#### **DDS-SIRC COOPERATIVE CONFERENCES**





# Gas in the Portal Vein: An Emergency or Just Hot Air?

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#### **Abstract**

We report the case of a 87-year-old woman admitted to our Emergency Department for mild abdominal pain associated with vomiting. An abdominal X-ray showed gas present in the portal venules of the left hepatic lobe, a finding associated with numerous surgical and medical conditions. The patient was successfully managed with conservative treatment. Isolated intrahepatic gas is a rare radiologic finding; emergency surgery should be performed only when there are signs of associated acute intestinal infarction.

**Keywords** Hepatic portal venous gas (HPVG)  $\cdot$  Intrahepatic pneumatosis  $\cdot$  Emergency surgery  $\cdot$  Intestinal ischemia  $\cdot$  Superior mesenteric artery embolism

#### **Abbreviations**

WBC White blood cell Hgb Haemoglobin CRP C-reactive protein

HPVG Hepatic portal venous gas AMI Acute mesenteric ischemia ED Emergency Department

# **Case Report and Evolution**

A 87-year-old woman was admitted to the ED in "Ospedale Civile Umberto I" in Lugo (Ravenna) for a single vomiting episode associated with mild abdominal pain, without fever or diarrhea. Despite her age, the patient was autonomous in her daily activities; her primary medical comorbidity was chronic atrial fibrillation treated with oral anticoagulants. On initial presentation, the patient appeared in minimal distress; abdominal examination was unremarkable. Laboratory tests showed normal WBC count and Hgb with mildly increased CRP (34 mg/dL; N.V.  $\leq$  10 mg/dL). An abdominal X-ray showed gas present in the portal venules of the left hepatic lobe (Fig. 1), confirmed by CT scan (Fig. 2) with

the additional findings of thickening of the terminal ileum and cecum with free abdominal fluid (Fig. 3), without intestinal pneumatosis, clear signs of intestinal ischemia or gas in the biliary system. Since an inflammatory enteritis was suspected, the patient was hospitalized in a medical unit and treated with antibiotics. After a few uneventful days, her symtpoms recurred, though laboratory tests remained unremarkable. A second CT scan did not demonstrate gas in the left hepatic lobe (Fig. 4). A diagnosis of transient intestinal ischemia due to embolism of the superior mesenteric artery was suspected; the thickening of the intestinal loops together with the abdominal fluid was still persistent but without gas in the portal venules of the left hepatic lobe. Although we wished to perform an MR angiogram to document the suspected embolus, this investigation was not available in our hospital and referral to another hopsital was not possible due to the COVID pandemic. The patient was moved to our surgical unit where conservative management was elected, without emergency surgery, due to the patient's stable condition. After two weeks, a third CT scan showed marked improvement with almost no free abdominal fluid and improved contrast enhancement of the intestinal mucosa, previously impaired due to suspected transient ischemia (Fig. 5). A small bowel follow-through was performed in order to evaluate transit along the intestinal loops, involved by the ischemic episode, which was normal. The patient was discharged from the hospital without any invasive treatment and in good clinical condition.

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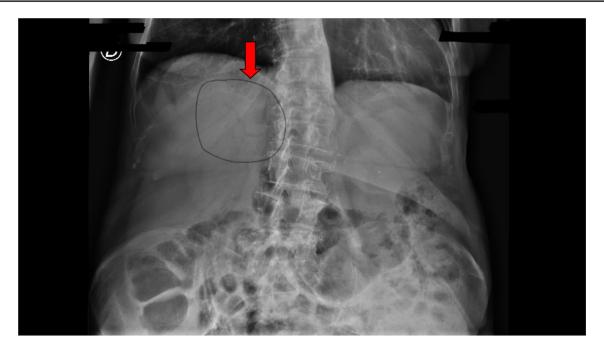


Fig. 1 Abdominal X-ray at admission showing gas in the left hepatic lobe (red arrow) (colour figure online)

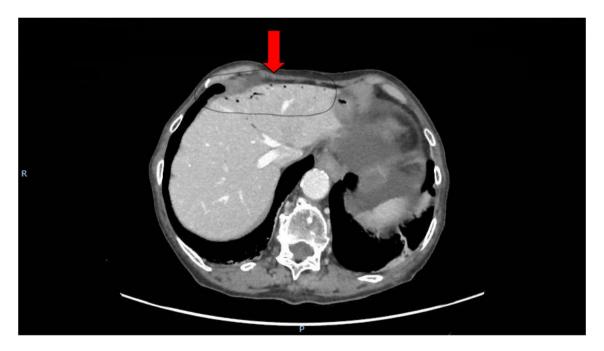


Fig. 2 Abdominal CT scan at admission confirming gas in the portal venules of the left hepatic lobe (red arrow) (colour figure online)

# **Discussion**

Hepatic portal venous gas (HPVG), a rare radiological finding where gas enters the portal venous system, was first described by Wolfe and Evans in 1955 in infants with fatal necrotizing enterocolitis [1]. Since then, HPVG has

been reported to occur in a variety of abdominal diseases, such as in benign, malignant, traumatic, iatrogenic, and in other etiologies such as an emphysematous liver abscess [2], gastric emphysema [3–5], or gastritis [6–9]. Other conditions are associated with iatrogenic factors during colonic and gastric endoscopic procedures [10–12] even in children [13], or when a cardiac defibrillator is implanted



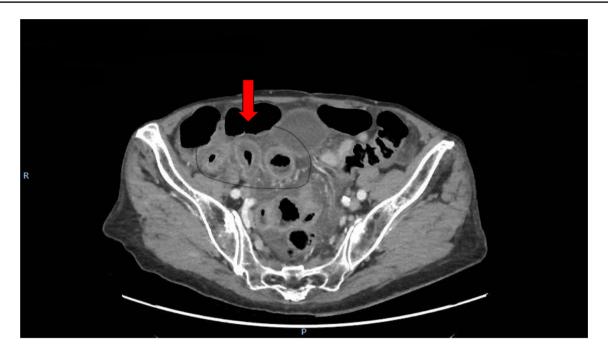


Fig. 3 Abdominal CT scan at admission showing thickening of the terminal ileum and cecum with free abdominal fluid(red arrow) (colour figure online)



Fig. 4 Follow-up abdominal CT scan showing no residual gas in the portal venules (red arrow) (colour figure online)

[14]. Infrequently, HPVG can be due to noninvasive positive pressure ventilation (NIPPV) [15]; it can appear after an allogeneic hematopoietic stem cell transplantation [16, 17], or can be a consequence of another rare clinical condition such as pneumatosis cystoides intestinalis [18–21].

More frequently encountered clinical conditions associated with HVPG include biliary-enteric fistula with gallstone

ileus [22], previous cholecystectomy, previous endoscopic retrograde cholangio-pancreato-graphy (ERCP), Bouveret's syndrome [23–25], and translocation of gas-forming enteric microorganisms into the portal vein due to postoperative paralytic ileus or infections [26, 27]. Another potentially lethal cause is bowel ischemia accompanied by intestinal infarction with extensive necrosis of the intestinal loops



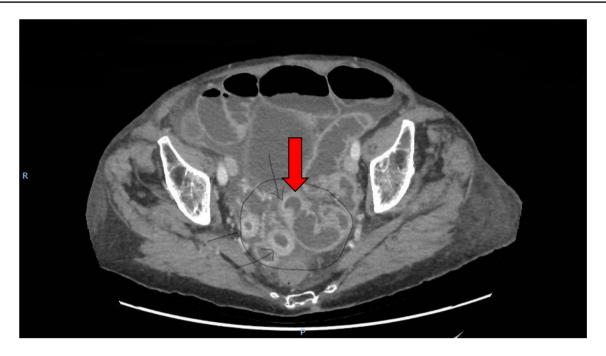


Fig. 5 Follow-up abdominal CT scan showing improved contrast enhancement of the intestinal mucosa

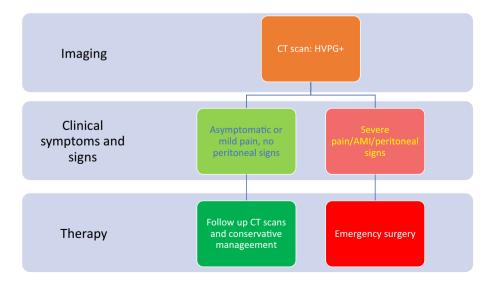
[28, 29]. In this case, HPVG is strictly related to "pneumatosis intestinalis" usually as a consequence of mesenteric infarction[30], though several cases have been described as a consequence of acute appendicitis, colon cancer, and prior trauma [31–34].

HPVG is primarily diagnosed by conventional radiography, ultrasonography, and abdominal CT scan, with the latter representing the gold standard. CT scan not only has the highest sensitivity but can also detect associated underlying diseases [35, 36], in contrast to abdominal ultrasound which is limited by operator experience and luminal gas. The more widespread use of CT scan is associated with a proliferation

of case reports of HVPG, often as incidental finding associated with benign etiologies, a likely explanation for its decreasing reported mortality rate [37]. In the international literature [38], published evidence-based algorithms provide guidance regarding the management of patients with HPVG (Fig. 6). As initial diagnostic testing usually performed in ED, abdominal X-ray can effectively diagnose HVPG though CT scanning is essential in order to confirm the diagnosis and identify associated factors [39, 40].

Acute mesenteric ischemia (AMI) is a life-threatening emergency with associated high mortality rates. Since rapid diagnosis of AMI is the most important predictor of

Fig. 6 Simplified algorithm to guide the clinician in the management of patients with HPVG (AMI: acute mesenteric ischemia)





outcome, prompt diagnosis and intervention are essential in order to reduce mortality in patients with AMI [41, 42]. The finding of HPVG alone is not an indication for emergency surgery since surgical intervention is recommended only when intestinal infarction due to superior mesenteric arterial thrombosis is present. Specifically, clinical symptoms typical of acute mesenteric ischemia such as the sudden onset of severe abdominal pain associated with radiologic signs of bowel infarction are robust indications for emergency surgery.

CT findings such as pneumoperitoneum, pneumatosis, HVPG, and bowel wall thickening can provide valuable information, essential for guiding management [43]. In the authors' experience, although CT findings could be related to a transient intestinal ischemia, conservative treatment was preferred due to the absence of peritoneal signs or clinical symptoms. Subsequent CT scanning confirmed transient intestinal ischemia due to a likely embolic cause, since HVPG was absent from the left hepatic lobe. Conservative therapy with close clinical observation was successful in this case and is recommended when evidence of acute intestinal infarction and clinical decompensation are lacking.

# **Key Message**

- The most common cause of HVPG is intestinal ischemia or necrosis.
- Abdominal CT scan is an effective method to diagnose and follow-up HPVG.
- In case of HVPG, surgery should be performed early when there are clinical signs of intestinal ischemia, necrosis, or perforation, otherwise exploratory laparotomy should be avoided in favor of conservative management including close observation and serial CT scans.

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### **Declarations**

Conflict of interest All authors declare that they have no conflict of interest.

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