventions, selected on improving the energy efficiency of the building are listed below:

"Modern building":

• provision of an insulating layer of about 4 cm for the walls and of about 6 cm for the floors. (Heat capacity 700 J/kg K, thermal conductivity 0.18 kJ/h m K, density 80 kg/m³.)



• replacement of single glazing windows (thickness 4 mm, U-value 5.68 W/m²K, G-value 0.855) with double glazing windows. (Thickness 4-16-4 mm, U-value 2.83 W/m2K, G-value 0.755.)

"Historic building":

• provision of an insulating layer of about 4 cm for the walls and of about 6 cm for the floors.

Tables 7 and 8 show the results obtained while Figure 8 shows the heating and cooling demands of "modern building" after the interventions.

Table 7: "Modern and historic buildings": effects of interaction of interventions.

	Historic	Modern	Global
	Building	Building	
Heating [kWh/year]	243,100	608,000	851,100
Cooling [kWh/year]	75,800	550,200	626,000
EP _{heat} [kWh/m ³ year]	12.80	9.40	10.30
EP _{cool} [kWh/m ³ year]	4.00	8,60	7.50

Table 8: "Modern and historic buildings": final report.

	Initial Value	Final Value	Reduction [%]
Heating [kWh/year]	1,529,230	851,100	- 44.4
Cooling [kWh/year]	655,650	626,000	- 4.5
EP _{heat} [kWh/m ³ year]	18.40	10.30	
EP _{cool} [kWh/m ³ year]	8.20	7.50	



Figure 8: "Modern building": yearly heating and cooling demands after interventions.

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