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Giulia Stefani, Maurizio De Angelis, Ugo Andreaus



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# The effect of the presence of obstacles on the dynamic response of single-degree-of-freedom systems: study of the scenarios aimed at vibration control

Giulia Stefani<sup>a,\*</sup>, Maurizio De Angelis<sup>a</sup>, Ugo Andreaus<sup>a</sup>,

<sup>a</sup>Department of Structural and Geotechnical Engineering, Sapienza University of Rome, Via Eudossiana 18, 00184 Rome, Italy

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## Abstract

In this paper, the effect of the presence of (existing or newly added) deformable and dissipative obstacles (bumpers) on the nonlinear dynamic response of a single-degree-of-freedom system, is investigated via parametric numerical analyses. Through the study of possible response scenarios which can occur by varying the bumpers' parameters (i.e., the position, the stiffness, and the damping, respectively) it is observed that the presence of the bumpers is not always unfavorable compared to the free flight condition. By properly selecting the bumpers' parameters it is possible to exploit the occurrence of impacts with beneficial effects. Furthermore, a relationship between the stiffness and the damping parameters of the bumpers, which allows to minimize the maximum value of the mass acceleration in primary resonance condition, is identified and discussed. Although this study is inspired by the practical problem of large horizontal displacements in base-isolated structures, it has a transversal nature with respect to different disciplinary fields. Consequently, the results obtained in this work can be extended also to further applications related to vibro-impact dynamics.

**Keywords:** vibro-impact dynamics; deformable and dissipative bumpers; nonlinear scenarios; nonlinear vibration control; isolation; parametric numerical study.

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## 1. Introduction

Seismic isolation represents one of the most applied, reliable, and effective, passive control strategies to mitigate the dynamic response of both new and existing structures [1–6], bridges [7–14], strategic facilities [15, 16], nonstructural components and equipment [17–26], works of art [27–29].

Seismically isolated structures, due to the greater flexibility offered by the isolators at the base, are expected to experience large horizontal displacements relative to the ground, especially under near-fault (NF) earthquakes, characterized by long-period pulses [3, 4, 30]. These large displacements, on the one hand, can seriously damage the isolation system by exceeding its limit deformation, on the other, can lead to pounding with surrounding moat walls or adjacent structures if the available seismic gap size is not sufficient. Potential pounding can produce detrimental effects on the effectiveness of seismic isolation and can lead to consequences which range from local slight nonstructural to serious structural damage or even collapse [31–35]. The existence of high spikes in the acceleration response, in correspondence of the floors where pounding occurs, and whose amplitude is influenced by impact rigidity, may affect floor response spectra and thus the response of vulnerable equipment housed in the buildings [36, 37].

To prevent the damage of the isolation system and avoid the occurrence of pounding against adjacent structures, the horizontal displacements can be limited by inserting suitable obstacles, which can be placed at a certain distance (gap) from the structure to be protected (*outer pounding* [38]) or can be incorporated into the isolation system (*inner*

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\*Corresponding author

Email addresses: giulia.stefani@uniroma1.it (Giulia Stefani), maurizio.deangelis@uniroma1.it (Maurizio De Angelis), ugo.andreaus@uniroma1.it (Ugo Andreaus)

36 *pounding* [38]). In the latter case, the built-in buffer (self-braking) mechanism prevents pounding of the isolated  
37 structure with the surrounding structures and limits the possible pounding (if any) to be only within the own body of  
38 the isolator. Restraining rims are used to limit the motion of the double pendulum sliding bearings experimentally  
39 investigated by Bao *et al.* [39]. Harvey *et al.* [40–42] examined the response of double Rolling isolation systems  
40 (RISs), in which the motion is limited by the bowl lips acting as hard displacement limits. The roll-n-cage (RNC)  
41 isolator introduced by Ismail *et al.* [43–45] incorporates isolation, energy dissipation, buffer, and inherent gravity-  
42 based restoring force mechanisms in a single unit. In all these cases the built-in restrainers are quite rigid and impose  
43 strict restrains on isolator horizontal displacement once a certain limit value is exceeded.

44 The occurrence of impact against the obstacles modifies the response of the isolated system, turning it into a  
45 nonlinear vibro-impact system. Vibro-impact systems, even the simplest, exhibit complex nonlinear non-smooth  
46 dynamics and a wide variety of phenomena (resonances, instabilities, bifurcations, periodic and quasi-periodic tra-  
47 jectories, and chaotic regimes) that need to be carefully investigated [46]. There are several scientific works of both  
48 numerical and experimental nature dealing with the nonlinear response of impacting systems. Extremely rich and  
49 complex behaviors were observed by Christopher *et al.* [47] in a **multi-degree** of freedom structure impacting a rigid  
50 stop. Costa *et al.* [48] experimentally and numerically explore the complex dynamics of the mass excited impact os-  
51 cillator presented in Wiercigroch *et al.* [49]. Several interesting behaviors, including period-doubling route to chaos,  
52 period-adding cascade, interior and boundary crisis, complete and incomplete chaotic chattering, and different types of  
53 bifurcations, were observed by Gritli and Belghith [50] considering a one-degree-of-freedom impact oscillator with a  
54 single rigid constraint. Ing *et al.* [51] investigated the behavior of a nearly symmetrical piecewise linear oscillator with  
55 flexible constrains, which is a modification of a rig originally designed by Wiercigroch and Sin [52] and examined the  
56 bifurcation scenarios close to grazing. The effect of potential asymmetry in the gap and/or stiffness was also investi-  
57 gated. The most complex and interesting behaviors were observed for small clearances, larger forcing amplitude, and  
58 for values of the frequency ratio below the natural frequency [52]. The fundamental group of impact motions which  
59 can occur in the response of a two-degree-of-freedom system with a clearance and subjected to harmonic excitation  
60 were studied by Luo *et al.* [53]. Pattern types, occurrence and stability domains and bifurcation characteristics of  
61 periodic motions in a two-degree-of-freedom mechanical impact oscillator with a clearance were investigated by Lyu  
62 *et al.* [54]. Considering single and two degree-of-freedom impact oscillators Yin *et al.* [55] discussed the phenomena  
63 of coexisting attractors and chaotic transitions including crisis.

64 Some of the above mentioned behaviors are undesirable as they can cause adverse effects [56]. The study of the  
65 behavior of vibro-impact systems, allowing to highlight possible issues associated with the occurrence of impact,  
66 is therefore necessary to identify suitable **methods** to mitigate and control the response of such systems. Several  
67 authors proposed different strategies for the control of unstable orbits, bifurcation, co-existing orbits and chaos based  
68 on the study of practical problem involving collisions. By using suitable control strategies or by properly selecting  
69 the parameters which characterize the vibro-impact problem, it is possible to guide the behavior of the system, to  
70 avoid certain scenarios and encourage others, and thus exploit the occurrence of impact with beneficial effects. Wang  
71 *et al.* [57] developed a control scheme, named impulsive control method, to stabilize chaotic motions in a class of  
72 vibro-impact systems, which consists in implementing the pulses just when the impact occurs. Lenci and Rega [58]  
73 proposed to reduce the region of chaotic response of an inverted pendulum with rigid unilateral constraints subjected  
74 to a periodic excitation by suitably adjusting the shape of the excitation. The control of **multi-stability** in a vibro-  
75 impact capsule system driven by a harmonic excitation was addressed by Liu and Páez Chávez [59]. The proposed  
76 position feedback controller converts the **multi-stable** capsule system to a bistable one. A position feedback control  
77 method, suitable for dealing with chaos control and coexisting attractors, was applied by Liu *et al.* [60] for enhancing  
78 the desirable forward and backward capsule motion. Basins of attraction were used to investigate the possibility of  
79 switching between coexisting attractors by using the proposed control method. Gritli and Belghith [50, 61] proposed  
80 a state-feedback control law to control chaos exhibited by a SDOF impact mechanical oscillator with a single rigid  
81 obstacle. A state-feedback controller was designed by Turki *et al.* [62, 63] to stabilize a 1-DoF, periodically forced,  
82 impact mechanical oscillator subject to asymmetric two-sided rigid end-stops. Considering two periodically forced  
83 oscillators that can interact via soft impacts, Brzeski *et al.* [64] showed that with properly selection of the system's  
84 parameters, such as the gap between the systems or/and the phase shift of external excitation, it is possible to decrease  
85 the number of coexisting solutions via discontinuous coupling. The results of the analysis carried out by Sun *et al.*  
86 [65] showed that by properly designing the dynamic parameters of viscoelastic end-stops, the nonlinear vibration of  
87 a SDOF nonlinear suspension system at primary resonance can be effectively suppressed and the jump phenomena

88 can be eliminated for both hardening and softening primary isolators. Furthermore, the end-stop can effectively  
89 also attenuate the absolute acceleration response for a hardening primary isolator, while more damping is needed  
90 to attenuate that for a softening primary isolator. A two-sided damping constraint control strategy was proposed by  
91 Hao *et al.* [66] to improve the performance of the quasi-zero stiffness (QZS) isolator [67]. The proposed control  
92 approach can largely lower the isolation frequency while enhancing the effectiveness of isolation in high frequencies  
93 and preventing the severity of end-stop impacts. Based on the analysis of two-parameter bifurcations and basins of  
94 attraction, the authors found that the key issue to realize such control objective, is the suppression of period-3 solutions  
95 that coexist with the desired period-1 orbits.

96 This paper is part of a research work carried out by the authors and inspired by the practical problem of excessive  
97 displacements in base isolated structures. The research concerns the numerical and experimental investigation of the  
98 response of a vibro-impact single-degree-of-freedom (SDOF) system limited by two-sided deformable and dissipative  
99 obstacles (bumpers) under harmonic base excitation [38, 68–73]. The study concerns the isolation at the base of  
100 structures and equipment. The reference isolation system is the one that uses the support of High Damping Rubber  
101 Bearings (indicated with the acronym HDRB), the mechanical characteristics of which can be found in [5, 74] with  
102 10–15% damping, but other devices can also be considered, such as friction pendulums, elastoplastic sliding bearings,  
103 *etc.* As far as bumpers are concerned, we refer to those made of rubber, whose dissipative capacity depend on the  
104 compound, while the stiffness depends not only on the compound but also on the shape of the bumper itself; the  
105 identified values of stiffness and damping of the bumpers used in this work refer to the papers [69–71]. The materials  
106 with which the damper and the bumpers are constituted are each made with its own compound and therefore each  
107 have its own damping, which is partly hysteretic and partly viscous. In this work the dissipative behavior of the  
108 damper and the bumpers is modeled by means of an equivalent linear viscous model. Most of previous (experimental  
109 and theoretical) studies focused on the nonlinear behavior (scenarios, resonances, . . .) exhibited by the vibro-impact  
110 system varying selected parameters [68–73]. In the theoretical-numerical study presented in [68] the authors outlined  
111 possible scenarios within the system response. This study guided subsequent experimental laboratory campaigns  
112 conducted on a small-scale physical model of the system using the shaking table [69–71]. The study of the scenarios  
113 was subsequently resumed and extended, both numerically and experimentally, in [72]. The scenarios observed  
114 experimentally were characterized and were reproduced numerically showing a good agreement with the experimental  
115 results. Further numerical investigations highlighted the existence of more complex and varied behaviors for gaps  
116 smaller than those considered in the experimental tests [72, 73]. The experimental and numerical study presented  
117 in [38], compared to the others, dealt with vibration control. The authors highlighted the existence of suitable pairs  
118 of bumpers and gaps that allow to reach a trade-off between two conflicting objectives, namely control of excessive  
119 displacements and control of excessive accelerations. This goal can be achieved combining small gaps with quite  
120 deformable bumpers.

121 This work represents a deepening and an extension of the study presented in [38]. The aim of the paper is to in-  
122 vestigate, through numerical parametric analyses, the effect of the presence of the obstacles (existing or newly added)  
123 on the response of the system under harmonic base excitation, compared to the free flight condition, that is without  
124 obstacles. Compared to previous works by the authors [72, 73, 75], here the study of the response scenarios which  
125 can occur by varying the bumpers' parameters (namely, position, stiffness, and damping, respectively) is directed at  
126 vibration control. In particular, the possibility to exploit the occurrence of impact with beneficial effects, by properly  
127 selecting the bumpers' parameters, is investigated. Firstly, the effect of forcing frequency and damping factor on the  
128 response of a viscously damped SDOF system excited by a harmonic base acceleration will be analyzed through trans-  
129 missibility and displacement response factor curves in free flight condition (i.e. without obstacles). Then, the presence  
130 of obstacles will require the effect of dimensionless parameters, namely gap, stiffness, and damping of the obstacles to  
131 be taken into account as well and will be studied through parametric numerical analyses, by employing a suitable an-  
132 alytical model and keeping fixed the damping factor of the isolation damper; for several appropriately selected values  
133 of dimensionless gap, the response of the system will be studied by varying the dimensionless stiffness of the bumpers  
134 and keeping their dimensionless damping fixed. The bumpers decrease - almost always - the displacement, while -  
135 unfortunately - the impact increases the acceleration. The conflicting objectives are precisely to reduce displacement  
136 without paying a high price in terms of increased acceleration. The purpose of the work is the optimal design, that is to  
137 reduce the displacement without excessively increasing the acceleration, reaching an acceptable trade-off. The study  
138 of the response scenarios which can occur by varying the bumpers' parameters (specifically, gap and stiffness, and  
139 keeping fixed the damping of damper and bumpers) is directed at vibration control, while at the same time wanting to

140 reach the conflicting objective that the displacement be lower compared to the free flight condition. In particular, the  
 141 possibility to exploit the occurrence of impact with beneficial effects, by properly selecting the bumpers' parameters,  
 142 is investigated.

143 The paper is organized as follows. In Sect. 2 the numerical model and the governing equations are presented;  
 144 in Sect. 3 preliminary considerations on control are made; the results of the numerical simulations are discussed in  
 145 Sect. 4; the mechanical justification of the condition corresponding to the minimum peak acceleration is given in  
 146 Sect. 5; finally, the main conclusions and further developments of the work are drawn in Sect. 6.

## 147 2. Model and equations of motion

148 The study was carried out considering a single-degree-of-freedom (SDOF) system (Fig. 1), composed of a mass  
 149  $M$  (highlighted in green) and an isolation damper (D, highlighted in blue), with two-sided deformable and dissipative  
 150 bumpers (highlighted in red), denoted as right bumper ( $B_R$ ) and left bumper ( $B_L$ ) respectively. The bumpers are  
 151 symmetrically positioned on both sides of the mass at an initial distance (initial gap)  $G_{0j}$  ( $j = R, L$ ). The damper (D)  
 152 is modeled by a linear elastic element, with stiffness  $K$ , and a linear viscous dashpot, with damping coefficient  $C$ ,  
 153 arranged in parallel. The two bumpers are massless and, as the damper, they are modeled by a linear elastic element,  
 154 with stiffness  $K_j$  ( $j = R, L$ ), and a linear viscous dashpot, with damping coefficient  $C_j$  ( $j = R, L$ ), arranged in parallel.  
 155 The system is subjected to a harmonic base acceleration  $A_t(t) = A_G \sin \Omega t$ , characterized by amplitude  $A_G$  and circular  
 156 frequency  $\Omega$ . The relative displacements of the damper and of the bumpers with respect to the ground are denoted as  
 157  $u$  and  $u_j$  ( $j = R, L$ ) respectively.

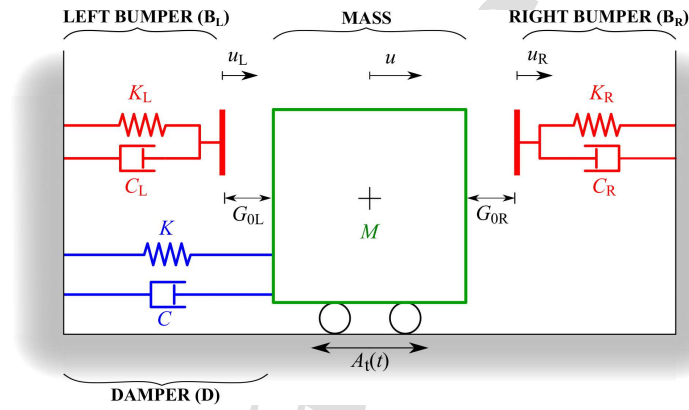


Fig. 1. Model of the SDOF system with two-sided bumpers.

158 To attempt a more general description of the problem, the equations of motion are written in dimensionless  
 159 form by introducing the following characteristic quantities [73]: the natural circular frequency of the SDOF system  
 160  $\omega = \sqrt{K/M}$ , the maximum relative displacement  $u^* = u_{st} R_{d,max}$  and the maximum force  $F^* = M\omega^2 u^*$  in the SDOF  
 161 system in free flight (without obstacles) resonance condition.  $R_{d,max}(\xi) = 1/(2\xi\sqrt{1-\xi^2})$  is the maximum value of  
 162 the dynamic amplification factor  $R_d(\xi, \beta)$  (Table A.1), defined as the ratio between the amplitude of the dynamic  
 163 displacement to the static displacement  $u_{st} = MA_G/K$ .

164 The following dimensionless quantities were subsequently defined: the dimensionless time  $\tau = \omega t$ , the dimensionless  
 165 relative displacements of the mass  $q = u/u^*$  and of the bumpers  $q_j = u_j/u^*$  ( $j = R, L$ ), the damping ratio of the  
 166 SDOF system  $\xi = C/(2M\omega)$ , the dimensionless amplitude of the base excitation  $a_G = 2\xi\sqrt{1-\xi^2}$ , the frequency ratio  
 167  $\beta = \Omega/\omega$  and the dimensionless gap  $\delta_{0j} = G_{0j}/u^*$  ( $j = R, L$ ). Based on the adopted normalization, for  $0 \leq \delta_{0j} < 1$   
 168 the mass beats and deforms the  $j$ -th bumper, whereas the mass will be in free flight condition (no impact) for  $\delta_{0j} \geq 1$ .  
 169 Finally, the generic dimensionless force  $f$  was denoted as  $f = F/F^*$ , where  $F$  is its physical value.

170 By virtue of the above-mentioned dimensionless quantities, the equations of motion of the system can be written

171 in the following dimensionless form:

$$172 \quad \begin{cases} q''(\tau) + 2\xi q'(\tau) + q(\tau) + f_j(\tau) \cdot \psi_1[\delta_j(\tau)] \cdot \psi_2[f_j(\tau)] = -a_G \sin \beta \tau & (1a) \\ f_i(\tau) = 0 & (1b) \end{cases}$$

173 where it is assumed that whether  $j = L$  in Eq. (1a), then  $i = R$  in Eq. (1b), or whether  $j = R$  in Eq. (1a), then  $i = L$   
174 in Eq. (1b); in other words, Eq. (1a) governs the motion of the mass in contact with the  $j$ -th bumper, while Eq. (1b)  
175 refers the free evolution of the  $i$ -th bumper; therefore, if the mass is in contact with the right bumper, hence  $j = R$   
176 and  $i = L$ , vice-versa if the mass is in contact with the left bumper, hence  $j = L$  and  $i = R$ .

177 In Eq. (1a) the apex (') denotes differentiation with respect to the dimensionless time  $\tau$  and the Heaviside functions  
178  $\psi_k$  ( $k = 1, 2$ ) are defined as follows:

$$179 \quad \text{Contact} \quad \psi_1[\delta_j(\tau)] = \begin{cases} 0, & \delta_j(\tau) > 0 \\ 1, & \delta_j(\tau) = 0 \end{cases} \quad (2a)$$

$$180 \quad \text{Separation} \quad \psi_2[f_j(\tau)] = \begin{cases} 0, & f_R(\tau) \leq 0 \text{ or } f_L(\tau) \geq 0 \\ 1, & f_R(\tau) > 0 \text{ or } f_L(\tau) < 0 \end{cases} \quad (2b)$$

182 where  $f_j(\tau) = 2\xi\gamma_j q'_j(\tau) + \lambda_j q_j(\tau)$  ( $j = R, L$ ) is the normalized contact force occurring during the contact period  
183 with the  $j$ -th bumper,  $\gamma_j = C_j/C$  ( $j = R, L$ ) is the ratio between the viscous damping coefficient of the  $j$ -th bumper  
184 and that of the damper and  $\lambda_j = K_j/K$  ( $j = R, L$ ) is the ratio between the stiffness of the  $j$ -th bumper and that of the  
185 damper.  $\delta_j(\tau) = \delta_{0j} + \Delta q_j(\tau)$  ( $j = R, L$ ), where  $\Delta q_R(\tau) = q_R(\tau) - q(\tau)$  and  $\Delta q_L(\tau) = q(\tau) - q_L(\tau)$ , is the clearance  
186 function. The latter represents the distance, at each time instant, between the mass and the  $j$ -th bumper. When the  
187 mass is in contact with the  $j$ -th bumper  $\delta_j(\tau) = 0$ , otherwise  $\delta_j(\tau) > 0$ .

188 Despite the relative simplicity of the model, in which both the bumpers and the damper have been modeled with  
189 a Kelvin-Voigt model, the system is however strongly nonlinear, due to the presence of clearance, the unilateral  
190 constrains and the occurrence of impact that causes abrupt changes of stiffness and damping at the contact time. In  
191 the following the model shown in Fig. 1 will be denoted as Simplified Nonlinear Model (SNM).

192 In this study two equal bumpers symmetrically arranged on the two sides of the mass were considered. Conse-  
193 quently,  $\lambda_R = \lambda_L = \lambda$ ,  $\gamma_R = \gamma_L = \gamma$  and  $\delta_{0R} = \delta_{0L} = \delta_0$ .

194 The equations of motion (Eqs. (1a)-(1b)) were numerically solved using the central difference method [76], im-  
195 plemented with a Matlab code. As concerns the identification of the period in which impact occurs, this was done  
196 as follows. The beginning of the contact phase between the mass and the  $j$ -th bumper was identified based on the  
197 value of the clearance function  $\delta_j(\tau)$  ( $j = R, L$ ), as illustrated in Eq. (2a). Impact occurs when  $\delta_j(\tau) = 0$ . Regarding  
198 instead the evaluation of the time instant of detachment, this was made based on the value of the contact force  $f_j(\tau)$   
199 ( $j = R, L$ ), as illustrated in Eq. (2b). This choice was motivated by the necessity to overcome one of the drawbacks of  
200 the Kelvin-Voigt model, when used to model the contact, that is the existence of attracting forces after the restitution  
201 phase [77–80]. Since this does not make sense from a physical point of view, in this study the change of sign of the  
202 contact force was assumed as indicator of the end of the contact phase.

### 203 3. Preliminary considerations

204 In this section some preliminary considerations on the influence of the involved parameters on the system re-  
205 sponse (acceleration and displacement) are made, referring to both the situations without and with bumpers. These  
206 considerations represent the starting point of the subsequent analyses.

#### 207 3.1. Without obstacles

208 In the absence of obstacles (free flight condition, FF) the response of a viscously damped SDOF system excited by  
209 a harmonic base acceleration is influenced by the forcing frequency and the damping. The effect of these parameters  
210 on the absolute acceleration and relative displacement response of the system can be seen by observing the trend of  
211 the transmissibility and the displacement response factor curves as a function of the frequency ratio  $\beta$  and for several  
212 values of the damping ratio  $\xi$ . In this study, consistently with the normalization adopted in the governing equations

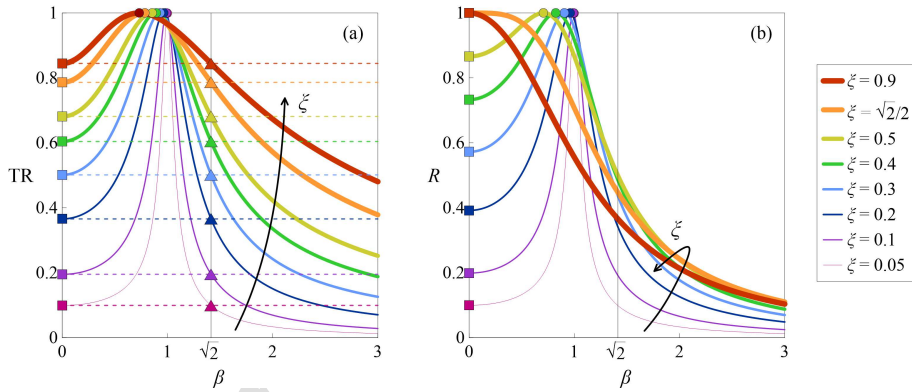


213 (Sect. 2), both the transmissibility and the displacement response factor were redefined, compared to the classical  
 214 definition [81]. In particular, in both cases, the normalization was made with respect to the maximum response  
 215 in resonance condition. The analytical expressions of the transmissibility and the displacement response factor so  
 216 defined, and denoted as  $TR(\xi, \beta)$  and  $R(\xi, \beta)$  respectively, are reported in the lower part of Table A.1 (new definition).  
 217 The upper part of the same table refers to the classical definition. In Fig. 2, the trends of both  $TR(\xi, \beta)$  (Fig. 2a) and  
 218  $R(\xi, \beta)$  (Fig. 2b) are plotted as a function of  $\beta$  and for different values of the damping ratio  $\xi$  (different colors). The  
 219 thickness of the line increases with  $\xi$ .

220 *Effect of  $\beta$ .* Concerning the transmissibility  $TR(\xi, \beta)$  (Fig. 2a), due to the adopted normalization, the assumed value  
 221 for  $\beta = 0$  (highlighted with colored squares) increases with  $\xi$  (Table A.1). Increasing  $\beta$ , the transmitted acceleration  
 222 increases until a maximum is reached for  $\beta = \beta_{Ra}$  (Table A.1), highlighted with colored dots. Due to the adopted  
 223 normalization the maximum value is equal to unity regardless of damping. By further increasing the frequency ratio  
 224  $\beta$ ,  $TR(\xi, \beta)$  starts to decrease and tends to zero as  $\beta \rightarrow \infty$ . The maximum transmitted acceleration becomes lower than  
 225 the ground acceleration, that is  $TR(\xi, \beta) \leq TR(\xi, 0)$ , regardless of  $\xi$ , for  $\beta \geq \sqrt{2}$  (to the right of the colored triangles).  
 226 Consequently, referring to the transmissibility, this frequency value ( $\beta = \sqrt{2}$ ) divides the frequency interval in two  
 227 parts:

- 228 • for  $\beta < \sqrt{2}$  the amplitude of the absolute acceleration transmitted to the mass is greater than the amplitude of  
 229 ground acceleration, that is  $TR(\xi, \beta) > TR(\xi, 0)$ .
- 230 • for  $\beta > \sqrt{2}$  the amplitude of the absolute acceleration transmitted to the mass is lower than the amplitude of  
 231 ground acceleration, that is  $TR(\xi, \beta) < TR(\xi, 0)$ .

232 Regarding the displacement response factor  $R(\xi, \beta)$  (Fig. 2b), similar considerations apply with some differences.  
 233 The assumed value for  $\beta = 0$  (highlighted with colored squares) increases with  $\xi$  if  $0 < \xi \leq \sqrt{2}/2$ . For  $\sqrt{2}/2 \leq \xi < 1$ ,  
 234 instead,  $R(\xi, 0) = 1$ . The maximum, equal to one due to the adopted normalization, occurs for  $\beta = \beta_{Rd}$  (Table A.1).



**Fig. 2.** (a) Transmissibility  $TR$  and (b) displacement response factor  $R$  for several values of the damping ratio  $\xi$  (new definition). The thickness of the line increases with  $\xi$ .

235 *Effect of  $\xi$ .* As concerns the effect of the damping ratio  $\xi$ , it reduces the amplitude of motion at all excitation fre-  
 236 quencies, particularly in the neighborhood of the resonance. From Fig. 2b, it can be observed that, as  $\xi$  increases  
 237 (for  $0 < \xi < \sqrt{2}/2$ ), while the maximum value of the response in resonance condition (colored dot), always equal  
 238 to 1, moves to the left, the other points of the curve move upwards both to the left and to the right of the resonance.  
 239 For  $\sqrt{2}/2 \leq \xi < 1$ , instead, the maximum value of  $R(\xi, \beta)$  is obtained for  $\beta = 0$  (colored square). Referring to the  
 240 transmissibility (Fig. 2a), damping produces opposite effects depending on whether  $\beta < \sqrt{2}$  or  $\beta > \sqrt{2}$ . In particular,  
 241 for  $\beta < \sqrt{2}$  the increase in the damping ratio  $\xi$  reduces the maximum transmitted acceleration, whereas for  $\beta > \sqrt{2}$   
 242 the damping ratio  $\xi$  increases the transmitted acceleration. Comparing Figs. 2a and b, it can be observed that for small

243 values of the damping ratio  $\xi$  in the neighborhood of the resonance the curves of TR and  $R$  are close, both in terms of  
 244 maximum values and resonant frequencies.

245 These preliminary considerations give us indications on how, by acting on the damping and frequency ratios ( $\xi$   
 246 and  $\beta$ ), it is possible to mitigate the system response (acceleration and/or displacement) in the absence of obstacles.  
 247 In particular, the mitigation of the system response can be achieved in two ways: by increasing  $\beta$  for the transmitted  
 248 acceleration to be less than the ground acceleration (isolation), or by increasing the dissipative capability (increasing  
 249  $\xi$ ) to reduce the dynamic amplification in resonance condition. In the first case the attention is directed towards the  
 250 frequency interval  $\beta > \sqrt{2}$ , in which, theoretically, it would be preferable not to have damping; in the second case,  
 251 instead, the attention is directed towards the frequency interval  $\beta < \sqrt{2}$  in which the effect of damping is beneficial.

### 252 3.2. With obstacles

253 The presence of obstacles (existing or newly added) increases the number of parameters that influence the system's  
 254 response. In addition to the frequency ratio  $\beta$  and the damping ratio  $\xi$ , also the effect of the gap  $\delta_0$  and of the  
 255 mechanical properties of the obstacles ( $\lambda$  and  $\gamma$ ) must be considered.

256 For a given value of the dimensionless gap  $\delta_0$ , it is possible to preliminary identify the frequency interval in  
 257 which impact surely will occur, based on geometric considerations, as illustrated in [73]. The limits of this frequency  
 258 interval, denoted as  $\beta_1$  and  $\beta_2$  respectively (with  $\beta_1 < \beta_2$ ), can be determined analytically by solving, for each  $\xi - \delta_0$   
 259 pair, the equation  $R(\xi, \beta) = \delta_0$ , that is by finding the intersections between the curve representative of the displacement  
 260 amplification factor  $R(\xi, \beta)$ , corresponding to the selected  $\xi$  value, and the horizontal line  $\delta_0 = \text{constant}$ , as shown in  
 261 Fig. 3 for  $\xi = 0.1$ . In this figure,  $\beta_1$  and  $\beta_2$  are represented with red and blue dots respectively for some  $\delta_0$  values  
 262 (horizontal dashed lines), and the frequency interval  $\beta_1 \leq \beta \leq \beta_2$  is highlighted, for each  $\delta_0$ , with **thick** horizontal  
 263 yellow lines.

264 The roots of equation  $R(\xi, \beta) = \delta_0$  (Table A.1) have the following expressions:

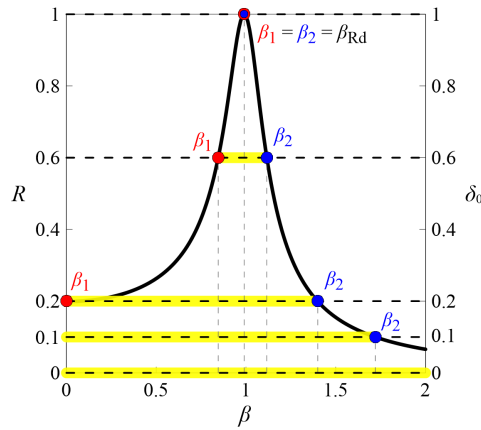
$$265 \quad - \text{ for } 0 < \xi < \sqrt{2}/2 : \begin{cases} \beta_1(\xi, \delta_0) = \sqrt{1 - 2\xi^2 - \frac{2\xi}{\delta_0} \sqrt{(\delta_0^2 - 1)(\xi^2 - 1)}} & (3a) \\ \beta_2(\xi, \delta_0) = \sqrt{1 - 2\xi^2 + \frac{2\xi}{\delta_0} \sqrt{(\delta_0^2 - 1)(\xi^2 - 1)}} & (3b) \end{cases}$$

$$266 \quad - \text{ for } \sqrt{2}/2 \leq \xi < 1 : \begin{cases} \beta_1(\xi, \delta_0) = \sqrt{1 - 2\xi^2 - \frac{1}{\delta_0} \sqrt{1 + (2\xi\delta_0)^2(\xi^2 - 1)}} & (4a) \\ \beta_2(\xi, \delta_0) = \sqrt{1 - 2\xi^2 + \frac{1}{\delta_0} \sqrt{1 + (2\xi\delta_0)^2(\xi^2 - 1)}} & (4b) \end{cases}$$

267 For a given  $\xi$  value (i.e.  $\xi = 0.1$ ), different situations may occur depending on the dimensionless gap  $\delta_0$ . For  
 268  $\delta_0 = 1$ , that is in free flight (FF) condition, the two roots coincide ( $\beta_1 = \beta_2 = \beta_{Rd}$ ) and thus impact never occurs  
 269 for any  $\beta$  value. On the contrary, for  $\delta_0 = 0$ , that is when the bumpers are initially in contact with the mass, the  
 270 equation  $R(\xi, \beta) = 0$  does not admit roots (Eqs. (3a)-(3b)), and consequently impact occurs for each  $\beta$  value. The  
 271 interval  $0 < \delta_0 < 1$  can be divided into two sub-ranges through the value  $\delta_0^* = 2\xi \sqrt{1 - \xi^2}$  ( $\delta_0^* \approx 0.199$  for  $\xi = 0.1$ ).  
 272 For  $\delta_0^* < \delta_0 < 1$  (for example  $\delta_0 = 0.6$ ) the two roots  $\beta_1$  and  $\beta_2$  are both non null and different from each other, with  
 273  $\beta_1 < \beta_{Rd}$  and  $\beta_2 > \beta_{Rd}$ . They diverge as  $\delta_0$  decreases until, for  $\delta_0 = \delta_0^*$ ,  $\beta_1$  becomes zero, meaning that impact occurs  
 274 already starting from  $\beta = 0$ . For  $0 < \delta_0 < \delta_0^*$  (for example  $\delta_0 = 0.1$ ), the equation  $R(\xi, \beta) = \delta_0$  admits only one  
 275 solution ( $\beta_2$ ) which increases as  $\delta_0$  decreases. Also in this case, impact occurs immediately starting from  $\beta = 0$ . It is  
 276 worth noting that impact can occur also outside the frequency range  $\beta_1 \leq \beta \leq \beta_2$ , depending on the nonlinear behavior  
 277 of the system, the values of the parameters and the initial conditions, as it will be shown in the following sections.

278 The introduction of the obstacles changes the response of the system, which will be influenced not only by  $\xi$   
 279 and  $\beta$  but also by the parameters which characterize the obstacles (position and mechanical properties). Preliminary  
 280 considerations can already be made **based on** the position of the obstacle  $\delta_0$  (geometrical condition). The response  
 281 will be further modified considering also the mechanical (stiffness and damping) properties of the obstacles ( $\lambda$  and  $\gamma$ ).





**Fig. 3.** Dynamic amplification factor  $R$  for  $\xi = 0.1$  (thick black curve) with the location of  $\beta_1$  (red dots) and  $\beta_2$  (blue dots) for some  $\delta_0$  values (horizontal dashed lines) [73]. For  $\beta_1 < \beta < \beta_2$  (thick horizontal yellow lines) impact surely occurs for geometric reasons.

282 Based on these preliminary considerations, it is of interest to investigate the effect of obstacles' parameters ( $\delta_0$ ,  $\lambda$  and  
 283  $\gamma$ ) on the system response, to identify possible scenarios and make some reasoning on control. The study is carried  
 284 out numerically assuming a fixed value of the damping ratio  $\xi = 0.1$ . The curves of the transmissibility TR and of the  
 285 displacement response factor  $R$ , corresponding to  $\xi = 0.1$ , will be taken as reference curves in the next.

#### 286 4. Numerical investigations

287 The effect of the introduction of deformable and dissipative obstacles (bumpers), placed at a certain distance, on  
 288 the dynamic response of a SDOF system, was studied through parametric numerical analyses, considering the model  
 289 described in Sect. 2 (SNM) subjected to a stepwise forward and backward sine sweep base excitation.

290 The study concerns the isolation at the base of structures and equipment. The reference isolation system is the  
 291 one that uses the support of High Damping Rubber Bearings (indicated with the acronym HDRB), the mechanical  
 292 characteristics of which can be found in [5, 74] with 10 – 15% damping. The analyses were conducted by assuming  
 293  $\xi = 0.1$  by way of example and fixing the dissipative capability of the bumpers ( $\gamma = 5$ ). In this section it is shown how  
 294 the response of the system varies through the introduction of the obstacles, if compared to the free flight condition.

295 To this aim, the evolution of the forward and backward Pseudo-Resonance-Curves (PRCs) of selected response  
 296 quantities is traced in terms of the stiffness ratio  $\lambda$ . The response quantities were suitably normalized. The parameter  
 297  $\delta_0$  varies between 1 in the case of no impact (free flight) and 0 in the case of a bumper positioned adjacent to the mass  
 298 (pre-contact); in other works by the authors the case of  $\delta_0 < 0$  was also considered, i.e. the bumper is pre-stressed and  
 299 pre-deformed [75], the parameter  $\lambda$  varies between 0 in the case of zero stiffness (i.e. damping constraint) and 100 in  
 300 the case of very high stiffness compared to that of the isolated system, which produces an impact that can be considered  
 301 rigid. The parameter  $\gamma$  is chosen equal to 5 because it represents the value identified in the dynamic experimentation on  
 302 the vibrating table conducted on the isolation damper and on a real bumper [69–71]; it also represents an example case  
 303 for  $\gamma = \text{constant}$ . The damping value,  $\gamma$ , constant, characteristic of the constrained optimization Eq. (6), represents a  
 304 real situation, as the damping of the rubber bumpers depends on the compound and can be considered known or fixed.

305 The selected response quantities are: the normalized excursion of the absolute acceleration of the mass  $\eta_a =$   
 306  $\Delta\alpha/\Delta\alpha_0$ , the normalized excursion of the relative displacement of the mass  $\eta_d = \Delta q/\Delta q_0$ , the normalized excursion  
 307 of the contact force  $\eta_F = \Delta f_B/\Delta\alpha_0$  and the normalized excursion of the deformation of the bumpers  $\eta_B = \Delta q_B/\Delta q_0$ .  
 308 The absolute acceleration of the mass  $\alpha(\tau)$  is given by the sum of the acceleration of the ground  $a_t(\tau) = a_G \sin\beta\tau$   
 309 and the relative acceleration between the mass and the ground  $q''(\tau)$ , that is  $\alpha(\tau) = a_t(\tau) + q''(\tau)$ . The excursion ( $\Delta i$ ,  
 310  $i = \alpha, q, f_B, q_B$ ) was calculated as the difference between the maximum and minimum values recorded at steady state  
 311 of each sub-frequency range. To calculate the excursion of the contact force ( $\Delta f_B$ ) and of the bumpers' deformation  
 312 ( $\Delta q_B$ ), both the bumpers have been considered.  $\Delta f_B$  and  $\Delta q_B$  were calculated as the sum of the maximum absolute  
 313 values of the contact forces and of the deformations of the two bumpers respectively, recorded at steady state of each

sub-frequency range. The normalization was made with respect to the free flight condition. In particular,  $\Delta\alpha_0$  and  $\Delta q_0$  denote the maximum excursion of the absolute acceleration and of the relative displacement of the mass respectively in free flight resonant condition. In addition to these response quantities, also some considerations regarding the resonant frequency of the acceleration  $\beta_R$  and the excursion of the static displacement of the mass  $\eta_{d,st}$  will be made.

Starting from the free flight (FF) condition ( $\delta_0 = 1$ ), the investigated  $\delta_0$  values were chosen based on the considerations made in Sect. 3, involving vibration isolation and the parameters  $\beta_1, \beta_2, \delta_0^*$ , etc. First, the gap interval  $0 \leq \delta_0 \leq 1$  was divided, through the value  $\delta_0^* \approx 0.199$ , into two sub-ranges, namely  $\delta_0^* \leq \delta_0 \leq 1$  and  $0 \leq \delta_0 < \delta_0^*$ , to distinguish the situations in which the equation  $R(\xi, \beta) = \delta_0$  admits two or one roots. Subsequently, inside these two sub-ranges, some  $\delta_0$  values were selected. Referring to the sub-range  $\delta_0^* \leq \delta_0 \leq 1$ , the following values of the dimensionless gap were selected:  $\delta_0 = 1$ ,  $\delta_0 = 0.7$ ,  $\delta_0 = 0.4$  and  $\delta_0 = \delta_0^*$ . As concerns the sub-range  $0 \leq \delta_0 < \delta_0^*$ , in addition to the limit value  $\delta_0 = 0$ , the values of dimensionless gap at which  $\beta_2 = \sqrt{2}$  and  $\beta_2 = 2$ , that is  $\delta_0 \approx 0.1915$  (denoted also as  $\delta_{0c}$ ) and  $\delta_0 \approx 0.066$  respectively, were considered.

#### 4.1. Results

In the following figures (Figs. 4-8) the thick black curves represent the PRCs of  $\eta_a$  and  $\eta_d$  in free flight condition (FF). The other curves represent the forward (solid lines) and backward (dashed lines) PRCs corresponding to increasing values (increasing thickness of the lines) of  $\lambda$  between 0.1 and 100 (the latter assumed conventionally as representative of the impact against a rigid obstacle and denoted as  $\lambda_{max}$ ). Only the curves corresponding to some  $\lambda$  values inside this range (namely  $\lambda = 0.1, 1, 10, 50, 100$ ) were represented to make the figures more readable.

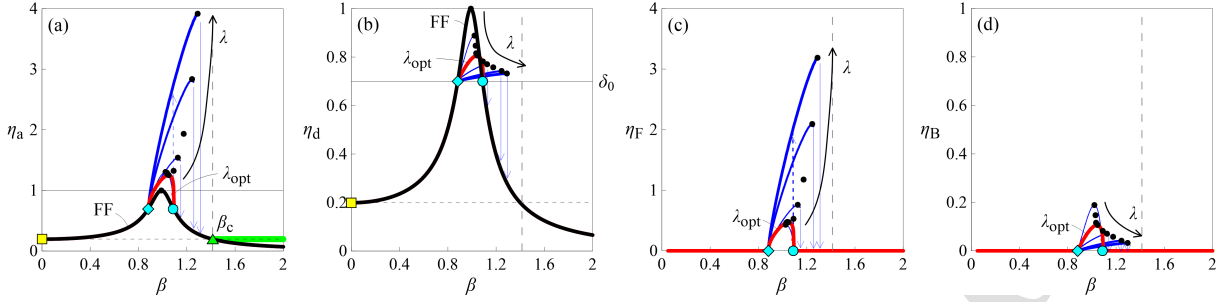
As concerns the symbols, the black dots identify the primary resonance condition for all the investigated  $\lambda$  values (even those for which the PRCs are not shown). The yellow squares represent the values of  $\eta_a$  and  $\eta_d$  for  $\beta = 0$ . The cyan symbols identify the boundaries of the frequency interval in which, for the considered value of  $\delta_0$ , impact will surely occur, based on purely geometric considerations ( $\beta_1 \leq \beta \leq \beta_2$ , Sect. 3.2). In particular, the cyan diamond corresponds to  $\beta_1$  (lower limit of the “geometric” impact range) while the cyan circle corresponds to  $\beta_2$  (upper limit of the “geometric” impact range). The green triangle was used to represent the  $\beta$  value (denoted as  $\beta_c$ ) such that, for  $\beta > \beta_c$  the maximum absolute acceleration of the mass is lower than the ground acceleration ( $\eta_a < \eta_a|_{\beta=0}$ ).

Finally, the vertical arrows identify the jumps.

**Free flight ( $\delta_0 = 1$ ).** For  $\delta_0 = 1$  impact does not occur for any  $\beta$  value ( $\beta_1 = \beta_2 = \beta_{Rd} \approx 0.99$ ) regardless of  $\lambda$ , since the amplitude of the gap is equal to the maximum displacement of the mass in resonance condition. Since in the adopted model (SNM), both the bumpers and the damper were modeled through a linear spring in parallel with a linear viscous dashpot (Kelvin-Voigt model), the corresponding PRCs of  $\eta_a$  and  $\eta_d$ , represented with thick black curves in Figs. 4-8 (FF), coincide with the curves representative of the transmissibility TR and the displacement response factor  $R$  for  $\xi = 0.1$  (Fig. 2). Due to the considered small value of damping ratio  $\xi$ , the PRCs of  $\eta_a$  and  $\eta_d$  in free flight condition are close to each other. Forward and backward curves overlap, without jumps or hysteresis, and the acceleration becomes lower than the ground acceleration for  $\beta > \sqrt{2}$ .

**$\delta_0 = 0.7$ .** For  $\delta_0 = 0.7$  (Fig. 4), impact can occur since  $\beta_1$  (cyan diamond) and  $\beta_2$  (cyan circle) (Eqs. (3a)-(3b)) are both different from zero, with  $\beta_1 < \beta_{Rd}$  and  $\beta_2 > \beta_{Rd}$ . In addition to the frequency range in which impact surely occurs, due to geometric considerations ( $\beta_1 \leq \beta \leq \beta_2$ ), the nonlinear behavior of the system causes the occurrence of impact even outside this range.

Due to the hardening caused by the impact, compared to the free flight condition (FF, black curve), the PRCs bend to the right, and the bending becomes more pronounced as the stiffness ratio  $\lambda$  increases. Exceeded a certain value of  $\lambda$ , which will be denoted as  $\lambda_H$ , the system exhibits jump phenomena (highlighted with arrows), leading to the appearance of a hysteresis region between the jumps. The jump phenomena and the hysteresis are observable in the PRCs of both  $\eta_a$  (Fig. 4a),  $\eta_d$  (Fig. 4b),  $\eta_F$  (Fig. 4c) and  $\eta_B$  (Fig. 4d). For the selected value of the dimensionless gap  $\lambda_H \approx 2.2$ . As it can be seen from Fig. 4, the frequency value at which the upward jump (blue dashed arrow) occurs, decreasing the forcing frequency (backward sweep), is the same for each  $\lambda$  value and corresponds to  $\beta_2$ . On the contrary, the downward jump (blue solid arrow) occurs, increasing the forcing frequency (forward sweep), at a frequency value, in the following denoted as  $\beta_3$ , which increases with  $\lambda$ . Consequently,  $\beta_2$  and  $\beta_3$  give a measure of the extent of the hysteresis region in terms of frequency. As  $\lambda$  increases, this frequency range increases.



**Fig. 4.** Sections of the PRCs for  $\xi = 0.1$ ,  $\gamma = 5$ ,  $\delta_0 = 0.7$  and for several values of the stiffness ratio  $\lambda$  ( $0 < \lambda \leq 100$ ): (a)  $\eta_a$ ; (b)  $\eta_d$ ; (c)  $\eta_F$ ; (d)  $\eta_B$ . The *black curves* in (a) and (b) represent the free flight (FF) condition, the *red curves* identify the PRCs corresponding to the  $\lambda$  value at which the envelope of the maximum values of the acceleration shows a minimum ( $\lambda = \lambda_{\text{opt}}$ ), while the *blue curves* represent the PRCs corresponding to the other values of  $\lambda$  (the thickness of the line increases with  $\lambda$ ). The *black dots* identify the primary resonance condition. In (a) and (b) the *yellow squares* indicate the values of  $\eta_a$  and  $\eta_d$  for  $\beta = 0$ ; the *cyan symbols* represent the location of  $\beta_1$  (*cyan diamond*) and  $\beta_2$  (*cyan circle*). Finally, in (a) the *green triangle* identifies the  $\beta_c$  value, for all the considered values of  $\lambda$ , such that  $\eta_a < \eta_a|_{\beta=0}$  for  $\beta > \beta_c$  (*thick horizontal green line*).

362 In the frequency range corresponding to the hysteresis ( $\beta_2 < \beta < \beta_3$ ), for each  $\beta$  value, and depending on the initial  
 363 conditions, it is possible to observe two steady-state stable solutions, corresponding respectively to large-amplitude  
 364 (with impact) and small-amplitude (without impact) oscillations. Actually, there would be also a third unstable solu-  
 365 tion, that could not be obtained with the used methodology. At the hysteresis region, making a comparison with  
 366 the free flight condition at the same frequency, the introduction of the obstacle can be counter-productive (occurrence  
 367 of impact), depending on the initial conditions. It can **lead** to an increase not only of accelerations, but also of dis-  
 368 placements, or, at best, the response does not change (absence of impact). Therefore, the introduction of the obstacle  
 369 does not always reduce the displacements compared to the free flight condition, as one would expect. Based on these  
 370 considerations, the hysteresis, if possible, should be avoided (choosing  $\lambda < \lambda_H$ ).

371 Regarding the primary resonance (highlighted with black dots), it moves to the right, that is it occurs for increasing  
 372 values of  $\beta$ , as the stiffness ratio  $\lambda$  increases. As concerns the acceleration (Fig. 4a) the maximum value in resonance  
 373 condition (denoted as  $\eta_a^*$ ), starting from the free flight condition (black curve) and increasing  $\lambda$ , first increases, then  
 374 decreases showing a minimum and subsequently starts to grow again, tending to an almost vertical asymptote for large  
 375 values of stiffness ratio. For each  $\lambda$  value, the maximum value of  $\eta_a$  is always greater than that corresponding to the  
 376 free flight condition ( $\eta_a^* > 1$ ). The introduction of the obstacle, on the contrary, always reduces the peak value of the  
 377 excursion of relative displacement ( $\eta_d^* < 1$ ), and the extent of the reduction increases with  $\lambda$  (Fig. 4b). No changes in  
 378 the excursion of the static displacement (highlighted with a yellow square) are observed. As concerns the bumpers,  
 379 both the contact force and the deformation are null in the absence of impact. When impact occurs, the values of the  
 380 contact force at resonance (black dots in Fig. 4c) show a trend with the stiffness ratio similar to that of the maximum  
 381 values of the acceleration, with the occurrence of a minimum. The deformation of the bumpers (Fig. 4d), instead,  
 382 quite small for the selected  $\delta_0$  value, always decreases with  $\lambda$ .

383 From Fig. 4, it can be also noted that, for the considered combination of parameters ( $\xi$ ,  $\gamma$  and  $\delta_0$ ) and for  $0 < \lambda \leq$   
 384  $100$ , the occurrence of impact modifies the response of the system only for  $\beta < \sqrt{2}$ , keeping unaltered the frequency  
 385 range of interest for the isolation in the linear case, that is  $\beta > \sqrt{2}$ .

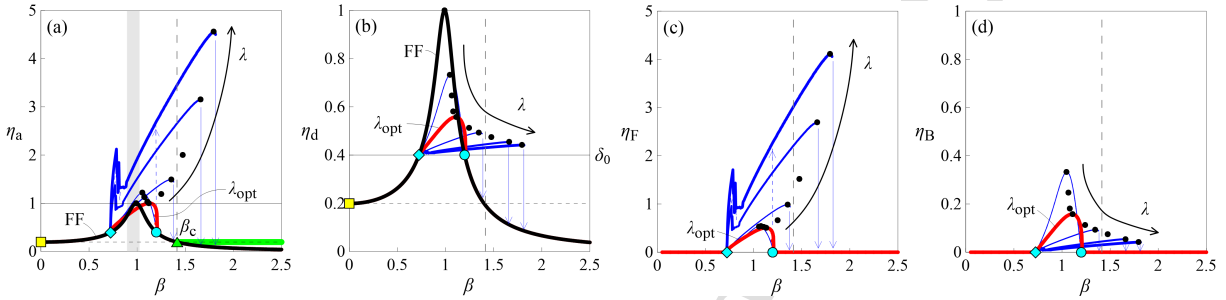
386 Finally, by looking at the PRCs of  $\eta_a$  (Fig. 4a), it is possible to identify a value of stiffness ratio (denoted as  $\lambda_{\text{opt}}$ )  
 387 for which the envelope of the maximum values of  $\eta_a$  shows a minimum ( $\min[\eta_a^*]$ ), although it is, in any case,  $\eta_a^* > 1$ .  
 388 For the considered value of  $\delta_0$ , this occurs for  $\lambda_{\text{opt}} \approx 2$  (thick red curve). In this condition, the resonance occurs for  
 389  $\beta_R \approx 1.05$  and since  $\lambda_{\text{opt}} \approx 2 < \lambda_H$ , no hysteresis is observed. Furthermore, for all the considered values of  $\lambda$ , the  
 390 acceleration transmitted to the mass becomes smaller than the ground acceleration for  $\beta > \sqrt{2}$  (that is  $\beta_c = \sqrt{2}$ , green  
 391 triangle). In Fig. 4a this frequency range was highlighted with a horizontal green thick line.

392 In the condition corresponding to the minimum peak value of  $\eta_a$  ( $\lambda = \lambda_{\text{opt}}$ ), also a reduction of the peak value of  
 393 the relative displacement of the mass, compared to the free flight condition, was noticed (red curve in Fig. 4b). On the  
 394 other hand, no reduction of the static displacement was observed.

395 By comparing the PRC corresponding to  $\lambda_{\text{opt}}$  (thick red curve) and the PRC in free flight condition (thick black  
 396 curve) at the same frequency (for  $\beta_1 \leq \beta \leq \beta_2$ ), it can be noted that, in the condition corresponding to the minimum

397 peak value of the acceleration, while the acceleration is always greater than the free flight condition, the displacement  
 398 is in general lower, except for frequency values slightly lower than  $\beta_2$ , at which the red curve appears to be above the  
 399 black one.

400  $\delta_0 = 0.4$ . By reducing the dimensionless gap, always remaining in the range  $\delta_0^* < \delta_0 < 1$ , the amplitude of the  
 401 frequency interval in which impact occurs increases (Fig. 5, for  $\delta_0 = 0.4$ ). Compared to the previous case ( $\delta_0 = 0.7$ ,  
 402 Fig. 4), it is possible to identify a value of the stiffness ratio (denoted as  $\lambda_c < \lambda_{\max}$ ), beyond which the occurrence  
 403 of impact modifies the response of the system, compared to the free flight condition, also for  $\beta > \sqrt{2}$ . For  $\delta_0 = 0.4$   
 404 this occurs for  $\lambda_c \simeq 14$ . For  $\lambda > \lambda_c$  the transmitted acceleration becomes lower than the ground acceleration after the  
 405 downward jump, which occurs for increasing values of  $\beta$  as  $\lambda$  increases. Consequently, compared to the linear case,  
 406 the isolation frequency range decreases.



**Fig. 5.** Sections of the PRCs for  $\xi = 0.1$ ,  $\gamma = 5$ ,  $\delta_0 = 0.4$  and for several values of the stiffness ratio  $\lambda$  ( $0 < \lambda \leq 100$ ): (a)  $\eta_a$ ; (b)  $\eta_d$ ; (c)  $\eta_F$ ; (d)  $\eta_B$ . The black curves in (a) and (b) represent the free flight (FF) condition, the red curves identify the PRCs corresponding to the  $\lambda$  value at which the envelope of the maximum values of the acceleration shows a minimum ( $\lambda = \lambda_{\text{opt}}$ ), while the blue curves represent the PRCs corresponding to the other values of  $\lambda$  (the thickness of the line increases with  $\lambda$ ). The black dots identify the primary resonance condition. In (a) and (b) the yellow squares indicate the values of  $\eta_a$  and  $\eta_d$  for  $\beta = 0$ ; the cyan symbols represent the location of  $\beta_1$  (cyan diamond) and  $\beta_2$  (cyan circle). Finally, in (a) the green triangle identifies the  $\beta_c$  value, for  $\lambda = \lambda_{\text{opt}}$ , such that  $\eta_a < \eta_{a|\beta=0}$  for  $\beta > \beta_c$  (thick horizontal green line). The vertical gray band in (a) highlights the frequency interval in which the PRC of  $\eta_a$  corresponding to  $\lambda = \lambda_{\text{opt}}$  (red curve) is below the PRC corresponding to the free flight condition (FF, black curve).

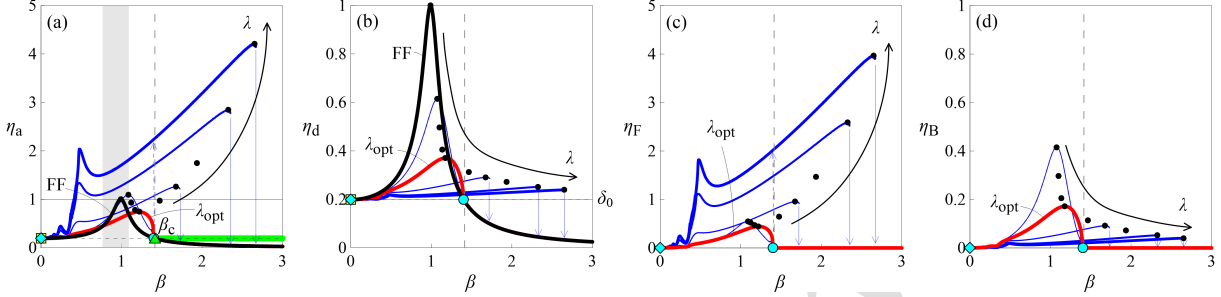
407 Compared to the scenarios observed for  $\delta_0 = 0.7$  (Fig. 4), for  $\delta_0 = 0.4$ , increasing the stiffness ratio, secondary  
 408 resonances in the low frequency range appear and become gradually evident, affecting increasingly larger frequency  
 409 ranges. At these secondary resonances, particularly evident in the PRCs of  $\eta_a$  (Fig. 5a) and  $\eta_F$  (Fig. 5c), periodic and  
 410 quasi-periodic responses can be observed, and the acceleration of the mass appears to be always greater compared to  
 411 the free flight condition.

412 As concerns the values of the response in resonance condition (black dots), similar considerations apply to those  
 413 made for  $\delta_0 = 0.7$ . Also in this case the envelope of the maximum values of the acceleration, in resonance condition,  
 414 shows a minimum for  $\lambda_{\text{opt}} \simeq 1$ . Since  $\lambda_{\text{opt}}$  is slightly lower than  $\lambda_H \simeq 1.2$ , no hysteresis occurs. Furthermore,  
 415 always referring to  $\lambda_{\text{opt}}$  (thick red curve), it can be observed that the maximum value of the acceleration in resonance  
 416 condition, which occurs for  $\beta_R \simeq 1.12$ , is close to the value corresponding to the free flight condition ( $\eta_a^* \simeq 1$ ). We can  
 417 see therefore the possibility of reducing the maximum value of the acceleration compared to the free flight condition,  
 418 also in the presence of impact, by further reducing the dimensionless gap. Furthermore, since  $\lambda_{\text{opt}} < \lambda_c$ , the response  
 419 of the system is not altered for  $\beta > \sqrt{2}$  ( $\beta_c = \sqrt{2}$ , green triangle in Fig. 5a).

420 Finally, by comparing the PRC of  $\eta_a$  (Fig. 5a) corresponding to  $\lambda_{\text{opt}}$  (thick red curve) and the PRC in free flight  
 421 condition (thick black curve) at the same frequency (for  $\beta_1 \leq \beta \leq \beta_2$ ), it can be noted that there is a frequency range  
 422 (highlighted with a vertical gray band) in which, despite the occurrence of impact, the acceleration is lower than in  
 423 the free flight condition.

424  $\delta_0 = \delta_0^*$ . Moving to the value of the dimensionless gap  $\delta_0 = \delta_0^* = 2\xi \sqrt{1 - \xi^2} \simeq 0.199$  (Fig. 6), a limit condition is  
 425 reached in which the impact already occurs for  $\beta = 0$  (since  $\beta_1 = 0$ ). In the low frequency range secondary resonances,  
 426 of different type compared to those observed for  $\delta_0 = 0.4$ , appear and become gradually evident, affecting increasingly  
 427 larger frequency ranges as  $\lambda$  increases. In the condition corresponding to the minimum value of the acceleration at

428 resonance ( $\min[\eta_a^*]$ , thick red curve), which occurs for  $\lambda_{\text{opt}} \approx 1$ , no hysteresis is observed ( $\lambda_{\text{opt}} < \lambda_H \approx 1.8$ ). Since  
 429 in this condition  $\beta_c = \sqrt{2}$  ( $\lambda_{\text{opt}} < \lambda_c \approx 2$ ), the response of the system is not altered for  $\beta > \sqrt{2}$ , compared to the free  
 430 flight condition. Furthermore, the maximum value of the acceleration, which occurs for  $\beta_R \approx 1.22$ , is lower than the  
 431 value corresponding to the free flight condition ( $\eta_a^* < 1$ ). Finally, always for  $\lambda = \lambda_{\text{opt}}$  (thick red curve), it can be noted  
 432 that, compared to  $\delta_0 = 0.4$ , the amplitude of the frequency range (highlighted with a vertical gray band) in which,  
 433 despite the occurrence of impact, the acceleration is lower than in the free flight condition, has increased.



**Fig. 6.** Sections of the PRCs for  $\xi = 0.1$ ,  $\gamma = 5$ ,  $\delta_0 = \delta_0^* \approx 0.199$  and for several values of the stiffness ratio  $\lambda$  ( $0 < \lambda \leq 100$ ): (a)  $\eta_a$ ; (b)  $\eta_d$ ; (c)  $\eta_F$ ; (d)  $\eta_B$ . The black curves in (a) and (b) represent the free flight (FF) condition, the red curves identify the PRCs corresponding to the  $\lambda$  value at which the envelope of the maximum values of the acceleration shows a minimum ( $\lambda = \lambda_{\text{opt}}$ ), while the blue curves represent the PRCs corresponding to the other values of  $\lambda$  (the thickness of the line increases with  $\lambda$ ). The black dots identify the primary resonance condition. In (a) and (b) the yellow squares indicate the values of  $\eta_a$  and  $\eta_d$  for  $\beta = 0$ ; the cyan symbols represent the location of  $\beta_1$  (cyan diamond) and  $\beta_2$  (cyan circle). For this value of  $\delta_0$  it is  $\beta_1 = 0$  and, consequently, the cyan diamond is superimposed to the yellow square. Finally, in (a) the green triangle identifies the  $\beta_c$  value, for  $\lambda = \lambda_{\text{opt}}$ , such that  $\eta_a < \eta_a|_{\beta=0}$  for  $\beta > \beta_c$  (thick horizontal green line). The vertical gray band in (a) highlights the frequency interval in which the PRC of  $\eta_a$  corresponding to  $\lambda = \lambda_{\text{opt}}$  (red curve) is below the PRC corresponding to the free flight condition (FF, black curve).

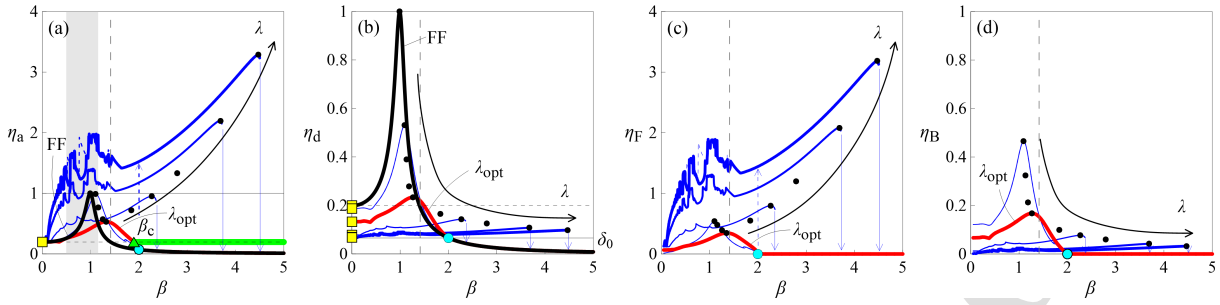
434  $\delta_0 = \delta_{0c}$ . By further reducing the gap, the condition in which  $\beta_2 = \sqrt{2}$  is reached. Due to the considered damping  
 435 ratio  $\xi$ , the value of dimensionless gap at which this condition occurs, calculated using Eq. (3b) and denoted as  $\delta_{0c}$ , is  
 436 slightly lower than  $\delta_0^*$  ( $\delta_{0c} \approx 0.1915$ ). The corresponding PRCs are similar to those shown in Fig. 6 and consequently  
 437 most of the considerations made for  $\delta_0 = \delta_0^*$  (Fig. 6) apply also in this case. However, some differences should be  
 438 highlighted. Since now  $0 < \delta_{0c} < \delta_0^*$ , the equation  $R(\xi, \beta) = \delta_{0c}$  admits only one solution ( $\beta_2$ , cyan circle) and impact  
 439 occurs already starting from  $\beta = 0$ . Compared to  $\delta_0 = \delta_0^*$ , the increase in  $\beta$  causes a slight decrease also of the  
 440 static displacement. Finally, for this value of the dimensionless gap  $\lambda_H \approx \lambda_c \approx 1.8$  and the minimum value of the  
 441 acceleration in resonance occurs again for  $\lambda_{\text{opt}} \approx 1$ . In this condition  $\eta_a^* < 1$ , no hysteresis occurs ( $\lambda < \lambda_H$ ) and, since  
 442  $\beta_c = \beta_2 = \sqrt{2}$  ( $\lambda_{\text{opt}} < \lambda_c$ ), the response of the system is not altered for  $\beta > \sqrt{2}$ , compared to the free flight condition.

443  $\delta_0 \approx 0.066$ . Let us now consider the value of the dimensionless gap at which  $\beta_2 = 2$ , that is  $\delta_0 \approx 0.066$  (Fig. 7). At  
 444 this  $\delta_0$  value, as  $\lambda$  increases, more complex behaviors appear in the low frequency range. Different types of secondary  
 445 resonances (with left hysteresis or of non-regular type), of a different nature from those observed for greater values  
 446 of  $\delta_0$ , appear and become gradually evident, affecting increasingly larger frequency ranges as  $\lambda$  increases. At these  
 447 secondary resonances, more evident in the PRCs of  $\eta_a$  (Fig. 7a) and  $\eta_F$  (Fig. 7c), both periodic, quasi-periodic and  
 448 even chaotic solutions can be observed. Furthermore, always at the secondary resonances, the number of impacts  
 449 between the mass and each bumper, per forcing cycle, is found to increase as  $\beta$  decreases and, for a given  $\beta$  value, as  
 450  $\lambda$  increases.

451 At this  $\delta_0$  value, the reduction of the static displacement with increasing  $\lambda$ , already observed for  $\delta_0 = \delta_{0c}$ , is more  
 452 evident (yellow squares in Fig. 7b). Compared to  $\delta_{0c}$ , since in this case  $\beta_2 = 2 > \sqrt{2}$ , the occurrence of impact  
 453 modifies, in any case and regardless of  $\lambda$  (with  $0 < \lambda \leq 100$ ), the response of the system also for  $\beta > \sqrt{2}$ , compared  
 454 to the free flight condition. The extent of the frequency range affected by such changes does not vary if  $\lambda < \lambda_H \approx 4.4$   
 455 (no hysteresis), whereas it becomes gradually larger as  $\lambda$  increases beyond  $\lambda_H$ .

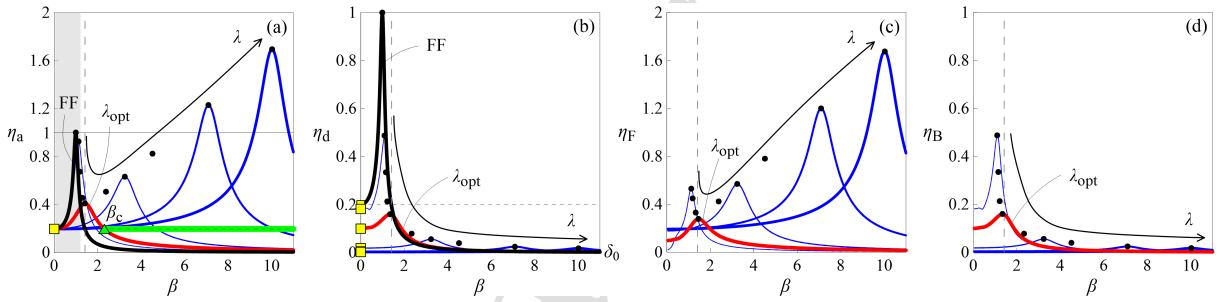
456 The minimum value of the acceleration in resonance condition occurs for  $\lambda_{\text{opt}} \approx 1$ . In this condition, since  
 457  $\lambda_{\text{opt}} < \lambda_H$  no hysteresis occurs and furthermore  $\beta_c \approx 1.9$ . At resonance, which occurs for  $\beta_R \approx 1.32$ ,  $\eta_a^* < 1$  and,





**Fig. 7.** Sections of the PRCs for  $\xi = 0.1$ ,  $\gamma = 5$ ,  $\delta_0 \approx 0.066$  (value of  $\delta_0$  so that  $\beta_2 = 2$ ) and for several values of the stiffness ratio  $\lambda$  ( $0 < \lambda \leq 100$ ): (a)  $\eta_a$ ; (b)  $\eta_d$ ; (c)  $\eta_F$ ; (d)  $\eta_B$ . The *black curves* in (a) and (b) represent the free flight (FF) condition, the *red curves* identify the PRCs corresponding to the  $\lambda$  value at which the envelope of the maximum values of the acceleration shows a minimum ( $\lambda = \lambda_{\text{opt}}$ ), while the *blue curves* represent the PRCs corresponding to the other values of  $\lambda$  (the thickness of the line increases with  $\lambda$ ). The *black dots* identify the primary resonance condition. In (a) and (b) the *yellow squares* indicate the values of  $\eta_a$  and  $\eta_d$  for  $\beta = 0$ . The *cyan circles* represent the location of  $\beta_2$ . Finally, in (a) the *green triangle* identifies the  $\beta_c$  value, for  $\lambda = \lambda_{\text{opt}}$ , such that  $\eta_a < \eta_{a|\beta=0}$  for  $\beta > \beta_c$  (*thick horizontal green line*). The *vertical gray band* in (a) highlights the frequency interval in which the PRC of  $\eta_a$  corresponding to  $\lambda = \lambda_{\text{opt}}$  (*red curve*) is below the PRC corresponding to the free flight condition (FF, *black curve*).

458 in addition to a substantial reduction of the peak value of acceleration, a noticeable reduction of both the peak value  
 459 of the displacement and the static displacement is observed. Compared to the previous considered  $\delta_0$  values, the  
 460 amplitude of the frequency range in which, despite the occurrence of impact, the acceleration is lower than in the free  
 461 flight condition (vertical gray band in Fig. 7a) is increased. However, also the amplitude of the frequency range in  
 462 which the displacement in presence of impact is greater than in the free flight is increased (Fig. 7b).



**Fig. 8.** Sections of the PRCs for  $\xi = 0.1$ ,  $\gamma = 5$ ,  $\delta_0 = 0$  and for several values of the stiffness ratio  $\lambda$  ( $0 < \lambda \leq 100$ ): (a)  $\eta_a$ ; (b)  $\eta_d$ ; (c)  $\eta_F$ ; (d)  $\eta_B$ . The *black curves* in (a) and (b) represent the free flight (FF) condition, the *red curves* identify the PRCs corresponding to the  $\lambda$  value at which the envelope of the maximum values of the acceleration shows a minimum ( $\lambda = \lambda_{\text{opt}}$ ), while the *blue curves* represent the PRCs corresponding to the other values of  $\lambda$  (the thickness of the line increases with  $\lambda$ ). The *black dots* identify the primary resonance condition. In (a) and (b) the *yellow squares* indicate the values of  $\eta_a$  and  $\eta_d$  for  $\beta = 0$ . Finally, in (a) the *green triangle* identifies the  $\beta_c$  value, for  $\lambda = \lambda_{\text{opt}}$ , such that  $\eta_a < \eta_{a|\beta=0}$  for  $\beta > \beta_c$  (*thick horizontal green line*). The *vertical gray band* in (a) highlights the frequency interval in which the PRC of  $\eta_a$  corresponding to  $\lambda = \lambda_{\text{opt}}$  (*red curve*) is below the PRC corresponding to the free flight condition (FF, *black curve*).

463  $\delta_0 = 0$ . When the bumpers are initially positioned in contact with the mass ( $\delta_0 = 0$ ) the situation returns to be quite  
 464 smooth, as shown in Fig. 8, although impact occurs for each  $\beta$  value (Sect. 3.2). Due to the occurrence of impact, the  
 465 behavior of the system is still nonlinear [72], although the PRCs do not show neither jump phenomena nor hysteresis.  
 466 As  $\lambda$  increases, the primary resonance moves to higher frequency values, up to about 10 for  $\lambda = \lambda_{\text{max}} = 100$ . The  
 467 occurrence of impact modifies, in any case and regardless of  $\lambda$  (with  $0 < \lambda \leq 100$ ), the response of the system for each  
 468  $\beta$  value and the PRCs, once exceeded the resonance (black dots), tend to the curve corresponding to the free flight  
 469 condition (thick black curve) for  $\beta \rightarrow \infty$ . This happens also in the condition corresponding to the minimum peak  
 470 value of the acceleration ( $\lambda = \lambda_{\text{opt}}$ , thick red curve), which still occurs for  $\lambda_{\text{opt}} \approx 1$ . In this condition, compared to the  
 471 free flight condition, significant reductions of both the peak value of acceleration, the peak value of the displacement  
 472 and the static displacement of the mass, are observed. For  $\lambda = \lambda_{\text{opt}}$  (thick red curve), the primary resonance occurs for



473  $\beta_R \approx \sqrt{2}$  and the acceleration of the mass becomes lower than that of the ground for  $\beta > \beta_c \approx 2.3$ .

#### 474 4.2. Discussion

475 The study of the evolution of the PRCs with the stiffness ratio  $\lambda$ , for fixed values of both the damping ratios  $\xi$  and  
 476  $\gamma$  and the dimensionless gap  $\delta_0$ , allowed to investigate the influence of  $\delta_0$ ,  $\lambda$  and  $\beta$  on the system (mass and bumpers)  
 477 response. Based on the obtained results, some preliminary conclusions can be drawn.

478 *Scenarios.* Starting from the free flight condition ( $\delta_0 = 1$ ) and reducing the gap, gradually more complex scenarios  
 479 were observed, characterized by the occurrence of a primary hysteresis, secondary resonances of different types in  
 480 the low frequency range, periodic, quasi-periodic and chaotic responses, multiple impacts, to mention a few. Some of  
 481 these scenarios do not go in the desired direction thinking of control. However, by properly selecting the bumpers'  
 482 parameters, it would be possible to guide the system response to reach specific objectives.

483 *Frequency ranges.* Starting from  $\delta_0 = 1$  and decreasing  $\delta_0$ , the amplitude of the frequency interval in which impact  
 484 will surely occur, due only to geometric considerations ( $\beta_1 \leq \beta \leq \beta_2$ , Sect. 3.2), increases. In Fig. 9, the thick black  
 485 curve represents the PRC of  $\eta_d$  in free flight (FF) condition. For each  $\delta_0$  value (right vertical axis), the extremes of the  
 486 frequency interval  $\beta_1 \leq \beta \leq \beta_2$  are given by the intersections between this PRC and the horizontal line  $\delta_0 = \text{constant}$ .  
 487 For the considered system and parameters, impact does not occur for  $\beta < \beta_1$  (on the left of the ascending branch of  
 488 the thick black curve in Fig. 9), with  $\beta_1$  becoming zero when  $\delta_0$  reaches the value  $\delta_0^* \approx 0.199$ . Furthermore, due to  
 489 the hardening caused by the impact, when  $\lambda > \lambda_H$  (occurrence of hysteresis), where  $\lambda_H$  depends on  $\delta_0$ , impact can  
 490 occur also for  $\beta_2 < \beta < \beta_3$ .  $\beta_3$  denotes the frequency value at which, during the forward sweep (increasing forcing  
 491 frequency), the downward jump occurs. In Fig. 9 the blue curves represent the locus of the  $\beta_3$  values for different  
 492 stiffness ratios (the thickness of the lines increases with  $\lambda$ ).

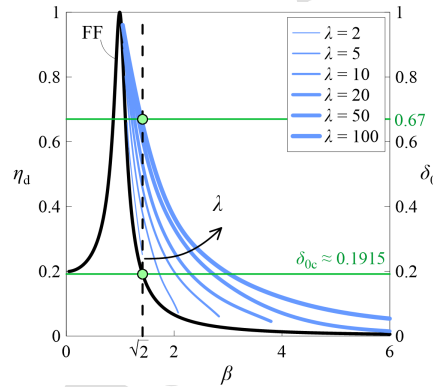


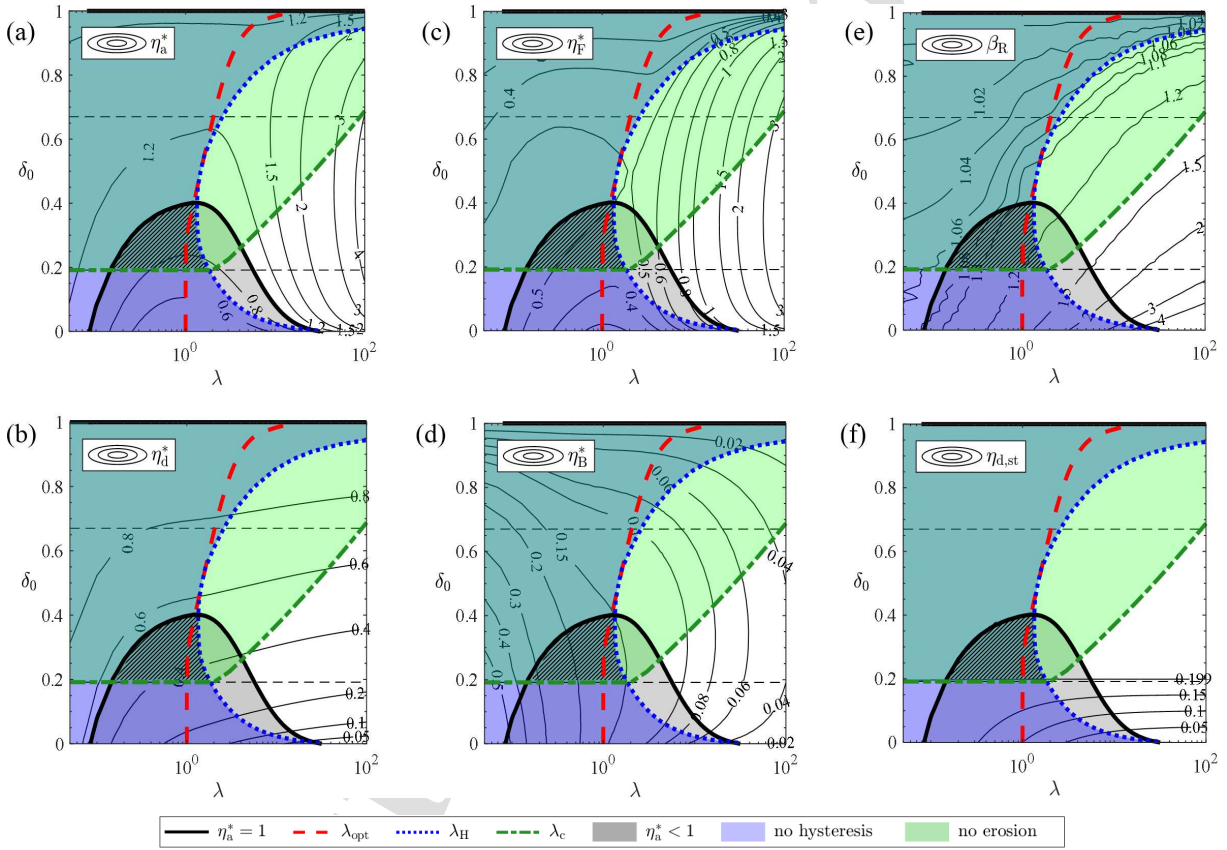
Fig. 9. PRC of  $\eta_d$  in free flight condition for  $\xi = 0.1$  (FF, black curve) together with the envelopes of the downward jump frequencies ( $\beta_3$ , blue curves) for  $\gamma = 5$  and several  $\lambda$  values. The thickness of the line increases with  $\lambda$ .

493 In the two limit cases, namely  $\delta_0 = 1$  (free flight condition, absence of impact) and  $\delta_0 = 0$  (bumpers initially in  
 494 contact with the mass, occurrence of impact for each  $\beta$  value) hysteresis never occurs, regardless of  $\lambda$ . For  $0 < \delta_0 < 1$ ,  
 495 if the horizontal line  $\delta_0 = \text{constant}$  intersects one of the blue curves, it means that for that pair  $\delta_0 - \lambda$  the jump  
 496 phenomenon, and thus the hysteresis, will occur. The amplitude of the frequency range associated with the hysteresis  
 497 ( $\beta_2 < \beta < \beta_3$ , between the descending branch of the black curve and one of the blue curves) increases, for a given  $\delta_0$   
 498 value, as  $\lambda$  increases (increasing thickness of the blue line) and, for a given  $\lambda$  value, as  $\delta_0$  decreases.

499 From the same figure, it is also possible to see if, for the considered values of  $\delta_0$  and  $\lambda$ , due to the occurrence of  
 500 impact, the response of the system will be modified, compared to the free flight condition, also for  $\beta > \sqrt{2}$  (to the right  
 501 of the vertical dashed line). It depends on the value of  $\beta_3$ . Three gap ranges can be identified. For  $\delta_0 > 0.67$  (above  
 502 the upper horizontal green line) the occurrence of impact will modify the response of the system only in the frequency  
 503 range  $\beta < \sqrt{2}$ , for each considered  $\lambda$  value, with  $0 < \lambda \leq 100$ , since  $\beta_3$  is always lower than  $\sqrt{2}$  (all the blue curves  
 504 are to the left of the vertical dashed line  $\beta = \sqrt{2}$ ). It is worth noting that the threshold value of the dimensionless gap

505  $\delta_0 = 0.67$  depends on the maximum value of the stiffness ratio considered in the analysis ( $\lambda_{\max} = 100$  in this study)  
 506 and it increases as  $\lambda_{\max}$  increases. For  $\delta_0 < \delta_{0c}$  (below the lower horizontal green line), where  $\delta_{0c} \approx 0.1915$  is the value  
 507 of the dimensionless gap at which  $\beta_2 = \sqrt{2}$ , the response will be modified in any case, regardless of  $\lambda$ , not only for  
 508  $0 \leq \beta < \sqrt{2}$ , but also for  $\beta > \sqrt{2}$ . The extent of the frequency range beyond  $\sqrt{2}$ , affected by the occurrence of impact,  
 509 becomes gradually larger as  $\lambda$  increases. For  $\delta_{0c} \leq \delta_0 \leq 0.67$  (between the two horizontal green lines), the response  
 510 will be modified also for  $\beta > \sqrt{2}$  only if  $\lambda > \lambda_c$ . For each dimensionless gap within this range, the corresponding  
 511  $\lambda_c$  value is that associated with the blue curve which, for the considered  $\delta_0$  value, intersects the vertical dashed line  
 512  $\beta = \sqrt{2}$ . It can be observed that  $\lambda_c$ , starting from  $\lambda_c = \lambda_{\max} = 100$  for  $\delta_0 \approx 0.67$ , decreases as  $\delta_0$  decreases.

513 *Resonance condition.* For a given  $\delta_0$  value, the increase in the stiffness ratio  $\lambda$  causes a gradually more pronounced  
 514 bending of the PRCs, with the increase in the resonant frequency and the occurrence of the jump phenomena and the  
 515 hysteresis, for  $\lambda > \lambda_H(\delta_0)$ . As concerns the values of the selected response quantities in resonance condition ( $\eta_i^*$ ,  $i =$   
 516 a, d, F, B), it was observed that, compared to the free flight condition, the increase in  $\lambda$  causes an increasing reduction  
 517 of the displacement of the mass and of the deformation of the bumpers, while the acceleration of the mass and the  
 518 contact force, after a first increase, for very small values of  $\lambda$ , decrease, reach a minimum and then start to grow again.  
 519 Regarding the static displacement, it decreases, as  $\lambda$  increases, only if  $0 \leq \delta_0 < \delta_0^*$ .



**Fig. 10.** Contour maps of: (a)  $\eta_a^*$ ; (b)  $\eta_d^*$ ; (c)  $\eta_F^*$ ; (d)  $\eta_B^*$ ; (e)  $\beta_R$ ; (f)  $\eta_{d,st}$  for  $\xi = 0.1$ ,  $\gamma = 5$ ,  $0 < \lambda \leq 100$  and  $0 \leq \delta_0 \leq 1$ . The *solid black curve* highlights the contour level corresponding to a unit value of  $\eta_a^*$ . The *dashed red*, *dotted blue* and *dash-dotted green curves* represent the values of  $\lambda_{opt}$ ,  $\lambda_H$  and  $\lambda_c$  respectively, for each  $\delta_0$  value. Meaning of the shaded regions: *light gray*:  $\eta_a^* < 1$  (between the *solid black curve* and the  $\lambda$  axis); *light blue*: no hysteresis (to the left of the *dotted blue curve*); *light green*: no erosion of the isolation frequency range  $\beta > \sqrt{2}$  (above the *dash-dotted green curve*). The *black diagonal hatch* highlights the region of the  $\lambda - \delta_0$  plane in which the three shaded areas overlap.

520 By extending the range of investigation to other values of the dimensionless gap, for  $0 \leq \delta_0 \leq 1$  and  $0 < \lambda \leq 100$ ,  
 521 always assuming  $\xi = 0.1$  and  $\gamma = 5$ , the contour maps shown in Fig. 10 have been obtained. In particular, **Figures**

10a-d show the contour maps of the maximum values of the excursion of the absolute acceleration of the mass ( $\eta_a^*$ ), the relative displacement of the mass ( $\eta_d^*$ ), the contact force ( $\eta_F^*$ ) and the deformation of the bumpers ( $\eta_B^*$ ) respectively. Figs. 10e,f, instead, correspond to the resonant frequency of the acceleration  $\beta_R$  and the excursion of the static displacement  $\eta_{d,st}$  respectively. The use of logarithmic scale for the  $\lambda$  axis allows to see better the evolution of the selected quantities in the range of small stiffness ratios.

From Fig. 10a it can be observed that, in most cases ( $\lambda - \delta_0$  pairs), the occurrence of the impact against the obstacles causes an increase of the peak value of the acceleration compared to the free flight condition ( $\eta_a^* > 1$ ). For large values of  $\lambda$ ,  $\eta_a^*$  can reach values up to 5. However, for small values of  $\lambda$  ( $\lambda < 20$ ) and for  $\delta_0 < 0.4$ , the peak value of the acceleration, despite the occurrence of impact, can be lower than in free flight condition ( $\eta_a^* < 1$ ). The contour line corresponding to  $\eta_a^* = 1$  (solid black curve) divides the  $\lambda - \delta_0$  plane in two regions in which  $\eta_a^* > 1$  and  $\eta_a^* < 1$  respectively. The latter was highlighted with a light gray background.

For each  $\delta_0$  value, it is possible to identify the value of  $\lambda$  at which the envelope of the maximum values of the acceleration shows a minimum. The locus of the  $\lambda$  values corresponding to this condition (denoted as  $\lambda_{opt}$ ) is represented with a dashed red curve. By focusing the attention on the range  $0 \leq \delta_0 \leq 0.4$  at which, through the introduction of the obstacles, it is possible to obtain a reduction of the acceleration, compared to the free flight condition ( $\eta_a^* < 1$ ), it can be observed that the minimum occurs for  $\lambda_{opt} \approx 1$ , regardless of  $\delta_0$ .

The dotted blue curve represents the locus of the values of  $\lambda$ , denoted as  $\lambda_H$ , beyond which, for a given  $\delta_0$  value, the jump phenomena, and thus the primary hysteresis, occur. This curve divides the  $\lambda - \delta_0$  plane into two regions. To the left of the dashed blue curve no hysteresis occurs (this region was highlighted with a light blue background), whereas to the right there will be hysteresis. While in the two limit cases ( $\delta_0 = 1$  and  $\delta_0 = 0$ ), the hysteresis never occurs, for  $0 < \delta_0 < 1$ ,  $\lambda_H$  decreases as  $\delta_0$  decreases, reaching the lower values ( $\lambda_H \approx 1.4$ ) for  $0.3 < \delta_0 < 0.5$ , then it starts to increase again as  $\delta_0$  further decreases. It can be noted that, for each  $\delta_0$  value,  $\lambda_{opt} < \lambda_H$  (the dashed red curve is always to the left of the dotted blue curve), meaning that in the condition corresponding to the minimum peak value of the acceleration of the mass ( $\lambda = \lambda_{opt}$ ), the hysteresis never occurs.

Finally, the dash-dotted green curve represents the locus of the values of  $\lambda$ , denoted as  $\lambda_c$ , beyond which, for a given  $\delta_0$  value, the occurrence of impact causes a modification of the system response, compared to the free flight condition, also for  $\beta > \sqrt{2}$ . This curve divides the  $\lambda - \delta_0$  plane into two regions. Above the dash-dotted green curve the occurrence of impact will modify the response of the system only in the frequency range  $\beta < \sqrt{2}$  (this region was highlighted with a light green background), whereas below the curve also the frequency range  $\beta > \sqrt{2}$  will be affected. For  $\delta_0 > 0.67$  (upper horizontal dashed line), since there are no intersections between the dash-dotted green curve and the horizontal line  $\delta_0 = constant$  (meaning that  $\lambda_c > \lambda_{max} = 100$ ), the response will be modified, due to the occurrence of impact, only in the frequency range  $\beta < \sqrt{2}$ . On the contrary, for  $\delta_0 < \delta_{0c} \approx 0.1915$  (lower horizontal dashed line) the response will be modified also for  $\beta > \sqrt{2}$  regardless of  $\lambda$ . For  $\delta_{0c} \leq \delta_0 < 0.67$  (between the two horizontal dashed lines), the isolation frequency range will be reduced, compared to the free flight condition, only if  $\lambda > \lambda_c$  (on the right of the dash-dotted green curve).

The curves corresponding to  $\eta_a^* = 1$  (solid black curve),  $\lambda_{opt}$  (dashed red curve),  $\lambda_H$  (dotted blue curve) and  $\lambda_c$  (dash-dotted green curve), together with the shaded regions, were reported in all the contour maps in Fig. 10. It can be observed that there is a portion of the  $\lambda - \delta_0$  plane that remains white. This means that, for the  $\lambda - \delta_0$  pairs belonging to it,  $\eta_a^* > 1$ , the hysteresis occurs and furthermore the impact causes an erosion of the isolation frequency range  $\beta > \sqrt{2}$ , compared to the linear case (absence of obstacles). Then there are regions in which only one of the shaded areas exists. Finally, for the other  $\lambda - \delta_0$  pairs, two or all the shaded regions can overlap. In particular, the black diagonal hatch highlights the portion of the  $\lambda - \delta_0$  plane where all the three shaded areas overlap. This is particularly attractive because, for a  $\lambda - \delta_0$  pair inside this region, not only  $\eta_a^* < 1$  but also no hysteresis occurs and furthermore the impact does not reduce the isolation frequency range compared to the linear case.

As concerns the peak value of the excursion of the relative displacement of the mass ( $\eta_d^*$ , Fig. 10b), it is always lower than in the free flight condition ( $\eta_d^* < 1$ ). It decreases as  $\delta_0$  decreases, for a given  $\lambda$  value, and decreases as  $\lambda$  increases, for a given  $\delta_0$  value. In the latter case, the extent of the reduction decreases as  $\lambda$  increases (the contour lines tend to become horizontal).

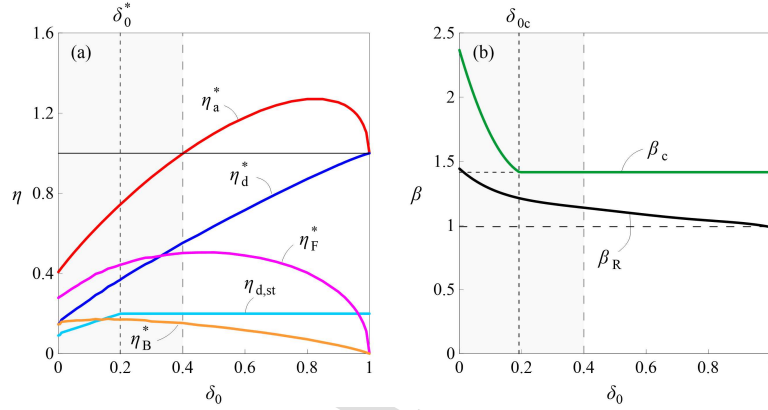
The contour map of the peak value of the excursion of the contact force ( $\eta_F^*$ , Fig. 10c) is quite similar to that of the acceleration.  $\eta_F^*$  increases with  $\lambda$ , for a given  $\delta_0$  value. For a given value of  $\lambda$ , for example  $\lambda = 10$ , as  $\delta_0$  decreases,  $\eta_F^*$  increases, reaches a maximum and then starts to decrease.

573 As concerns the peak value of the excursion of the deformation of the bumpers ( $\eta_B^*$ , Fig. 10d), it decreases with  
 574  $\lambda$ , for a given  $\delta_0$  value, becoming particularly small for large values of the stiffness ratio. For a given value of  $\lambda$ , for  
 575 example  $\lambda = 10$ , as  $\delta_0$  decreases,  $\eta_B^*$  increases, reaches a maximum and then starts to decrease.

576 As concerns the resonant frequency of the acceleration ( $\beta_R$ , Fig. 10e) it varies between 0.99 and about 10, and the  
 577 greater values are reached for quite small dimensionless gaps and large values of the stiffness ratio. It increases with  
 578  $\lambda$ , for a given  $\delta_0$  value, and it increases as  $\delta_0$  decreases, for a given  $\lambda$  value.

579 Finally, regarding the excursion of the static displacement of the mass  $\eta_{d,st}$ , Fig. 10f shows that for  $\delta_0^* \leq \delta_0 \leq 1$  it  
 580 remains equal to 0.199 independently of  $\delta_0$  and  $\lambda$ . On the contrary, for  $0 \leq \delta_0 < \delta_0^*$  the static displacement decreases  
 581 as  $\delta_0$  decreases, for a given  $\lambda$  value, and as  $\lambda$  increases, for a given  $\delta_0$  value. In the latter case, the extent of the  
 582 reduction decreases as  $\lambda$  increases (the contour lines tend to become horizontal).

583 *The case  $\lambda = \lambda_{opt}$ .* Let us now focus the attention on the condition corresponding, for each  $\delta_0$  value, to the minimum  
 584 value of the acceleration of the mass in resonance condition. Let us make a section of the contour maps shown in  
 585 Fig. 10 along the dashed red curve. From Fig. 11a it can be observed that, starting from the free flight condition  
 586 ( $\delta_0 = 1$ ) and decreasing  $\delta_0$ , the peak value of the normalized excursion of the absolute acceleration of the mass  $\eta_a^*$  (red  
 587 curve), starting from a unit value for  $\delta_0 = 1$  increases, reaches a maximum for  $\delta_0 \approx 0.8$  ( $\eta_a^* \approx 1.27$ ) and then starts  
 588 to decrease, becoming again equal to 1 for  $\delta_0 \approx 0.4$  (vertical dashed line) and lower than 1 for  $0 \leq \delta_0 < 0.4$ . The  
 589 minimum value ( $\eta_a^* \approx 0.41$ ) is reached for  $\delta_0 = 0$ .



**Fig. 11.** Trends with the dimensionless gap  $\delta_0$  of: (a) values of the system response  $\eta_i^*$  ( $i = a, d, F, B$ ) at resonance and static displacement of the mass  $\eta_{d,st}$ , (b) frequency ratios ( $\beta_R$  and  $\beta_c$ ), for  $\xi = 0.1$ ,  $\gamma = 5$  and  $\lambda = \lambda_{opt}(\delta_0)$ .

590 The peak value of the normalized excursion of the relative displacement of the mass  $\eta_d^*$  (blue curve), starting from  
 591 a unit value for  $\delta_0 = 1$ , decreases as  $\delta_0$  decreases, reaching the minimum value ( $\eta_d^* \approx 0.15$ ) for  $\delta_0 = 0$ . As concerns  
 592 the excursion of the static displacement (light blue curve), it does not vary, remaining equal to  $2\xi\sqrt{1-\xi^2} \approx 0.199$ , **if**  
 593  $\delta_0^* < \delta_0 \leq 1$ , whereas for  $0 \leq \delta_0 < \delta_0^*$ , it starts to decrease as  $\delta_0$  decreases, reaching the value  $\eta_{d,st} \approx 0.09$  for  $\delta_0 = 0$ .

594 The peak value of the normalized excursion of the contact force  $\eta_F^*$  (magenta curve), starting from zero for  $\delta_0 = 1$   
 595 (absence of impact), increases, reaches a maximum for  $\delta_0 \approx 0.45$  ( $\eta_F^* \approx 0.5$ ) and then starts to decrease, reaching the  
 596 value  $\eta_F^* \approx 0.28$  for  $\delta_0 = 0$ . In the gap range of interest ( $0 \leq \delta_0 \leq 0.4$ , highlighted with a light gray band)  $\eta_F^*$  decreases  
 597 as  $\delta_0$  decreases. The peak value of the normalized excursion of the deformation of the bumpers  $\eta_B^*$  (orange curve),  
 598 starting from zero for  $\delta_0 = 1$  (absence of impact), increases, reaches a maximum for  $\delta_0 \approx 0.15$  ( $\eta_B^* \approx 0.17$ ) and then  
 599 slightly decreases, reaching the value  $\eta_B^* \approx \eta_d^* \approx 0.15$  (the deformation of the bumpers and the displacement of the  
 600 mass are comparable) for  $\delta_0 = 0$ . In the gap range of interest ( $0 \leq \delta_0 \leq 0.4$ , highlighted with a light gray band)  $\eta_B^*$   
 601 tends to a constant value as  $\delta_0$  decreases.

602 From Fig. 11b it can be observed that, always for  $\lambda = \lambda_{opt}$ , the resonant frequency ratio  $\beta_R$  (black curve), starting  
 603 from  $\beta_R \approx 0.99$  (horizontal dashed line) for  $\delta_0 = 1$ , increases as  $\delta_0$  decreases, reaching the value  $\beta_R \approx 1.47$  for  $\delta_0 = 0$ .  
 604 As concerns the  $\beta$  value beyond which the absolute acceleration of the mass is lower than the ground acceleration ( $\beta_c$ ,  
 605 green curve), it is equal to  $\sqrt{2}$  if  $\delta_{0c} \leq \delta_0 \leq 1$  (the isolation frequency interval is the same as in the linear case), then



606 it starts to increase, reaching the value  $\beta_c \approx 2.37$  for  $\delta_0 = 0$ . Consequently, for  $0 \leq \delta_0 < \delta_{0c}$ , as  $\delta_0$  decreases, the  
 607 occurrence of impact causes a greater reduction of the isolation frequency interval, compared to the linear case.

608 Based on these considerations, although the reduction of the gap allows to reduce the peak value of the response  
 609 of the system in resonance condition and, for  $0 \leq \delta_0 < \delta_0^*$ , also the static displacement, very small values of  $\delta_0$  involve  
 610 an increasing modification of the system response in the frequency range of interest for the isolation in the linear case  
 611 ( $\beta > \sqrt{2}$ ). Consequently, it would be preferable not to reach too low values of  $\delta_0$  in order not to alter, or alter to a  
 612 limited extent, the system response for  $\beta > \sqrt{2}$ , accepting higher peak values for acceleration, displacement and static  
 613 displacement of the mass, contact force and deformation of the bumpers.

614 *Other considerations.* By comparing, at the same frequency, the PRCs of  $\eta_a$  and  $\eta_d$  for  $\lambda = \lambda_{opt}$  with those cor-  
 615 responding to the free flight condition, other interesting considerations have emerged. In general, in the condition  
 616 corresponding to the minimum value of the acceleration in resonance condition ( $\lambda = \lambda_{opt}$ ), and for  $\beta_1 \leq \beta \leq \beta_2$ ,  
 617 the displacement is lower compared to the free flight condition, except for a small frequency interval, just before  
 618  $\beta_2$ , where the occurrence of impact causes a slight increase of the displacement. As concerns the acceleration, for  
 619  $0 \leq \delta_0 < 0.4$ , there is a frequency range, within  $\beta_1 \leq \beta \leq \beta_2$  (highlighted in Figs. 5-8 with a vertical gray band), in  
 620 which, the acceleration of the mass, despite the occurrence of impact, is lower compared to the free flight condition.  
 621 As  $\delta_0$  decreases, the amplitude of this frequency range increases. Consequently, if the comparison with the free flight  
 622 condition is made at the same frequency, and not referring to the resonance condition, contrary to what one would  
 623 expect, the introduction of the obstacle does not always reduce the displacement and does not always increase the  
 624 acceleration.

## 625 5. Mechanical justification of the condition corresponding to the minimum peak acceleration

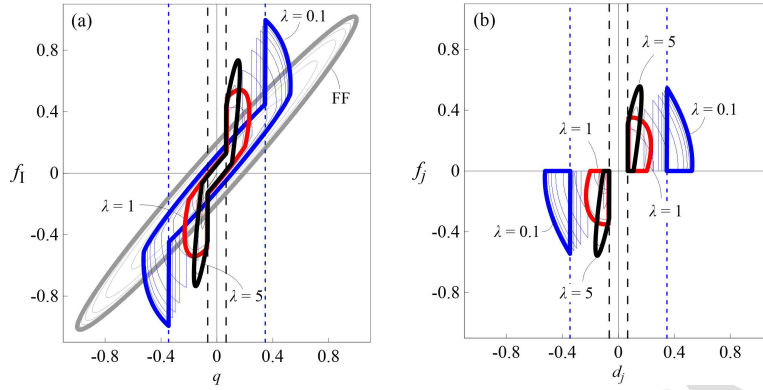
626 From the results of the parametric analysis, it was observed that, for each investigated  $\delta_0$  value, and for  $\xi = 0.1$   
 627 and  $\gamma = 5$ , as  $\lambda$  increases, while the envelopes of the maximum values of the displacement of the mass  $\eta_d^*$  and of the  
 628 deformation of the bumpers  $\eta_B^*$  decrease, the envelopes of the peak values of the absolute acceleration of the mass  
 629  $\eta_a^*$  and of the contact force  $\eta_F^*$  show a minimum. At this condition ( $\lambda = \lambda_{opt}$ ), in addition to the occurrence of the  
 630 minimum of  $\eta_a^*$  and  $\eta_F^*$ , also a reduction of the peak value of both the relative displacement of the mass and of the  
 631 deformation of the bumpers was observed. Furthermore, to this is also added the reduction of the static displacement  
 632 for  $0 \leq \delta_0 < \delta_0^*$ .

633 With reference to the range of  $\delta_0$  values of greatest interest in this study, that is  $0 \leq \delta_0 \leq 0.4$ , at which it is possible  
 634 to obtain a reduction not only of the displacement, but also of the acceleration of the mass, compared to the free flight  
 635 condition ( $\eta_a^* < 1$ ), it was found that the minimum peak value of acceleration occurs for  $\lambda_{opt} \approx 1$ , regardless of  $\delta_0$ .  
 636 Based on this observation, the aim of this section is to try to give a mechanical justification to why, for  $\xi = 0.1$  and  
 637  $\gamma = 5$ , a unit value of the stiffness ratio  $\lambda$  is preferable to the others.

638 In the following figures, referring, for illustrative purposes, to the value of the dimensionless gap corresponding  
 639 to  $\beta_2 = 2$  ( $\delta_0 \approx 0.066$ ), a comparison between different values of stiffness ratio  $\lambda$  is carried out. In addition to the free  
 640 flight condition (FF), three values of  $\lambda$  were considered, namely the one that corresponds, for the selected  $\delta_0$  value,  
 641 to the minimum of  $\eta_a^*$  ( $\lambda = \lambda_{opt} = 1$ ), and two other values of  $\lambda$ , one lower and the other greater than 1, respectively  
 642  $\lambda = 0.1 < \lambda_{opt}$  and  $\lambda = 5 > \lambda_{opt}$ .

643 In Fig. 12 the comparison between the different  $\lambda$  values is made in terms of force-displacement cycles in res-  
 644 onance condition. Figure 12a refers to the mass (inertia force  $f_1$  vs. relative displacement  $q$  of the mass), whereas  
 645 Fig. 12b refers to the bumpers (contact force  $f_j$  vs. position  $d_j$  of the bumper,  $j = R, L$ ). The position of the extremity  
 646 of the bumper, measured from the side of the mass at time  $\tau = 0$ , is related to its deformation  $q_j$  through the expression  
 647  $d_j(\tau) = q_j(\tau) + \delta_{0j}$  ( $j = R, L$ ). Starting from zero initial condition, the thin lines represent the transient response, while  
 648 the cycles at steady state are highlighted with thicker lines. The gray curve refers to the free flight condition (FF), the  
 649 blue curve to  $\lambda = 0.1$ , the red curve to  $\lambda = \lambda_{opt} = 1$  and the black curve to  $\lambda = 5$ . The two black dashed vertical lines  
 650 represent the initial position of the bumpers (initial gap  $\delta_0$ ).

651 In Fig. 13 the comparison is made in terms of time histories (first 10 cycles), starting from zero initial conditions.  
 652 The first column (Figs. 13a, d, g) refers to  $\lambda = 0.1$ , the second (Figs. 13b, e, h) to  $\lambda = 1$  and the third (Figs. 13c,  
 653 f, i) to  $\lambda = 5$ . In Figs. 13a-c the gray line and the black line represent the position  $d(\tau)$  of the mass (which is  
 654 nothing more than its displacement relative to the ground  $d(\tau) = q(\tau)$ ) in free flight condition (FF, gray line) and after



**Fig. 12.** Force-displacement cycles ( $\xi = 0.1$ ,  $\gamma = 5$ ,  $\delta_0 \approx 0.066$ ) in resonance condition ( $\beta = \beta_R(\lambda)$ ), without obstacles (free flight FF,  $\beta_R \approx 0.99$ , gray line), and for three values of the stiffness ratio, namely  $\lambda = 0.1$  ( $\beta_R \approx 1.1$ , blue line),  $\lambda = 1$  ( $\beta_R \approx 1.32$ , red line) and  $\lambda = 5$  ( $\beta_R \approx 1.85$ , black line): (a) mass; (b) bumpers. Starting from zero initial conditions, the thin lines represent the transient response, while the thick lines highlight the cycle at steady state.

655 the introduction of the obstacles (black line). The red and blue lines represent the position of the extremity of the  
 656 right ( $B_R$ ) and left ( $B_L$ ) bumper respectively. In Figs. 13d-f the gray line and the black line represent the absolute  
 657 acceleration  $\alpha(\tau)$  of the mass in free flight condition (FF, gray line) and after the introduction of the obstacles (black  
 658 line). Finally, Figs. 13g-i show the time histories of the contact forces  $f_j(\tau)$  ( $j = R, L$ ) between the mass and the right  
 659 ( $B_R$ , red line) and left ( $B_L$ , blue line) bumper, respectively.

660 From Fig. 12a it can be observed that, compared to the free flight condition (FF, gray curve), the introduction of  
 661 gradually stiffer obstacles (increasing  $\lambda$ ), keeping fixed the gap  $\delta_0$ , results in a gradually increasing reduction of the  
 662 maximum displacement of the mass, while the peak value of the inertia force (and thus of the absolute acceleration of  
 663 the mass) shows a minimum for  $\lambda = 1$  (red curve) and then it starts to increase. As concerns the bumpers (Fig. 12b),  
 664 the increase in  $\lambda$  causes a reduction of the deformation of the bumpers, while the peak value of the contact force shows  
 665 a minimum for  $\lambda = 1$  and then it starts to increase. Furthermore, it can be noted that, compared to  $\lambda = 1$  (red cycle)  
 666 and  $\lambda = 5$  (black cycle), for  $\lambda = 0.1$  (blue cycle), as time goes by, the distance between the mass and the bumpers  
 667 (gap) gradually increases, reaching, at steady state, a value greater than the initial one ( $\delta_{0,fin} \approx 0.34 > \delta_0$ , represented  
 668 with blue dotted vertical lines in Figs. 12a,b).

669 As it can be seen from Fig. 13a, for  $\lambda = 0.1$ , the mass impacts the bumper before the complete recovery of its  
 670 deformation, causing the impact to occur, for each forcing cycle, for a value of the gap gradually greater than the  
 671 initial one (horizontal dashed lines), reaching the final value of about 0.34 at the steady state. This behavior is due  
 672 to the relatively large value of the relaxation time of the bumpers, that is the time the bumper needs to completely  
 673 recover its deformation, which depends on its dissipative capabilities. It is defined as:

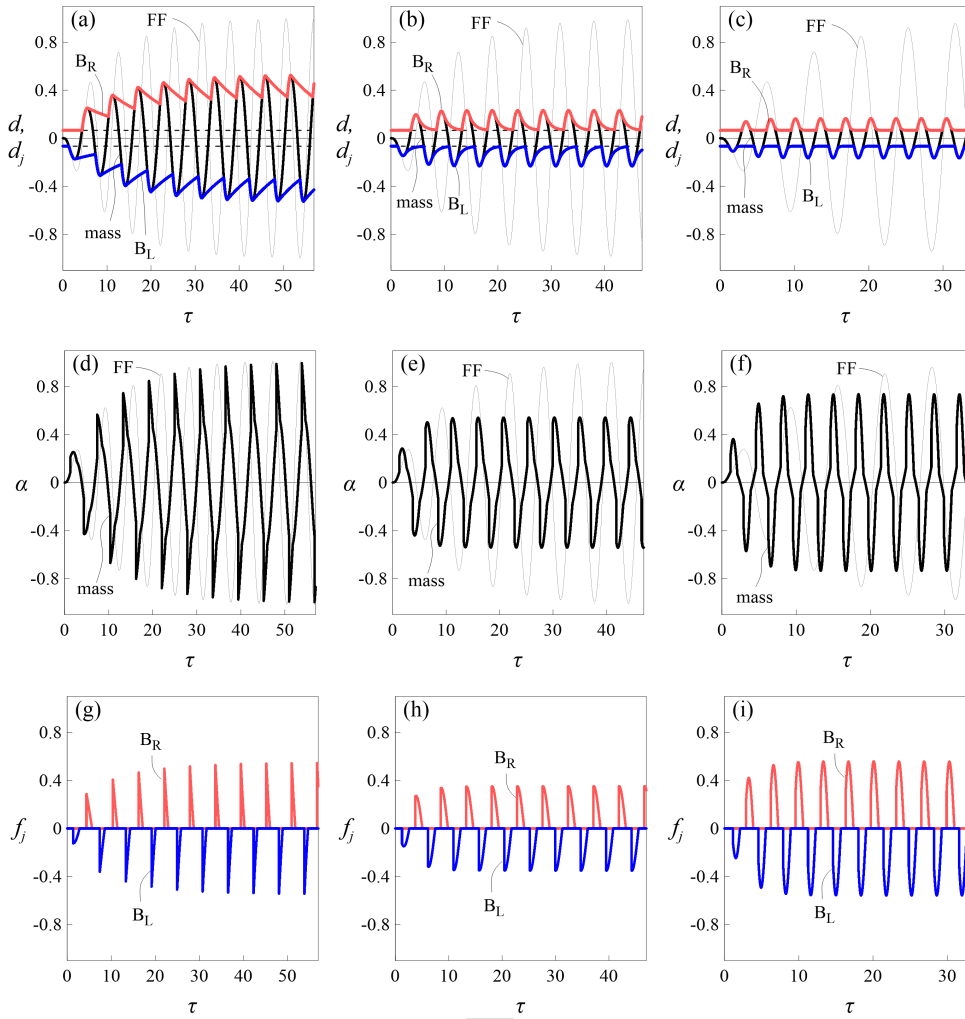
$$674 \quad \tau_{rj} = \omega \frac{C_j}{K_j} = 2\xi \frac{\gamma_j}{\lambda_j} \quad (j = R, L) \quad (5)$$

675 For a fully elastic material ( $\gamma_j = 0$ )  $\tau_{rj} = 0$  ( $j = R, L$ ), and so the recovery is instantaneous, whereas a fully viscous  
 676 material ( $\lambda_j = 0$ )  $\tau_{rj} \rightarrow \infty$  ( $j = R, L$ ) remains deformed after the detachment, without recovering its deformation. In  
 677 presence of both elastic and viscous components, the relaxation time is finite and depends on the dissipative capability  
 678 of the material. For  $\xi = 0.1$ ,  $\gamma = 5$  and  $\lambda = 0.1$  it is  $\tau_{rj} = 10$  ( $j = R, L$ ). The bumper does not have enough time  
 679 to completely recover its deformation, and thus to dissipate all the stored energy during the contact, before the mass  
 680 impacts it again. Consequently, when impact occurs it has a residual deformation, which causes the actual gap to be  
 681 greater than the initial one ( $\delta_0$ ).

682 For  $\lambda = 5$  (Fig. 13c), on the contrary, the bumper quickly recovers the deformation after the detachment from the  
 683 mass ( $\tau_{rj} = 0.2$ ,  $j = R, L$ ) and it remains, for a certain time, in the undeformed configuration until the mass impacts it  
 684 again.

685 For  $\lambda = 1$  (Fig. 13b), instead, the mass impacts the bumper practically at the time instant when it has finished  
 686 recovering all its deformation. Consequently, the bumper has enough time to recover, and, at the same time, it does





**Fig. 13.** Time histories of the first ten cycles of the response starting from zero initial conditions, for  $\xi = 0.1$ ,  $\gamma = 5$ ,  $\delta_0 \approx 0.066$ . Position of the mass (black line) and the bumpers (red line for the right bumper  $B_R$  and blue line for the left bumper  $B_L$ ): (a)  $\lambda = 0.1$ ,  $\beta_R \approx 1.1$ ; (b)  $\lambda = 1$ ,  $\beta_R \approx 1.32$ ; (c)  $\lambda = 5$ ,  $\beta_R \approx 1.85$ . Absolute acceleration of the mass (black line): (d)  $\lambda = 0.1$ ,  $\beta_R \approx 1.1$ ; (e)  $\lambda = 1$ ,  $\beta_R \approx 1.32$ ; (f)  $\lambda = 5$ ,  $\beta_R \approx 1.85$ . Contact force between the mass and the bumpers (red line for the right bumper  $B_R$  and blue line for the left bumper  $B_L$ ): (g)  $\lambda = 0.1$ ,  $\beta_R \approx 1.1$ ; (h)  $\lambda = 1$ ,  $\beta_R \approx 1.32$ ; (i)  $\lambda = 5$ ,  $\beta_R \approx 1.85$ . In (a)-(f) the gray line represents the response (position and absolute acceleration) of the mass in free flight (FF) condition (without obstacles).

not remain inactive. For  $\xi = 0.1$  and  $\gamma = 5$ , this value of  $\lambda$  corresponds to an approximately unit value of the dimensionless relaxation time ( $\tau_{rj} = 1$ ,  $j = R, L$ ).

From the time histories of the absolute acceleration of the mass (Figs. 13d-f) it is possible to observe the spikes due to the occurrence of impact. Furthermore, as concerns the amplitude of the acceleration after the introduction of the obstacle (black curve), it can be noted that for  $\lambda = 0.1$  (Fig. 13d) it is comparable with that corresponding to the free flight condition, while for the other two values of stiffness ratio, it is lower. In particular, for  $\lambda = 1$ , the reduction is greater, as already observed by looking at the force-displacement cycles (Fig. 12a). At the value of the stiffness ratio corresponding to the minimum of the peak value of the acceleration, also a minimum of the peak value of the contact force corresponds, as shown in Fig. 13h.

Based on these considerations, it would seem that, for a given  $\delta_0$  value, for  $0 \leq \delta_0 \leq 0.4$ , and for  $\xi = 0.1$  and  $\gamma = 5$ , when the stiffness ratio is such that the dimensionless relaxation time is close to unity ( $\tau_{rj} \approx 1$ ,  $j = R, L$ ), the maximum value of the acceleration of the mass  $\eta_a^*$  reaches a minimum. This is probably due to the fact that the bumpers are fully

exploited, meaning with this that they have enough time to recover their deformation by dissipating energy and, on the other hand, they do not remain inactive because impact practically occurs immediately after recovery. Consequently, for  $\xi = 0.1$ ,  $\gamma = 5$  and  $0 \leq \delta_0 \leq 0.4$ , the condition  $\tau_{rj} \approx 1$  ( $j = R, L$ ) can be reasonably assumed as representative of the condition which corresponds to the minimum value of the acceleration of the mass in resonance condition. This allows to reduce the number of parameters which characterize the obstacles (position  $\delta_0$ , and mechanical properties  $\gamma$  and  $\lambda$ ), since two of them ( $\gamma$  and  $\lambda$ ) are related to each other through the relationship:

$$\frac{\gamma_j}{\lambda_j} \approx \frac{1}{2\xi} \quad (j = R, L) \quad (6)$$

## 6. Conclusions

In this paper, the effect of the presence of deformable and dissipative obstacles (bumpers), existing or newly added, on the nonlinear dynamic response of a base excited SDOF system was investigated through numerical parametric analyses. The study of the nonlinear dynamic behavior of the system is necessary to get some indications on how to guide the system response to reach specific objectives, albeit conflicting ones. In fact, this study was inspired by the practical problem of large horizontal displacements in base-isolated structures, the limitation of which can cause unwanted and dangerous increases in the acceleration peak.

The selected response quantities are absolute acceleration and relative displacement of the mass, contact force and deformation of the bumpers, resonant frequency of the system, static displacement of the mass.

Some general conclusions can be preliminary established:

- The parametric study allowed to highlight possible scenarios, characterized by the occurrence of primary hysteresis, secondary resonances of different types in the low frequency range, periodic, quasi-periodic and chaotic responses, multiple impacts, to mention a few, that may be encountered due to the occurrence of impact, varying the obstacle's parameters (position and mechanical properties).
- As part of the control, while some of these scenarios (for example jumps and hysteresis, secondary resonances at low frequencies, coexistence of multiple solutions) do not go in the desired direction, others are desirable (displacements and acceleration with obstacles smaller than those ones in free flight).
- By properly selecting the bumpers' parameters it is possible to guide the system's response to reach specific objectives, avoiding some undesirable scenarios and encouraging others, and thus exploiting the occurrence of impact with beneficial effects.

By fixing the value of the damping factor  $\xi$  of the isolation damper and the dissipative capabilities  $\gamma$  of the bumpers (in this work exemplary values  $\xi = 10\%$  and  $\gamma = 5$  were assumed), the results showed that the occurrence of the impact against the bumpers can significantly modify the system response, depending on the values of the dimensionless gap and of the stiffness ratio, both for  $\beta < \sqrt{2}$  (isolation not effective in the linear behavior) and  $\beta > \sqrt{2}$  (isolation effective in the linear behavior). The value  $\sqrt{2}$  is decisive in the case of linear behavior, because it is the separation value between the frequency interval in which the isolation is not effective ( $\beta < \sqrt{2}$ ) and the frequency interval in which the isolation is effective ( $\beta > \sqrt{2}$ ).

While the peak value of the displacement of the mass is always reduced compared to the free flight condition, the peak value of the acceleration in general is increased, except for small values of both the stiffness ratio ( $0.2 \leq \lambda \leq 8$ , around the optimal value  $\lambda_{opt} = 1$ , see the solid black curve in Fig. 10) and the dimensionless gap ( $0 \leq \delta_0 \leq 0.4$ , see Fig. 10), for which the peak acceleration can be lower compared to the free flight condition.

It is worth noting that, when the comparison with the free flight condition is made at the same frequency, and not comparing the values at the primary resonance, there could be a small frequency interval where the occurrence of impact can cause a slight increase of the displacement, contrary to what is expected. With reference to the exemplary case  $\xi = 0.1$  and  $\gamma = 5$ , and with reference to Figs. 5b-8b, this phenomenon begins at  $\delta_0 = 0.4$  with  $1.2 \leq \beta \leq 1.25$  (Fig. 5b), when the red optimality curve (denoted with the symbol  $\lambda_{opt}$ ) begins to fall below the black curve of free flight (FF), in the interval in which the control achieved through the impact is beneficial, and arrives at  $\delta_0 = 0$  with  $1.3 \leq \beta \leq 4$  (Fig. 8b); as  $\delta_0$  decreases, the far right grows little compared to unit value, while the far left goes

to zero. The abovementioned phenomenon of the so called “*bouncing*” extends both to the right and to the left on the  $\beta$  abscissa axis; in the absence of control this phenomenon acquires relevance, while control attenuates its intensity. Equally, there could be a small frequency interval where the occurrence of impact can cause a decrease of the acceleration, compared to the absence of obstacles. With reference to Figs. 5a-8a, such an interval starts from  $0.9 \leq \beta \leq 1.1$  at  $\delta_0 = 0.4$  (Fig. 5a) and reaches  $0 \leq \beta \leq 1.2$  at  $\delta_0 = 0$  (Fig. 8a).

It was observed that, for each value of the dimensionless gap, inside the range of interest, it is possible to identify a condition preferable to the others at which the envelope of the values of the acceleration in resonance condition shows a minimum. This occurs, regardless of the dimensionless gap, when the stiffness ratio and the damping ratio, which define the mechanical properties of the bumpers, are such that the relaxation time  $\tau_r$  is about 1. In this condition the bumpers, on the one hand, have enough time to recover their deformation, after the detachment from the mass, by dissipating energy and, on the other, they do not remain inactive because impact practically occurs immediately after recovery. Consequently, two important conclusions can be drawn, at least limited to the situations explored with the parametric survey carried out here:

- For  $\xi = 0.1$ ,  $\gamma = 5$  and, the condition  $\tau_r \approx 1$  can be reasonably assumed as representative of the condition which corresponds to the minimum value of the acceleration of the mass in resonance condition. In addition, the dimensionless acceleration becomes less than unity in the range  $0 \leq \delta_0 \leq 0.4$ .
- This allows to reduce the number of parameters which characterize the obstacles (position  $\delta_0$ , and mechanical properties  $\gamma$  and  $\lambda$ ), since two of them, namely  $\gamma$  and  $\lambda$ , are related to each other through the relationship:  $\gamma/\lambda \approx 1/(2\xi)$ .

In the condition corresponding to the minimum value of the acceleration in resonance neither jumps nor hysteresis occur, and in addition to the minimum value of the acceleration in resonance condition, also a significant reduction of the displacement was observed. In Fig. 11 left, the dimensionless displacement decreases almost linearly from a value of 1 for  $\delta_0 = 1$  to a value of 0.18 for  $\delta_0 = 0$ . To this is also added the reduction of the dimensionless static displacement for small gaps; it maintains the constant value 0.2 ( $\approx \delta_0^*$ ) in the range  $\delta_0^* \leq \delta_0 \leq 1$  and decreases linearly to the value 0.1 in the range  $0 \leq \delta_0 \leq \delta_0^*$ . The results of Fig. 11 left also showed the trends of the system’s response in resonance condition as the dimensionless gap decreases. The dimensionless acceleration first starts from the unitary value at  $\delta_0 = 1$ , rises to the value 1.3 for  $\delta_0 = 0.8$  touching the maximum, drops to 1 for  $\delta_0 = 0.4$  and reaches the minimum value 0.4 for  $\delta_0 = 0$ . The dimensionless displacement starts from the unitary value for  $\delta_0 = 1$  and decreases almost linearly up to the value 0.2 for  $\delta_0 = 0$ . The dimensionless contact force starts from the zero value for  $\delta_0 = 1$ , attains the maximum value 0.5 for  $\delta_0 = 0.4$ , and then falls to the value 0.3 for  $\delta_0 = 0$ . The dimensionless static displacement starts from 0.2 for  $\delta_0 = 1$ , remains constant up to  $\delta_0 = 0.2$  ( $\approx \delta_0^*$ ), and then goes down almost linearly up to the value 0.1 for  $\delta_0 = 0$ . Furthermore, the results of Fig. 11 right showed that the resonant frequency ratio starts from the unit value for  $\delta_0 = 1$ , grows almost linearly up to the value 1.25 for  $\delta_0 = \delta_{0c} = 0.2$ , and then rises to the value 1.5 for  $\delta_0 = 0$  with a slightly greater slope.

However, very small values of  $\delta_0$  involve an increasing modification of the system response in the frequency range of interest for the isolation in the linear case ( $\beta > \sqrt{2}$ ). In fact, up to  $\delta_0 \geq 0.2 = \delta_{0c}$  there is no erosion, being  $\delta_{0c}$  the separation value between the effective and non-effective range of the isolation in the linear field. Below the value  $\delta_0 = 0.2$ , the isolation zone begins to be eroded, up to  $\beta_c = 2.5$  for  $\delta_0 = 0$ ; therefore, the zone of effectiveness is eroded because it exists only for  $\beta$  values greater than  $\beta_c = 2.5$ . For the above reason, that is in order not to alter, or alter to a limited extent, the system response in the effective range of isolation, it would be preferable not to reach too low values of  $\delta_0$ , accepting slightly higher peak values of the response in terms of acceleration and displacement. A reasonable suggestion could be to stay below  $\delta_0 = 0.4$  to have dimensionless acceleration and displacement less than 1 and for example choose  $\delta_0 = 0.2$ , thus obtaining  $\eta_a^* = 0.8$  and  $\eta_d^* = 0.4$ .

Regarding to the future developments of this work, there is the intention to exploit the obtained results to give guidance on the optimal design of the bumpers.

## Declaration of Competing Interest

The authors declare that they have no conflict of interest.

791 **Acknowledgements**

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794 **Appendix A. Analytical expressions of transmissibility and displacement response factor according to the new  
795 definition**

796 The following Table A.1 provides the analytical expressions of the transmissibility (left column) and of the dis-  
797 placement response factor (right column), referring to both the classical (upper part) and the new (lower part) defini-  
798 tions. In addition, also the analytical expressions and/or the values they assume for  $\beta = 0$  and in resonance condition,  
799 are shown, together with the expressions of the resonant frequency. The given expressions for  $\beta_{Rd}$ ,  $R_{d,max}$ , and  $R$   
800 are valid for  $0 < \xi < \sqrt{2}/2$ . For  $\sqrt{2}/2 \leq \xi < 1$ , no peaks occur for  $R_d$  and the maximum response occurs for  $\beta = 0$  and,  
801 consequently,  $R_{d,max} = 1$ . It follows that, for  $\sqrt{2}/2 \leq \xi < 1$ ,  $R(\xi, \beta) = 1/\sqrt{(1-\beta^2)^2 + (2\xi\beta)^2}$  and  $R(\xi, 0) = 1$ .

**Table A.1.** Analytical expressions related to the transmissibility and the displacement response factor for a viscously damped SDOF system excited by a harmonic force considering both the classical and the new definitions

	<b>Transmissibility</b>	<b>Displacement response factor</b>
<b>Classical definition</b>	$TR_a(\xi, \beta) = \sqrt{\frac{1 + (2\xi\beta)^2}{(1 - \beta^2)^2 + (2\xi\beta)^2}} = \sqrt{1 + (2\xi\beta)^2} R_d(\xi, \beta)$	$R_d(\xi, \beta) = \frac{1}{\sqrt{(1 - \beta^2)^2 + (2\xi\beta)^2}}$
	$TR_a(\xi, 0) = 1 \quad \forall \xi$	$R_d(\xi, 0) = 1 \quad \forall \xi$
	$TR_{a,max}(\xi) = \frac{2\sqrt{2}\xi^2}{\sqrt{-1 - 4\xi^2 + 8\xi^4 + \sqrt{1 + 8\xi^2}}}$	$R_{d,max}(\xi) = \frac{1}{2\xi\sqrt{1 - \xi^2}}$
	$\beta_{Ra}(\xi) = \frac{1}{2\xi} \sqrt{-1 + \sqrt{1 + 8\xi^2}}$	$\beta_{Rd}(\xi) = \sqrt{1 - 2\xi^2}$
<b>New definition</b>	$TR(\xi, \beta) = \frac{1}{2\sqrt{2}\xi^2} \sqrt{\frac{[1 + (2\xi\beta)^2](-1 - 4\xi^2 + 8\xi^4 + \sqrt{1 + 8\xi^2})}{(1 - \beta^2)^2 + (2\xi\beta)^2}}$	$R(\xi, \beta) = \frac{2\xi\sqrt{1 - \xi^2}}{\sqrt{(1 - \beta^2)^2 + (2\xi\beta)^2}}$
	$TR(\xi, 0) = \frac{\sqrt{-1 - 4\xi^2 + 8\xi^4 + \sqrt{1 + 8\xi^2}}}{2\sqrt{2}\xi^2} = \frac{1}{TR_{a,max}(\xi)}$	$R(\xi, 0) = 2\xi\sqrt{1 - \xi^2} = \frac{1}{R_{d,max}(\xi)}$
	$TR_{max} = 1 \quad \forall \xi$	$R_{max} = 1 \quad \forall \xi$

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## Highlights

- The occurrence of impact can significantly modify the response of SDOF systems.
- The study of the scenarios is functional to identify suitable control strategies.
- It is possible to exploit the occurrence of impact with beneficial effects.
- A unit value of the relaxation time allows to minimize the peak mass acceleration.
- Very small gaps involve an increasing reduction of the linear isolation frequency range.

**CRedit Author Statement**

**Giulia Stefani:** Software, Formal analysis, Investigation, Data Curation, Writing - Original Draft, Visualization. **Maurizio De Angelis:** Conceptualization, Validation, Writing - Review & Editing, Supervision, Funding acquisition. **Ugo Andreaus:** Validation, Writing - Review & Editing, Supervision, Funding acquisition.

Journal Pre-proof

**Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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